

Do it with dopamine

Things I'm not passionate about but still need to do #adulthoodwithADHD

	ESSENTIAL TASK TO DO	REWARD AFTER	DONE!
1			<input type="checkbox"/>
2			<input type="checkbox"/>
3			<input type="checkbox"/>
4			<input type="checkbox"/>
5			<input type="checkbox"/>
6			<input type="checkbox"/>
7			<input type="checkbox"/>
8			<input type="checkbox"/>