

# Building a life of love

Love With Our Words

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## 1. Speak the Truth

*Ephesians 4:25 "Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body." (NIV=New International Version)*

*Colossians 3:9 "Don't lie to each other, for you have stripped off your old sinful nature and all its wicked deeds." (NLT=New Living Translation)*

- Practice honesty with \_\_\_\_\_
- Practice truthfulness as a relational \_\_\_\_\_

*Ephesians 4:15 "Instead, we will speak the truth in love..." (NLT)*

## 2. Verbally Build Others Up

*Ephesians 4:29 "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up, that it may benefit those who listen." (NIV)*

*1 Thessalonians 5:11 "So encourage each other and build each other up, just as you are already doing." (NLT)*

- Learn how to speak words of \_\_\_\_\_
- Learn to speak according to their \_\_\_\_\_

## 3. Be Gracious and Attractive with Conversation

*Colossians 4:6 "Let your conversation be gracious and attractive so that you will have the right response for everyone." (NLT)*

- Conversation that has a sweet \_\_\_\_\_

- Conversation that is correct for the \_\_\_\_\_

*“you will have the right response for everyone.”*

*Proverbs 25:11 “Like apples of gold in settings of silver is a word spoken in right circumstances.” (NASB=New American Standard Bible)*

#### **4. Remove Everything Unwholesome**

*Ephesians 4:29 “Do not let any unwholesome talk come out of your mouths...” (NIV)*

- Remember which \_\_\_\_\_ we live for
- Remember our words reveals my relationship  
\_\_\_\_\_

*Ecclesiastes 5:6 “Don’t let your mouth make you sin...” (NLT)*

*Ephesians 4:29-30 “Do not let any unwholesome talk come out of your mouths... And do not grieve the Holy Spirit of God...” (NIV)*

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#### **Discussion Questions:**

1. Discuss the power of words. Share words you remember (the good and the bad) from years ago. Discuss why these words have so much power.
2. To love with our words we have to speak truth. In what ways do we often hide from the truth with one another?
3. How do we use our words to build each other up? Share some examples from your own life where someone did this for you? What was the impact of this?
4. How can our conversation be gracious and attractive? Why is this important?
5. Removing unwholesome communication requires a verbal filter. How do we create this so we can get better at filtering out unloving communication?

