



St. James volunteers are, from left, CSB Volunteer Coordinator Mary Robeck with St. James volunteers: Susan Traendly of Smyrna; Bay Borders of Marietta; Sally Miller of Smyrna; Lynda Gotko of Marietta, and Barbara Buxton of Marietta, chairperson for the group.

CSB VOLUNTEERS HONORED BY COVA

Cobb Community Services Board volunteers Lenise Mason and St. James Episcopal Church's Reach Out Mental Health group were recognized at the recent awards luncheon by the Council of Volunteer Administrators of Metro Atlanta, Inc. (COVA) in June.

Lenise Mason, Smyrna, was named Volunteer of the Year and the St. James Episcopal Church group, was named Partner Organization of the Year for their volunteer service with Cobb County and the Douglas County Community Services Boards (CSB). They were awarded trophies as well as heart-shaped boxes filled with messages of appreciation from the people whom they serve.

"We are very appreciative of the dedication of these individuals," said CSB Executive Director Tod Citron. "The time and talents they give through their volunteer work for the Community Services Board make a big difference in the lives of our clients."

COVA, whose members are predominantly professional volunteer administrators

area, is dedicated to advancing the professional management of volunteer services.

Ms. Mason volunteers 45 hours a month at the CSB's adult mental health center, The Circle, located in Austell.

The group at St. James that sponsors activities for special needs adults is called Reach Out Mental Health, and it is usually made up of about 10 members.



CSB Volunteer coordinator Mary Robeck, left, with award-winner Lenise Mason.

TASTE OF SHILOH FESTIVAL SET FOR OCT. 18 AT SHILO SEVENTH DAY ADVENTIST

The Shiloh Seventh-day Adventist (SDA) Church, 810 Church Street, SE, Smyrna, will hold its 4th annual Taste Of Shiloh Health Expo and Festival, Oct. 18 from 10 a.m. to 5 p.m. at the church's Hinson Family Life Center. The annual festival consists of a special emphasis on health, fitness and business development for church members and community residents in the Smyrna-Marietta and Metro Atlanta areas.

"Good health is what makes a quality life possible," says Nancy Howard, event committee chairperson. "And we're so excited to be able to make this message and information available to our church family, friends and neighbors again this year."

Admission is free, and attendees will enjoy giveaways and light refreshments from participating business vendors and sponsors.

The festival's Health Expo features free massage and chiropractic services, and a host of other free health screenings.

There will also be a Sports and Fitness segment for youth. Also, the festival's Business and Career Fair will feature a marketplace of local small business owners and independent ministries. To reserve a booth for a small business or ministry, call 770-434-4548 or email info@shilohsda.org, by Aug. 14.

Festival information and forms are available at www.tasteofshiloh.org.

You can Train at the Winning Training Site of Atlanta's Biggest Loser (Moms' Edition!)

