

Let's first look at some of the traits of Jesus' humanity

1. He had a _____, mom (Mary) and a stepdad (Joseph), and brothers and sisters

Mark 6:3 "Then they scoffed, "He's just a carpenter, the son of Mary and the brother of James, Joseph, Judas, and Simon. And his sisters live right here among us..." (NLT=New Living Translation)

2. John the Baptist was _____ to Jesus

Luke 1:36 "Even Elizabeth your relative is going to have a child in her old age,..." (NIV=New International Version)

3. He had _____ emotions

John 11:35 "Then Jesus wept." (NLT)

Mark 14:33-34 ".....he began to be deeply distressed and troubled. "My soul is overwhelmed with sorrow to the point of death,..." (NIV)

Matthew 4:2 "After fasting 40 days and 40 nights, he was hungry." (NIV)

Mark 3:5 "He looked around at them angrily and was deeply saddened by their hard hearts. ..." (NLT)

Luke 10:21 "At that time Jesus was filled with the joy of the Holy Spirit,..." (NLT)

We want to establish that while Jesus was on earth he lived in His _____ but never stopped being _____

4. How was that possible?

Philippians 2:5-8 "Your attitude should be the same as that of Christ Jesus: Who, being in very nature God, did not consider equality with God something to be grasped. BUT made himself nothing, taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself and became obedient, even death on a cross!" (NIV 1985)

5. Why was it necessary for Jesus to live in His humanity?

Hebrews 2:14-18 "Since the children have flesh and blood, he too shared in their humanity so that by his death he might break the power of him who holds the power of death—that is, the devil—¹⁵and free those who all their lives were held in slavery by their fear of death. ¹⁶For surely it is not angels he helps, but Abraham's descendants. ¹⁷For this reason he had to be made like them, fully human in every way, in order that he might become a merciful and faithful high priest in service to God, and that he might make atonement for the sins of the people. ¹⁸Because he himself suffered when he was tempted, he is able to help those who are being tempted." (NIV 1985)

Hebrews 4:14-16 "Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. ¹⁵For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. ¹⁶Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need." (NIV 1985)

Jesus lived in His humanity so we would understand that when we pray to him, we are not praying to a God who can't relate to our suffering BUT to a God who has experienced suffering like we have and He can be a:

- Merciful, faithful high priest
- He can sympathize and empathize with us in our _____
- He understands our suffering because he has suffered in the same way and will extend mercy and grace to us in our _____

He had to die as a man in our place to redeem us from the curse of death and reconcile us to our heavenly Father.

- It couldn't be an _____ to die in our place
- It couldn't be an angel or a god to die in our place
- It had to be a _____

Romans 5:15-19 ¹⁵But the gift is not like the trespass. For if the many died by the trespass of the one man, how much more did God's grace and the gift that came by the grace of the one man, Jesus Christ, overflow to the many! ¹⁶Nor can the gift of God be compared with the result of one man's sin: The judgment followed one sin and brought condemnation, but the gift followed many trespasses and brought justification. ¹⁷For if, by the trespass of the one man, death reigned through that one man, how much more will those who receive God's abundant provision of grace and of the gift of righteousness reign in life through the one man, Jesus Christ!

¹⁸Consequently, just as one trespass resulted in condemnation for all people, so also one righteous act resulted in justification and life for all people. ¹⁹For just as through the disobedience of the one man the many were made sinners, so also through the obedience of the one man the many will be made righteous." (NIV)

- By the one-man sin entered the world and separated us from our Heavenly Father
- By the one-man Jesus Christ we are _____ to our heavenly Father and given eternal life

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DISCUSSION QUESTIONS:

1. How can Jesus understand your suffering?
2. How has Jesus suffered like you?
3. Why was it important for Jesus to live in His humanity and not live in the prerogatives of His deity?