

# LESSON 8: JESUS HEALS A CRIPPLED WOMAN ON THE SABBATH

Leader Guide for Grades 1 & 2

Classroom: Greenhouse Kids

 Luke 13:10-17

04/26/2020

## Teachers Dig In

### Dig In to the Bible

- Read: Luke 13:10-17
- In This Passage: One Sabbath day, Jesus sees a crippled woman in a synagogue. She's been unable to stand up straight for 18 years! Jesus heals her, even though the legalistic religious leaders don't approve. But Jesus values love over man-made rules.
- Bible Point: Jesus is loving...
- Application: ...so we're loving.
- Summary Verse: "Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves" (Philippians 2:3).

### Dig Deeper

- You'll Be Teaching: *Jesus is loving*. Most kids would consider themselves loving. But like the religious leaders, we all have priorities that get out of whack sometimes. Use this lesson to help kids evaluate whether they're truly putting love for others above their own opinions and values.
- Think About: How do you know Jesus loves you? How can others see Jesus' love through you?

### Dig In to Prayer

- Ask God to show his love to other kids through the kids in your class.

### Quick Tip

- In this story, the religious leaders were more focused on rules than on love. Maybe you fall into the same habit without realizing it! Rules provide boundaries that help kids understand what is acceptable behavior. However, too many rules can send the message that rules are what you're all about. Kids would rather hear about the things they can do than about the things that are off limits, so try to set a few positive rules such as "respect others" and "stay safe." If a child is breaking the rules, approach the situation with love, seeking first to understand.

## This Lesson at a Glance



### OPENING

Kids share about a topic related to the lesson.

#### Supplies

- Bible



### CORE BIBLE DISCOVERY

Kids act out the story and receive and pass hearts.

#### Supplies

- Bible
- construction paper in 4 different colors (enough for each child to have 1 heart of each color; see Easy Prep for heart size)

#### Easy Prep

- Draw several hearts on each piece of construction paper, each about 2x2 inches. There's no need to cut out the heart shapes; simply cut a square or rectangle around each heart. You'll need 4 hearts per child, 1 of each color.



### LIFE APPLICATION WRAP-UP

Kids receive an affirmation and give an affirmation.

#### Supplies

- construction paper hearts from the Core Bible Discovery activity (only 1 heart needed per child)



### OBJECT LESSON

Kids use water to make paper stick together.

#### Supplies

- 8½x11-inch sheets of printer paper (1 per child)
- crayons
- squirt bottles with water (1 for every 4 kids)



### HIGH-ENERGY GAME

Kids race to move paper hearts to a bucket.

#### Supplies

- sheets of red paper (2 per child)
- pen
- scissors
- 6 disposable bowls
- small bucket
- mix of various craft supplies such as cotton balls, packing peanuts, stickers, craft sticks, ribbon, and chenille wires
- upbeat music (optional)
- music player (optional)

#### Easy Prep

- On 1 of the sheets of paper, draw 6 hearts in 2 columns down the length of the paper (3 hearts in each column).
- Make copies of the hearts you drew on the remaining paper.
- Cut out the hearts using a paper cutter, or use scissors to cut a few pieces of paper at a time. You don't have to cut around the individual heart shapes; simply cut squares around the hearts to separate them.
- Divide the paper hearts among the bowls. Add a mix of craft supplies to each bowl so that kids will have to sort through the supplies to find the hearts.

- Spread bowls throughout the room.
- Place the bucket in the center of the room.



## LOW-ENERGY GAME

Kids play a version of Hot Potato.

### Supplies

- 8½x11-inch piece of card stock (if you can find red card stock it'll simplify prep)
- scissors
- red marker
- upbeat music
- music player

### Easy Prep

- Cut a large heart from the piece of card stock, and color it in with red marker.



## CRAFT

Kids make chenille-wire women.

### Supplies

- chenille wires (2 per child)
- yarn (about 1 foot per child)
- child-safe scissors

### Easy Prep

- Make a sample craft to show kids.



## TALK-ABOUT VIDEO

Kids watch a video and discuss the Bible point.

### Supplies

- "A Duck Tale" teaching video (watch or download [here](#))

*\*Marked supplies can be reused from Core Bible Discovery*

Let's keep kids safe! You can help by using supplies as instructed for only ages 3+, purchasing child-safe items, and being aware of allergy concerns.



### Supplies

- Bible

### Welcome

- Thank kids for coming.
- Just for fun, have kids give an elbow-five to five friends.
- Make announcements.
- Introduce new kids.
- Celebrate birthdays by having kids do jumping jacks as many times as the birthday child is old. With each jumping jack, they'll say, "Happy birthday!"
- Collect the offering.

### Introduce the Lesson

Say: **Today we'll learn how Jesus is loving. We'll start today by talking about someone who loves you!**

### Share

- Share about someone who loves *you*.
- In small groups, have kids share about people who love *them*.
- After small groups have discussed, have a few kids share with the whole group what they talked about in their small groups.

### Summarize

Open a Bible, and say: **It's great to have friends and families who love us! I'm thankful for Jesus because he loves us and shows us his love more than anyone, ever! And when we're friends with Jesus, he helps us be loving like him.**

Pray, thanking Jesus for being loving.



## Supplies

- Bible
- construction paper in 4 different colors (enough for each child to have 1 heart of each color; see Easy Prep for heart size)

## Easy Prep

- Draw several hearts on each piece of construction paper, each about 2x2 inches. There's no need to cut out the heart shapes; simply cut a square or rectangle around each heart. You'll need 4 hearts per child, 1 of each color.

## Act It Out

Show the Bible. Say: **Today we'll learn that Jesus is loving. The Bible says that one day Jesus was teaching in a synagogue—that's like a church. And it was kind of like how I'm teaching you in our church right now!**

Share about two places *you've* learned something from a teacher, and talk generally about what you were learning there. You might share about school, your worship service at church, a Bible study, or even a podcast you listen to. For example, "I sometimes listen to pastors on my phone, and they teach me about Jesus and the Bible."

Ask: • **Tell about someplace *you've* learned from a teacher.** Kids might share about school, Sunday school, or a sports league where they learned to play a sport.

Say: **Jesus was teaching people in the synagogue about God. He loves God and wants all the people in the world to know about God—because God loves everyone, including you! As Jesus was teaching, he noticed a woman whose body wasn't working right. Jesus loved this woman, just as he loved everyone else.**

Share about a time *you* had an injury or about a disability *you* have.

Ask: • **Tell about a time *you* were hurt.** Kids might share about a broken bone, or they might share about a cut or scrape they had on a finger or toe and they tried not to use the finger or toe because it hurt.

Say: **This woman Jesus noticed had been bent over for 18 years!** Lead kids to stand up and bend over at the waist. Have them stay bent over until you tell them to stand up again.

Say: **Think about how old you are and how long 18 years would be! That's a really long time! That's not just a few minutes, like how long you've been standing that way. And it's not just a few hours or a few days. It's more than we can imagine!**

Ask: • **How are you feeling, standing bent over like the woman was?** Allow kids to share.

Say: **It must've been really hard for her, if even standing this way for just a few minutes is hard for us! Let's see what happened when Jesus saw the woman.**

Read Luke 13:12.

Say: **Jesus made her better! All he did was touch her, and she was able to stand up straight!** Touch each child on the back, allowing kids to stand as you touch them. Have adult or teen helpers join in "healing" the kids so all the kids can stand up more quickly.

Say: **The woman was so happy, and she thanked God! Let's cheer now that we're standing up straight again, too!** Lead kids in a cheer, and then have kids sit.

Say: **What Jesus did was amazing, and he did it because he's loving. He loved the woman and wanted her to be better. But there was a leader at the synagogue who didn't like that Jesus helped the woman. He told Jesus, "The rules say that you're not supposed to work today. You're supposed to be resting. But what you just did was working." The leader wasn't happy about what Jesus did.**

Ask: • **What do you think about that?** Invite kids to share if they think it was right for Jesus to make the woman better, even though the leader said Jesus should be resting.

Say: **The leader thought Jesus should've helped the woman on a different day, not the day for resting. But Jesus loved the woman so much that he wanted to make her better as soon as he saw her! Jesus knew that the leader's rule wasn't God's rule. God *does* want his friends to rest, but Jesus knew**

it was okay to help a friend anytime. Then the people celebrated all the wonderful things Jesus did. They could see that **Jesus is loving** by how he took care of people.

### Receive and Pass Hearts

Say: **Let's talk about some ways that Jesus is loving toward us.** Talk about the following things, and give each child a heart, using a different color for each example.

- Say: **Jesus is loving because he forgives us when we do something wrong.** Share an example of your own to get kids started. Give each child a heart in the first color, and then invite kids to share about something they've done wrong. Remind them as they share that Jesus is their loving friend and he forgives them.
- Say: **Jesus is loving; he's happy to be friends with each of you, and he smiles when he sees you because he's proud of who you are.** Share first to get kids started. Give each child a heart in a second color, and then invite kids to share something good about themselves. Remind them as they share that Jesus is their loving friend and he's proud of who they are.
- Say: **Jesus is loving because he takes care of us. He gives us everything we need.** Give each child heart in a third color, and then invite kids to share about something they need, such as food, clothes, friends, and their families. Remind them as they share that Jesus is their loving friend, and he wants the very best for them. He wants them to be safe and have the things they need.
- Say: **Jesus is loving, and he wants to be best friends with us.** Give each child a heart in the fourth color, and then invite kids to share something friends do. Share first to get kids started. Remind them as they share that Jesus wants to be their friend, too, and that he loves them very much.

Say: **Look at all the hearts you have! Jesus is loving toward us in so many ways. Jesus loves you, and he loves me. He loves each one of us, and he even loves the people we aren't friends with or don't know. He loves to take care of us and be friends with us. And he shows us how we can love others, too.**

Share ways *you* like to show love to others, including each way Jesus is loving. (He forgives us, he's proud of us, he takes care of us, and he wants to be best friends with us.)

Ask: • **What's a way you can be loving like Jesus?** Help kids think of ways they can be good friends to others, ways they can forgive when someone hurts them, ways they can share encouraging words, and ways they can care for others. As each child shares an idea, have that child give a heart to someone else. Encourage children to exchange hearts as many times as possible, making sure kids all receive and exchange hearts.

Say: **Jesus loves it when we show love to others because Jesus is loving, too!**



### Supplies

- construction paper hearts from the Core Bible Discovery activity (only 1 heart needed per child)

### Receive an Affirmation

Say: **Today we found out how loving Jesus is! He loved the woman in our Bible story and wanted to take care of her. It was more important to him that he show love to her than follow all the rules. Jesus loves you, too, and he'll always care for you and show you love.**

In small groups, have adult and teen helpers give each child a paper heart and say the following affirmation over each child: **Jesus is loving, and he loves you,** [child's name].

After all the kids receive an affirmation, say a brief prayer, thanking Jesus for being so loving toward you and all the kids.

### Give an Affirmation

Say: **Jesus is loving, and he helps us be loving to others, too. Let's practice being loving right now and give our hearts to someone else. When you give your heart, say "Jesus is loving and he loves you!"** Lead kids in practicing this line, and then have adult and teen helpers lead the kids to each give an affirmation to another child, making sure each child receives an affirmation and a new heart.

After all the kids have given an affirmation, say a brief prayer, asking Jesus to help you and the kids be loving to others, and then close the prayer.

Thank the kids for coming to church, and encourage them to join you back at church next week.



## OBJECT LESSON

### Stick Together

[10 min]

#### Supplies

- 8½x11-inch sheets of printer paper (1 per child)
- crayons
- squirt bottles with water (1 for every 4 kids)

#### Draw Hearts

Say: **Heart shapes make me think of love. Let's show that Jesus is loving by drawing a heart on a piece of paper.**

- Give each child a sheet of paper, and put the crayons where kids can reach them.
- Have each child draw a big heart in the middle of the paper.

#### Put Hearts Together

Say: **When friends love each other, they want to be close. They stick together and keep loving each other no matter what. Let's see if your heart will stick to a friend's heart.**

Form pairs, and have partners press their papers together to see if they stick together. As kids try unsuccessfully, comment that the papers won't stay together. Say: **Let's see if water will make the heart papers stick together.**

- Have kids hold their papers away from their bodies while adult or teen helpers use spray bottles to soak all the kids' papers with water.
- Have pairs lay one paper on top of the other paper on a table with the bottom paper positioned a little higher than the top one. Have kids pat the papers to press them together.
- Have one child in each pair lift the bottom paper off the table. The water will make the top paper lift, too, and the two hearts will stick together.
- After several seconds, have kids pass the papers to their partners to hold and see if the water still holds the papers together.

#### Talk About It

Say: **The water made the papers stick together! When we love someone, we stick with them, no matter what. Jesus is loving. Even though we can't see him, we know he's always close to us, and he loves us so much!**



## HIGH-ENERGY GAME

### Hearts Are All Around

[10 min]

### Supplies

- sheets of red paper (2 per child)
- pen
- scissors
- 6 disposable bowls
- small bucket
- mix of various craft supplies such as cotton balls, packing peanuts, stickers, craft sticks, ribbon, and chenille wires
- upbeat music (optional)
- music player (optional)

### Easy Prep

- On 1 of the sheets of paper, draw 6 hearts in 2 columns down the length of the paper (3 hearts in each column).
- Make copies of the hearts you drew on the remaining paper.
- Cut out the hearts using a paper cutter, or use scissors to cut a few pieces of paper at a time. You don't have to cut around the individual heart shapes; simply cut squares around the hearts to separate them.
- Divide the paper hearts among the bowls. Add a mix of craft supplies to each bowl so that kids will have to sort through the supplies to find the hearts.
- Spread bowls throughout the room.
- Place the bucket in the center of the room.

### Tips

- If you used the Music Video block, consider repeating the songs from today's lesson during the game. You can find the downloadable album [here](#).
- If you can find them, craft foam hearts are a great substitute for making paper hearts on your own! Although they can be a seasonal craft supply, they can often be found at craft stores such as Hobby Lobby in large batches at an affordable price.

### Move the Hearts

Say: **Today's Bible story showed us that Jesus is loving. Jesus showed love by helping a woman stand up straight again when he healed her bent-over back! Jesus loves all of us as much as he loved that woman, and Jesus' love is all around us. Let's play a game where we'll look for love around us!**

- At your cue, everyone will run to the bowls around the room to search for hearts.
- When a heart is found, the child will run to place it in the bucket in the center, then run to any bowl to search for more hearts.
- Hearts can be moved only one at a time.
- The goal is to move all the hearts from all the bowls to the bucket as fast as possible.
- If you'd like, play upbeat music while everyone plays. You can reset the hearts and play as many rounds as time allows.

### Talk About It

Say: **In the game there were paper hearts all around us, and in our lives Jesus' love is all around us. Sometimes Jesus' love is around us through other people.**

Ask: • **Who is someone you love?** Share your own example first.

Say: **It's awesome to love and be loved! We feel safe, peaceful, and happy when we're around the people we love. We can help others feel that way when we're loving. I've been loving to others by...**

Share a couple of examples of ways you're loving, such as caring for family members through good and hard times or sharing what you have with others.

Ask: • **What are ways *you* can be loving?** Kids might talk about sharing their toys, drawing pictures to tell others they love them, or giving hugs.

Say: **Those are great ways to be loving and to remember that Jesus is loving!**



### Supplies

- 8½x11-inch piece of card stock (if you can find red card stock it'll simplify prep)
- scissors
- red marker
- upbeat music
- music player

### Easy Prep

- Cut a large heart from the piece of card stock, and color it in with red marker.

### Tip

- If you used the Music Video block, consider repeating the songs from today's lesson during the game. You can find the downloadable album [here](#).

### Play a Version of Hot Potato

Say: **In today's Bible story, Jesus helped a woman who had been bent over for a *long* time so she could stand up straight again. Jesus healed her and showed her how loving he is! Let's play a game where we'll be loving to our friends here.**

- Have everyone stand in a circle.
- While music plays, everyone will pass the heart around the circle.
- When the music stops, the person holding the heart gets a hug from everyone else (or a friendly fist bump if a hug is overwhelming).
- After the hug, start the music again for another round.
- Play as many rounds as time allows, and try to time the music pauses so everyone gets a hug.

### Talk About It

Say: **In the game we were loving to each other by giving hugs.**

Ask: • **What makes you feel loved?** Kids might tell about ways their parents care for them or when friends and siblings share and play with them.

Say: **We know what it feels like to be loved, and as much as other people in our lives love us, Jesus loves us even *more*. Jesus is loving, and his love is for everyone, so we can be loving to others, too.**



## Supplies

- chenille wires (2 per child)
- yarn (about 1 foot per child)
- child-safe scissors

## Easy Prep

- Make a sample craft to show kids.



### Make a Chenille-Wire Woman

Say: **In our Bible story today we found out how Jesus healed a woman.**

Show kids the sample craft.

Bend the chenille-wire woman so she's bent over like the woman in the Bible story. Say: **The woman had been bent over like this for 18 years! But Jesus made her better so she could stand up straight!** Straighten the craft so the chenille-wire woman is standing up straight. **Jesus is so loving! He cared about the woman that day, and he cares about each of you, too.**

**Let's each make a woman with these bendy wires to remind us of the Bible story.** Lead kids to make the craft:

- Have each child bend one chenille wire in half. Help kids twist the overlapping wires from the bend down about an inch to represent the body. Have them pull the chenille wires apart to represent legs.
- Have kids make a loop in the center of the second chenille wire for the woman's head. Have them twist the end pieces to form a complete circle. The straight ends will be the woman's arms.



- Have kids create a hook on the bent part of the first chenille wire and then hook it through the second chenille wire to attach the body to the head.
- Give each child a piece of yarn, and have kids thread it through the head and around the loop to create hair. They can also use scissors to cut the yarn into several pieces and attach it to the head in various ways.

### **Retell the Bible Story**

Lead kids to retell the Bible story using their bendable crafts. Continue as time allows.

Say: **Jesus is loving—he took care of that woman, and he takes care of us! We can practice being loving by taking care of others, too.**



## Supplies

- "A Duck Tale" teaching video (watch or download here)

## Tip

- Don't have internet in your classroom? That's okay! You can download the videos before class using the "download" button at the link provided, or just purchase this quarter's DVD [here](#).

## Discuss and Watch "A Duck Tale"

Say: **Today we're learning that Jesus is loving, so we're loving.**

Ask: • **What's the most loving thing anyone has ever done for you?**

Say: **Let's watch a video to see how even rubber ducks can show love.**

Watch "A Duck Tale."

Ask: • **What did you think of the reporter's reaction to seeing the stuck ducks?**

Say: **Jesus is loving, so we're loving. Jesus showed love even when other people got mad about it. And the ducks showed love even when they were risking their safety.**

Ask: • **What's one way you think Jesus wants you to show love this week?**

Say: **Jesus is loving, so we're loving. We can be loving even when it means giving up popularity, our preferences, or even our safety.**