

# Habits of Happiness

Rely on Jesus

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*Philippians 3:2-3 "Watch out for those dogs, those people who do evil, those mutilators who say you must be circumcised to be saved. <sup>3</sup>For we who worship by the Spirit of God are the ones who are truly circumcised. We rely on what Christ Jesus has done for us. We put no confidence in human effort." (NLT=New Living Translation)*

*Philippians 3:7-9 "I once thought these things were valuable, but now I consider them worthless because of what Christ has done. <sup>8</sup>Yes, everything else is worthless when compared with the infinite value of knowing Christ Jesus my Lord. For his sake I have discarded everything else, counting it all as garbage, so that I could gain Christ <sup>9</sup>and become one with him." (NLT)*

## 1. Rely On Jesus Not the Opinions of Others

*Vs. 2 "Watch out for those dogs, those people who do evil, those mutilators who say you must be circumcised to be saved." (NLT)*

- Keep your faith \_\_\_\_\_

*II Corinthians 11:3 "But I am afraid that, as the serpent deceived Eve by his craftiness, your minds will be led astray from the simplicity and purity of devotion to Christ." (NASB=New American Standard Bible)*

*John 10:27 "My sheep listen to my voice; I know them, and they follow me." (NLT)*

- Value what Jesus says more than \_\_\_\_\_

## 2. Rely On Jesus for Your Salvation not Works

*Philippians 3:3 "...We rely on what Christ Jesus has done for us." (NLT)*

- Rely on what Jesus did for you was \_\_\_\_\_

*Romans 4:5 "But people are counted as righteous, not because of their work, but because of their faith in God who forgives sinners." (NLT)*

*Romans 3:25 "For God presented Jesus as the sacrifice for sin. People are made right with God when they believe that Jesus sacrificed his life, shedding his blood..." (NLT)*

- Rely on what Jesus \_\_\_\_\_ to do for you is enough

*I Peter 2:2 "Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation..." (NLT)*

*Romans 7:15 "I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate." (NLT)*

*Romans 2:4 "Or do you presume on the riches of his kindness and forbearance and patience, not knowing that God's kindness is meant to lead you to repentance?" (ESV=English Standard Version)*

*John 10:27-29 "My sheep listen to my voice; I know them, and they follow me. <sup>28</sup>I give them eternal life, and they will never perish. No one can snatch them away from me, <sup>29</sup>for my Father has given them to me, and he is more powerful than anyone else. No one can snatch them from the Father's hand." (NLT)*

### 3. Rely On Jesus for Your Confidence not Human Effort

*Philippians 3:3 "...We put no confidence in human effort." (NLT)*

*Philippians 3:7 "I once thought these things were valuable, but now I consider them worthless because of what Christ has done." (NLT)*

- Increase your skills without decreasing your \_\_\_\_\_
- Develop a \_\_\_\_\_ life

### 4. Rely On Jesus to Experience Oneness with Him

*Philippians 3:8-9 "...For his sake I have discarded everything else, counting it all as garbage, so that I could gain Christ <sup>9</sup>and become one with him." (NLT)*

- Realize you are \_\_\_\_\_ on something
- Trust Jesus and \_\_\_\_\_

*Psalms 34:8 "Taste and see that the LORD is good. Oh, the joys of those who take refuge in him!" (NLT)*

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#### Discussion Questions:

1. Discuss the difference between believing something and depending on something.
2. How do we rely on Jesus more than the opinions of others? What does it mean to keep our faith simple? Why is this so important in order to rely on Jesus?
3. Discuss what it looks like to truly rely on Jesus for our salvation and not our works. We all know our actions are important, but how can they get in the way of experiencing our salvation?
4. How do we learn to rely on Jesus and not our human effort? How do we combine our effort with dependence on Jesus?
5. What is Paul talking about in Vs 8-9? Are we missing out on something? How can we see for ourselves?

