

Questions for Personal Study or Group Discussion

Open

- Have you ever been “let off the hook” when you knew that you deserved punishment? How did you feel toward them? How did you feel about yourself?

Read

- Romans 8:1-11

Observe

- How would you explain the gospel to someone who believes that they aren’t “good enough” for God (vv.1-4)?
- How does “no condemnation” (v.1) relate to “justification” (3:24; 5:;1)?
- How does Paul distinguish between living according to the sinful nature and living according to the Spirit? How do each of these relate to the law of God that Paul has been writing about (vv.5-11)?

Apply

- What do you think are signs of someone who is living with no condemnation? Do you see those signs in your own life?
- Do you ever feel guilt or unworthiness? What do you think is behind those feelings? What truths do you see in Romans 8:1-11 that can help you handle those feelings?

Prayer

Father, in these verses, you say that I am free from condemnation. You speak of the confidence I can have through the finished work of Jesus. If I’m honest, even though I belong to Christ, I sometimes feel that I’m not “good enough” for the grace you have extended to me. I sometimes think I have to fulfill the law, to earn that grace. Help me live joyfully in the knowledge that you have declared me justified in your sight. Amen. Amen.