

LESSON 5: JESUS HEALS JAIRUS' DAUGHTER

Leader Guide for Grades 5 & 6

Classroom: Deeply Rooted

 Luke 8:49-56

04/05/2020

Teachers Dig In

Dig In to the Bible

- Read: Luke 8:40-42, 49-56
- In This Passage: A man named Jairus asks Jesus to heal his daughter. Jesus promises to go with him but gets distracted on the way by a woman who needs healing. During the delay, Jairus' daughter dies. But Jesus promises that she'll be okay and sticks to his word as he brings the girl back to life.
- Bible Point: Jesus is dependable...
- Application: ...so we're dependable.
- Summary Verse: "For the word of the Lord holds true, and we can trust everything he does" (Psalm 33:4).

Dig Deeper

- You'll Be Teaching: *Jesus is dependable*. Kids can be easily distracted from keeping their word. Use this lesson to show kids that even when there are disruptions, they can be dependable and follow through when they promise to do something.
- Think About: What do people depend on you for? How are you showing them the heart of Jesus?

Dig In to Prayer

- Pray that kids would learn to depend on Jesus more and that as they do, he'd shape their hearts to reflect his.

Quick Tip

- Show dependability despite distractions. If a child wants to share a story unrelated to the question and you say you'll listen later, make sure you remember to check in later. If you promise to pray for a child, do so, and follow up the next time you see that child. Keep your word to kids, even when other things come up that could get in the way.

This Lesson at a Glance



OPENING

Kids share about a topic related to the lesson.

Supplies

- Bible



CORE BIBLE DISCOVERY

Kids practice being dependable and experience Jairus' impatience.

Supplies

- Bible
- paper
- markers
- sand timer (ideally one that's 30-60 seconds)
(check a board game to find one)
- uncooked spaghetti noodles
- cooked spaghetti noodles
- marshmallows (several per child)



LIFE APPLICATION WRAP-UP

Kids pray for each other.



HIGH-ENERGY GAME

Kids play a wheelbarrow game with unreliable partners.

Supplies

- place markers, such as cones or chairs (1 for every 2 kids)
- upbeat music (optional)
- music player (optional)

Easy Prep

- Space place markers a few feet apart on the floor along 1 wall in the room.



CRAFT

Kids make seat cushions.

Supplies

- paper grocery bags (1 per child)
- duct tape (variety of colors and patterns)
- fiberfill
- permanent markers

Easy Prep

- Make a sample craft to show kids.



LOW-ENERGY GAME

Kids experiment with the most dependable way to balance cups.

Supplies

- 3-ounce cups (1 per person)
- bags of multicolored pompoms (enough to fill all the 3-ounce cups)
- upbeat music (optional)
- music player (optional)



OBJECT LESSON

Kids balance hammers and rulers.

Supplies

- hammers (1 for every 4 kids)
- 12-inch lengths of string or yarn (1 for every 4 kids)
- wooden rulers or paint-mixing sticks (1 for every 4 kids)
- table or chair
- duct tape



DEEPER BIBLE

Kids test the strength of the world's promises and Jesus' promises.

Supplies

- Bibles
- tissues
- markers
- cloth hand towels (1 for every 4 kids)
- basins of water (1 for every 4 kids)
- wooden blocks or other waterproof items of a similar size and weight (6 for every 4 kids)

**Marked supplies can be reused from Core Bible Discovery*

Let's keep kids safe! You can help by using supplies as instructed for only ages 3+, purchasing child-safe items, and being aware of allergy concerns.



Supplies

- Bible

Welcome

- Thank kids for coming.
- Just for fun, have kids show their goofiest faces to everyone around them.
- Make announcements.
- Introduce new kids.
- Celebrate birthdays by having kids say “snappy mirthgray” (which rhymes with happy birthday).
- Collect the offering.

Introduce the Lesson

Say: **Today we’re going to learn that Jesus is dependable, so we’re dependable. Jesus is dependable, but in our story, it seemed as if he might go back on his word and be too late!**

Share

- Tell kids about a time *you* were late for something.
- Have kids form pairs. Ask kids to share about when *they’ve* been late.
- After partners have discussed, ask two or three kids to share with the whole group what they talked about with their partners.

Summarize

Open a Bible to Luke 8, and say: **When we’re late, it’s hard for people to depend on us. But Jesus is dependable, and he always keeps his word. Let’s see what happened in the Bible when it seemed as if he was too late. God reveals how dependable he is through the Bible, his special book. Before we dig in to the Bible, let’s talk to Jesus.**

Pray, praising Jesus for being dependable.

**Supplies**

- Bible
- paper
- markers
- sand timer (ideally one that's 30-60 seconds) (check a board game to find one)
- uncooked spaghetti noodles
- cooked spaghetti noodles
- marshmallows (several per child)

Draw Pictures

Say: **Today we're learning that Jesus is dependable. Let's start our Bible time by drawing people we know who are dependable.**

Begin to distribute paper and markers. As you do, have your adult or teen helper continually interrupt you by calling you over to look at something and asking you questions so that it takes a long time to distribute supplies.

Say: **Okay, you have all your supplies. Now we need those pictures. Will you promise to draw them in the next three minutes?** Allow for responses.

As kids draw, you and your adult or teen helper can distract the kids by pointing at things outside if you have a window, talking about topics that interest kids (like sports or video games), and so on. Try to choose distractions that will make the kids very tempted to stop what they're doing.

After about three minutes, say: **Time's up! Who finished their picture?** Ask for a show of hands.

Ask: • **Say one word that tells how you felt when you had to wait for your supplies.**

• **When you were drawing, how tempted were you to stop what you were doing and do something else instead? Talk about that.**

Say: **We're learning that Jesus is dependable. Dependable means you finish what you start, and you do what you say you'll do. In our Bible story, there was a part where Jesus didn't seem so dependable. Let me show you what I mean.**

Watch the Timer

Read Luke 8:40-42.

Flip over the sand timer. As it runs down, say: **Jairus (jay-EYE-rus) needed help. His daughter's time was running out. If Jesus didn't heal her soon, she would die! So Jesus went with him. It seemed as if Jesus was going to heal her!**

But something happened. While they were on their way, a woman who was sick touched Jesus so that *she* could be healed. It worked! That could've been enough to heal the woman without slowing Jesus down. But Jesus stopped because he felt healing power go out of him. He was in a big crowd and waited until someone owned up to touching his robe. Then he stopped to talk to the woman.

If your timer is still running, continue talking about the story so that the sand runs out.

When the timer has run out of sand, hold it up. Say: **While Jesus was distracted by healing this woman, time ran out for Jairus' daughter.**

Read Luke 8:49.

Ask: • **On a scale of 1 to 10, how dependable does Jesus seem so far?** Have kids physically line up along a wall in the room to reflect their answers, indicating which side represents 1 and which side represents 10. Have a few kids from different places on the scale explain their ratings.

Say: **Jesus ran out of time. He got distracted, and the little girl died. Usually when someone dies, that's the end of the story. But let's keep reading.**

Read Luke 8:50.

Say: **Jesus is dependable. He'd started the journey to heal Jairus' daughter, and now he made a promise to heal her. Let's make some promises, too.**

Have kids each think of a promise they can make and keep before they leave your classroom today. Ideas might include complimenting someone, cleaning up a mess, helping you with something, showing off a talent or not tilting back in a chair. Make your own promise, too.

Say: **Jesus is dependable, so we're dependable. We can show we're dependable by keeping our promises before the end of class. Jesus is dependable, so he kept his promise. Let's see how. I'll need you to help me with sound effects!**

Have kids make the following sound effects as you read the corresponding verses.

- Start by having kids make footsteps as Jesus and Jairus head to the house.
- Read Luke 8:51. Have kids make a creaking door noise as they arrive at the house.
- Read Luke 8:52. Have kids make weeping and wailing sounds.
- Read Luke 8:53. Have kids laugh like the crowd.
- Read Luke 8:54-56. Have kids gasp as if overwhelmed.

Say: **Jesus is dependable. He finished what he started and did what he said he'd do. Jesus healed Jairus' daughter! In fact, Jesus did *more* than Jairus originally asked. Jairus wanted Jesus to heal his daughter—but Jesus raised her from the dead! Sometimes Jesus is so dependable that he does above and beyond what we ask him to do.**

Jesus is dependable, so we're dependable. Let's see why it's so important to be dependable.

Build Towers

Say: **I'm going to give you some spaghetti and marshmallows so you can build fun towers.**

Have kids form groups of four, and give each group a pile of marshmallows and some cooked spaghetti. Kids should start to complain and fail pretty quickly.

Ask: • **Why isn't cooked spaghetti dependable for building?**

Say: **Cooked spaghetti may be better to eat, but you can't depend on it to build a tower. Let's try uncooked spaghetti.**

Give each group some uncooked spaghetti, and allow time for kids to build. As they build, lead this discussion.

Ask: • **When it comes to being dependable, which type of spaghetti is more like you? Why?**

• **What can you learn from Jesus' example about how to be dependable?**

• **Why does being dependable matter?**

Say: **Jesus is dependable, so we're dependable. When Jesus followed through on what he started, he healed a little girl. That showed his amazing power to everyone there! Your actions and choices make a difference for people around you. What you do can have either a positive effect or a negative effect on other people. When you're dependable, your actions have a positive effect. When you're dependable, you reflect God's heart to people around you.**

Remind kids to keep their promises before the end of class. Depending on what they promised, that might happen during the lesson or when they are waiting to be picked up.



LIFE APPLICATION WRAP-UP

[5 min]

Prayers for Dependability

Lean and Pray

Say: **We've been learning that Jesus is dependable. That means we can turn to him when we need help.**

- Have kids share prayer requests they need to turn over to Jesus.
- After each child shares, pray that the child can rely on Jesus for that need.

Wrap Up

Pray: **Jesus, thank you that we can depend on you! Help us be dependable like you. In your name, amen.**

Thank kids for coming, and encourage them to come back next week. Remind kids to keep the promises they made in Core Bible Discovery before they leave.



HIGH-ENERGY GAME

[10 min]

Wheel You Be Dependable?

Supplies

- place markers, such as cones or chairs (1 for every 2 kids)
- upbeat music (optional)
- music player (optional)

Easy Prep

- Space place markers a few feet apart on the floor along 1 wall in the room.

Tip

- If you used the Music Video block, consider repeating the songs from today's lesson during the game. You can find the downloadable album [here](#).

Partner Up for a Wheelbarrow Race Challenge

Say: **In our Bible story today we read about how Jesus said he would heal a man's daughter who had died. Jesus did what he said he was going to do and brought the girl back to life, healed and healthy! We can count on Jesus to do what he says. Let's play a game to see if we're all that dependable!**

- Form pairs of kids who are similar in size.
- Have each pair stand about 10 feet across from one of the place markers you set out.
- One partner in each pair will be the first Wheelbarrow and will get down on all fours.
- The other person will then hold on to the partner's ankles and lift his or her legs from the ground to resemble a wheelbarrow.
- The Wheelbarrows will walk on their hands to a place marker, touch it, and then go back to the starting point.
- The partner holding a Wheelbarrow's legs can stop as needed or even gently put the Wheelbarrow's legs back on the ground when he or she needs a rest.
- The goal for each pair is to make it to a place marker and back without stopping or setting the Wheelbarrow down. However, the partners who are pushing have to follow your instructions.
- As kids race, call out instructions to the pushers, such as these:
 - Stop if you're wearing red!
 - Stop if you're wearing sandals!
 - Stop if you're wearing sneakers!
 - Stop if your hair is in a ponytail!
 - Stop if you're a boy!
 - Stop if you're a girl!
 - Stop if you ate cereal today!
- Partners can take turns swapping roles for as long as time allows. If there are girls in dresses, they should always push a Wheelbarrow rather than being a Wheelbarrow.
- If you'd like, play upbeat music while kids play.

Talk About It

Ask: • **What made it hard or easy for you to be a dependable partner in the game?**

• **As the Wheelbarrow, how did you feel when your partner stopped?**

Say: **Our game was fun and silly, so being dependable wasn't a big deal. There are times in our lives, though, when being dependable means a lot.** Share a few examples of times in your life when it was important for you to be able to depend on someone or for someone to be able to depend on you. For example, maybe a friend or family member had surgery and needed your help through recovery, or maybe you got on an airplane and depended on the pilot to keep you safe from takeoff to landing.

Ask: • **When are other times it's important to be dependable?**

Say: **Being dependable is a good thing that can keep friendships strong, build trust, and even keep people safe. We also know that being dependable is good because Jesus is dependable, and**

Jesus gave us an example worth following!



Supplies

- paper grocery bags (1 per child)
- duct tape (variety of colors and patterns)
- fiberfill
- permanent markers

Easy Prep

- Make a sample craft to show kids.



Make Seat Cushions

Ask: • **What's something you depend on to work right?**

Say: **One thing we often depend on is chairs. And they're dependable almost all the time. You sit in a chair, and it holds you up! Today we're going to make seat cushions so that when you sit in a chair, you'll have a soft reminder that Jesus is dependable.**

Show kids the sample craft you made. Give each child a paper grocery bag. Set out the remaining supplies to share, and have kids follow these directions to make seat cushions.

- Leaving the paper bag closed, tape the bottom portion of the bag to the side of the bag.



- Stuff the bag full of pillow stuffing, leaving just enough space to fold about an inch over at the top.
- Fold over the top of the bag, and seal it with duct tape.
- Add additional duct tape around the edges and in fun patterns to make your seat cushion look more fun.
- You can also use permanent markers to decorate the seat cushion. Include the Bible point: Jesus is dependable.

Talk About It

Ask: • **How is Jesus even more dependable than a chair?**

Say: **We can usually depend on chairs, but every now and then, one might break. Jesus never breaks our trust. Jesus is dependable, and we can trust him every time!**

Have kids take their seat cushions home and share them with their friends and families as a reminder that Jesus is even more dependable than a chair.



Supplies

- 3-ounce cups (1 per person)
- bags of multicolored pompoms (enough to fill all the 3-ounce cups)
- upbeat music (optional)
- music player (optional)

Tip

- If you used the Music Video block, consider repeating the songs from today's lesson during the game. You can find the downloadable album [here](#).

Balance Cups of Pompoms on Hands

Say: **We're learning that Jesus is dependable. Jesus always does what he says he'll do, even if it seems impossible. Jesus doesn't change his mind or break promises.**

Let's play a game where we'll experiment and find out the most dependable way to balance and carry a cup.

- Give each person a cup to hold, and have an adult or teen helper fill each person's cup with pompoms.
- Have everyone line up along one side of the room.
- For each round, kids will all walk to the other side of the room (or to another goal you identify) and back to the starting place while trying not to spill any pompoms from the cups.
- For the first round, have kids balance their cups on the palms of their hands. Then you can do a few rounds of the following balancing acts or come up with some of your own ideas:
 - balance on the back of the hand
 - balance on top of the head
 - balance on inner forearms held together
- If you'd like, play upbeat music while kids play.

Talk About It

Ask: • **What was the best way for you to balance and carry your cup?**

• **What sometimes made it hard to not wobble and spill the cup?**

Say: **We're a lot like the cups. Sometimes we're dependable and we do what we say we're going to do, but sometimes we wobble and we break our promises.**

The good news is, when we follow Jesus, he helps us become more dependable like he is.

Ask: • **Tell about a time you were dependable.** Share your own example first.

Say: **It isn't always easy to keep our promises, and sometimes things happen that are out of our control that make it impossible to keep a promise. But Jesus is dependable, and he made us to have dependable hearts like his.**



OBJECT LESSON

Hammer Down?

[10 min]

Supplies

- hammers (1 for every 4 kids)
- 12-inch lengths of string or yarn (1 for every 4 kids)
- wooden rulers or paint-mixing sticks (1 for every 4 kids)
- table or chair
- duct tape

Tie the String

Form groups of four, and give each group a hammer, a length of string, and a wooden ruler.

Say: **The hammer is much heavier than the ruler. Can you feel the difference?** Pause to let each child in a group hold the hammer in one hand and the ruler in the other to feel the difference in weight. **Do you think this hammer can depend on the ruler to keep it from falling? Let's do an experiment to find out!**

- Have one child in each group tie the ends of the strings tightly together to create a loop.
- Have groups place the ruler on top of the hammer and then slide them both through the loop.



Balance the Hammer

- Have groups align the hammer and ruler so the bottom of the hammer's handle is lined up with one end of the ruler.
- Show kids how to lay the ruler on the edge of the table so about 6 inches of the ruler rests on the tabletop. Let the hammer hang on the string so the hammerhead hangs under the table and the end of the hammer touches the end of the ruler that's off the table. Caution kids to stand away from the hammer in case it drops.
- Encourage groups to adjust the string to balance as needed, but the ruler will keep the hammer from falling to the ground. If you have hammers with slippery handles, have kids add a piece of duct tape to each one to hold the string in place.

Move the String

- Shift the center of gravity by having kids move the string closer to the end of the ruler that's resting on the table. Make sure that the bottom of the hammer continues to touch the other end of the ruler.
- Challenge kids to see how close to the edge they can place the ruler without the hammer dropping.



Talk About It

Say: The ruler kept the heavy hammer from falling off the table. Even though it looks like the heavy hammer should make the ruler fall, the center of gravity balanced the ruler and the hammer.

Ask: • How is the hammer hanging from the ruler like us depending on Jesus?

Say: Jesus is dependable. He won't let us down. Even when we're dealing with heavy or hard things, we can center our life on Jesus, knowing that no matter what happens, he'll always help and support us.



Supplies

- Bibles
- tissues
- markers
- cloth hand towels (1 for every 4 kids)
- basins of water (1 for every 4 kids)
- wooden blocks or other waterproof items of a similar size and weight (6 for every 4 kids)

Explore Promises

Have kids form groups of four, and have each group gather around a basin of water. Give each group markers, a wooden block, a handful of tissues.

Ask: • **What are some promises we hear today, either from people, movies, commercials, or other sources besides God?** As kids share ideas, have them write the ideas on tissues.

Say: **Let's see how reliable these promises are.**

Have kids take turns putting a tissue into the water, placing a block on top of the tissue, and then trying to lift the block out of the water by picking up the edges of the tissue.

Ask: • **How are some of the promises we shared like the tissue?**

Say: **I'm not saying *no one* else except God keeps promises. But we hear a lot of promises, like "This product will make you cool!" or "If you wear these clothes, everyone will like you." And those kinds of promises just aren't something we can count on.**

But we're learning that Jesus is dependable, and he does what he says he'll do. In our Bible story, that meant when Jesus said he'd heal Jairus' daughter, he'd do it, even when it seemed too late.

So does Jesus keep promises to us, too? And if so, what are they? Let's dig in to that.

Dig Deeper

Say: **Our tissues were like promises that don't always hold up. We can't depend on them. But we can depend on Jesus' promises.**

Give each group a cloth hand towel and five additional blocks.

Say: **Let's hear a promise from Jesus.**

Read Matthew 28:20.

Ask: • **When do you most need to know that Jesus is with you?**

Have groups each place a hand towel in a basin and then place one block on it.

Say: **The Bible makes more promises to us, too.**

Read Romans 8:38-39. Ask kids to summarize what these verses promise. Have each group place another block on the towel.

Read James 1:5. Ask kids to summarize what this verse promises. Have each group place another block on the towel.

Ask: • **What's one issue you'd like wisdom about?**

Read 1 John 1:9. Ask kids to summarize what this verse promises. Have each group place another block on the towel. Pause for kids to silently ask Jesus for forgiveness.

Read John 14:2. Ask kids to summarize what this verse promises. Have each group place another block on the towel.

Read John 14:27. Ask kids to summarize what this verse promises. Have each group place another block on the towel.

Say: **Here's one thing Jesus *doesn't* promise: a trouble-free life. In fact, he says the opposite!**

Read John 16:33.

Say: **Even though Jesus doesn't promise a trouble-free life, we can trust that when troubles come, he'll keep his promises to be with us, to love us, to bring us peace, and to give us wisdom. When we cause our own troubles by doing wrong things, we can trust his promise to forgive us. And we know that ultimately Jesus is making a special place for us in heaven! Those are awesome promises,**

and we know we can trust them because Jesus is dependable. Let's test how dependable he is.

Have group members each take a corner of the hand towel and slowly lift it out of the water together to see how the towel is able to hold all the blocks without tearing.

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