

# Home declutter

SPRING	SUMMER
AUTUMN	WINTER

Tip: try 'body doubling' to get big tasks like this done. Declutter with a friend, and then help them in return.

## LIVING SPACE

- Books
- Burnt candles
- Knick knacks
- Old birthday cards
- Toys
- Art/sculpture
- Old throw rugs
- Stained cushions
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## BEDROOM

- Unused/old clothes
- Seasonal clothes
- Cables & cords
- Knick knacks
- Journals
- Books
- Under bed storage
- Accessories/bags/hats
- Unused shoes
- Jewellery/perfume

## KID'S ROOM

- Books
- Toys
- Knick knacks
- Old birthday cards
- Outgrown clothes
- Outdoor Games
- Art & craft
- School projects
- Handmade art on walls
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## BATHROOMS

- Appliances/cords
- Burnt candles
- Soap containers
- Shampoo/conditioner
- Bath toys
- Toilet roll refresh
- Old cosmetics
- Old toiletries
- Expired medicine
- Expired suncream

## KITCHEN

- Expired pantry items
- Expired fridge items
- Old freezer/deep freeze
- Worn cleaning clothes
- Worn dish towels
- Broken glasses/crockery
- Tupperware missing lids
- Broken serving dishes
- Broken/unused appliance
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## LAUNDRY

- Under laundry sink
- Expired cleaning products
- Toilet paper refresh
- Odd sock sort
- Storage de-clutter
- Mouldy wet-weather gear
- Vacuum cleaner
- Clean cycle washing mach.
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## GARAGE

- Bikes
- Skateboards
- Old tools
- Boxes of old stuff
- Cleaning products
- Old paint tins
- Fuel cans
- Car cleaning equipment
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## OFFICE

- Old pens/stationery
- Cameras, technology
- Cords & chargers
- Receipts
- Paperwork
- Unused notepads sort
- Unused craft items
- Business/self-help books
- Print ink
- Old batteries

## OUTDOORS

- Mower
- Gardening tools
- Hose
- Old pot plants
- Pet gear
- Trampoline
- Play equipment
- Outdoor furniture
- Hammock
- Camping/trekking gear

