

RULE YOUR SPIRIT

Proverbs 16:32 (ESV)

32 Whoever is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city.

Proverbs 25:28 (KJV)

28 He that hath no rule over his own spirit Is like a city that is broken down, and without walls.

Peter the Great

“Alas, I have conquered other nations, but I have not been able to conquer myself!”

Mark 8:36 (KJV)

36 For what shall it profit a man, if he shall gain the whole world, and lose his own soul?

Ecclesiastes 1:2

“Vanity of vanities! All is vanity”.

Ecclesiastes 12:13 (ESV)

13 The end of the matter; all has been heard. Fear God and keep his commandments, for this is the whole duty of man.

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Luke 24:49 (NKJV)

49 “Behold, I send the Promise of My Father upon you; but tarry in the city of Jerusalem until you are endued with power from on high.”

2 Timothy 1:7 (ESV)

7 for God gave us a spirit not of fear but of power and love and self-control.

1. Rule your ANGER.

Proverbs 14:17 (NKJV)

17 A quick-tempered man acts foolishly,

Proverbs 29:11 (ESV)

11 A fool gives full vent to his spirit, but a wise man quietly holds it back.

Proverbs 14:29 (ESV)

29 Whoever is slow to anger has great understanding, but he who has a hasty temper exalts folly.

Proverbs 15:1

“A soft answer turns away wrath”

2. Rule your ATTITUDE.

Philippians 2:5 (NKJV)

5 Let this mind be in you which was also in Christ Jesus,

Romans 12:2 (NKJV)

2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

Numbers 13:33

“There we saw the giants (the descendants of Anak came from the giants); and we were like grasshoppers in our own sight, and so we were in their sight.”

Numbers 13:30 (NKJV)

30 Then Caleb quieted the people before Moses, and said, “Let us go up at once and take possession, for we are well able to overcome it.”

3. Rule your ANXIETY.

Philippians 4:6–7 (NKJV)

6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Matthew 6:34 (NKJV)

34 Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.

1 Peter 5:7 (NKJV)

7 casting all your care upon Him, for He cares for you.

4. Rule your APPETITES.

Romans 6:12 (NKJV)

12 Therefore do not let sin reign in your mortal body, that you should obey it in its lusts.

Galatians 5:16 (NKJV)

16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.

5. Rule your ACTIONS.

James 1:22 (NKJV)

22 But be doers of the word, and not hearers only, deceiving yourselves.

Proverbs 3:15

“The wise shall inherit glory, but SHAME shall be the legacy of fools.”