



## Monday — The Gift Needs Stirred

**Scripture Reading:** 2 Timothy 1:6–7, Romans 12:11, Jeremiah 20:9

**Reflection:** Paul reminded Timothy that spiritual fire can grow dim if it is neglected. The gift of the Holy Spirit is alive within believers, but we are called to stir it up and fan it into flame. Just as a fire needs oxygen and fuel to keep burning, our spiritual lives require prayer, worship, obedience, and time in God’s Word. God has not given us a spirit of fear, but of power, love, and a sound mind. Fear extinguishes passion, but faith fuels spiritual fire. The Holy Spirit desires to ignite boldness and fresh passion within us again.

### Journaling Questions:

1. What has helped keep your spiritual passion alive in past seasons?
2. Are there areas where your spiritual fire has grown weak or neglected?
3. What practical steps can you take this week to stir up the gift within you?

**Prayer:** Holy Spirit, awaken fresh passion within me. Stir up every gift You have placed in my life. Remove fear and fill me with power, love, and boldness to follow You faithfully. Amen.

## Tuesday — Fuel for the Fire

**Scripture Reading:** John 15:4–5, Psalm 119:105, Acts 2:42

**Reflection:** A fire cannot continue without fuel. In the same way, believers cannot remain spiritually strong apart from abiding in Christ. Prayer, Scripture, fellowship, and worship are not religious routines; they are fuel for our spiritual lives. The early church devoted themselves to God’s Word, prayer, and fellowship, and the result was spiritual strength and power. When we stay connected to Jesus daily, the flame of the Holy Spirit continues to burn brightly within us.

### Journaling Questions:

1. Which spiritual disciplines most strengthen your relationship with God?
2. What distractions compete for your spiritual attention?
3. How can you become more intentional about spending time with Jesus?

**Prayer:** Lord, help me remain connected to You. Let Your Word guide me, Your presence sustain me, and Your Spirit continually refresh my soul. Amen.

## Wednesday — Do Not Quench the Spirit

**Scripture Reading:** 1 Thessalonians 5:16–22, Galatians 5:16–17, Isaiah 6:8

**Reflection:** Paul gives a short but powerful command: “Do not quench the Spirit.” To quench means to suppress or extinguish a fire. We quench the Holy Spirit when we resist His prompting, ignore conviction, or choose comfort over obedience. The Holy Spirit speaks through conviction, Scripture, wisdom, and gentle prompting. A sensitive heart responds quickly and willingly to God’s leading. The more we obey the Spirit, the more clearly we recognize His voice.

### Journaling Questions:

1. Have there been moments when you sensed the Holy Spirit leading you but hesitated?
2. What attitudes or habits may be quenching the Spirit in your life?
3. How can you become more responsive to God’s prompting?

**Prayer:** Father, forgive me for the times I have resisted Your Spirit. Give me a sensitive and obedient heart that responds quickly to Your leading. Amen.

**Thursday — Do Not Grieve the Holy Spirit**

**Scripture Reading:** Ephesians 4:25–32, Psalm 139:23–24, Colossians 3:12–14

**Reflection:** The Holy Spirit is not merely a force—He is the living presence of God. Because of this, Scripture teaches that the Spirit can be grieved. Bitterness, anger, unforgiveness, dishonesty, and sinful attitudes wound our fellowship with God. Paul contrasts grieving the Spirit with living in kindness, forgiveness, compassion, and love. When we walk in Christ-like character, we create room for the Spirit to work freely in our lives.

**Journaling Questions:**

1. Is there any bitterness or unforgiveness you need to surrender to God?
2. How do your words and attitudes affect your relationship with the Holy Spirit?
3. What Christ-like qualities does God want to strengthen in you?

**Prayer:** Holy Spirit, search my heart and reveal anything that grieves You. Help me walk in love, forgiveness, kindness, and purity each day. Amen.

**Friday — Rekindling the Flame Through Worship and Prayer**

**Scripture Reading:** Psalm 63:1–8, Acts 16:25–26, Jude 1:20–21

**Reflection:** Worship and prayer rekindle spiritual fire. Paul and Silas worshiped even in prison, and God moved powerfully in response. Praise shifts our focus from circumstances to God’s greatness, while prayer strengthens our connection with Him. There are moments when our hearts feel cold or weary spiritually. Instead of withdrawing, God invites us to seek Him again. As we worship and pray, the Holy Spirit refreshes, strengthens, and renews us.

**Journaling Questions:**

1. How has worship helped renew your faith during difficult seasons?
2. What keeps you from consistent prayer?
3. What would it look like to pursue God with greater hunger?

**Prayer:** Lord, rekindle my love for Your presence. Teach me to worship You in every season and deepen my prayer life so my heart remains close to You. Amen.

**Saturday — Burning Bright for Christ**

**Scripture Reading:** Matthew 5:14–16, Philippians 2:14–16, Hebrews 12:28–29

**Reflection:** God never intended for the fire of the Holy Spirit to remain hidden. Spirit-filled believers shine brightly in a dark world. Our lives become testimonies of God’s grace, power, and love. A burning faith influences homes, churches, workplaces, and communities. As we continually surrender to the Holy Spirit, others begin to see Christ through us. The flame God ignites in us can also ignite faith in others.

**Journaling Questions:**

1. In what ways can your life shine more brightly for Christ?
2. Who around you needs encouragement from your faith and testimony?
3. What does it mean to live consistently “on fire” for God?

**Prayer:** Jesus, let my life burn brightly for You. Fill me daily with the Holy Spirit and help me reflect Your love, truth, and power everywhere I go. Amen.

