2026-11-01 Summary

What if the greatest work we could ever do had nothing to do with our careers, our productivity, or our physical ambitions? In John 6, Jesus draws a striking contrast between food that spoils and food that endures to eternal life. We spend enormous energy feeding our bodies, planning our meals, working to pay for them, and yet the soul that will outlast this body often goes hungry. Jesus tells the crowd that the work of God is simply this: to believe in the one he sent. But believing, as this message makes clear, is not a one-time mental checkbox. It is an ongoing, active, sometimes difficult investment. Faith that is never exercised begins to deteriorate just like food left too long in the refrigerator. The spiritual parallel is uncomfortable but honest. We tend to reach for what tastes good and feels easy, while the deeper nourishment of the Word and prayer gets set aside. This message challenges us to ask whether our faith is growing or quietly going stale, and whether we are willing to do the work of believing even when the results are not immediate.