WORLDVIEW

Session Six

Family of Christ Lutheran Worldview Study

THEME

Our sexuality is a gift from our Creator, not the foundation of our identity. Christians receive God's good design, repent of sexual sin, and find their deepest identity and hope in Jesus Christ.

Key Verses

Mark 3:20–35

Sexuality
Body, Identity, Marriage, and God's Good Design

Key Question: Who gets to define us—our feelings, desires, culture, or God's Word?

1. Who Gets to Define Us?
Read: Mark 3:31–35

Discuss

- Why is the question of authority important before discussing sexuality?
- What voices most influence how people understand identity today?
- What does it mean to allow Scripture to correct our understanding of ourselves?

2. God Created Us Male and Female
Read: Genesis 1:26–28

Key Point: Sexuality is a good gift from God—but it is not God. A good gift can be misused.

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Discuss

- What does Genesis 1 teach us about the relationship between our bodies and our identity?
- Why is it important to affirm both the goodness of sexuality and its proper place?
- How can Christians talk about the body without either idolizing sexuality or treating sexuality as something inherently evil?

3. Marriage and Sexuality in God's Design
Read: Genesis 2:18–25; Matthew 19:4–6

Discuss

- Why does Jesus ground marriage in creation?
- What is the difference between viewing sex as a good gift and treating sex as the ultimate good?
- What does God's design for marriage teach us about love, commitment, and self-giving?

4. The Law: Sin Corrupts God's Good Gifts
Read: Matthew 5:27–28; 1 Corinthians 6:18–20

Discuss

- Why is it dangerous to focus on another person's sexual sin while ignoring our own?
- How does Jesus' teaching about lust broaden our understanding of sexual sin?
- Why should discussions of sexuality lead us toward humility rather than self-righteousness?

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5. Our Sexuality is Not Our Identity
Read: Colossians 3:1–10; Galatians 2:20

We are not merely: Our desires, Our temptations, Our sexual history, Our failures, Our relationship status. For the Christian, our deepest identity is found in Christ.

We are: Created by God. Sinners who need grace. Baptized into Christ. Forgiven children of God. A Christian may struggle with powerful desires without allowing those desires to become his or her identity or authority.

Discuss

- What is the difference between experiencing a temptation and choosing to act on it?
- How does our identity in Christ give us freedom from being defined by our struggles?
- Why is this important when ministering to people who struggle with sexual sin?

6. The Gospel: Christ for Sexual Sinners
Read: 1 Corinthians 6:9–11

Discuss

- Why is “Christ came for sinners” good news for everyone?
- Why must the Gospel accompany the Church's teaching about sexual morality?
- How does forgiveness in Christ change the way we talk to people struggling with sexual sin?

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7. The Means of Grace - Christ Keeps Us in His Grace

Discuss

- How does Baptism shape the way we understand identity?
- How do God's Word and Sacraments give hope to someone struggling with sin?
- Why is it important that sanctification is God's work in us rather than simply our own self-improvement?

8. Truth and Love

Read: Ephesians 4:15

Discuss

- What does it look like to speak biblical truth without being cruel?
- What does it look like to show genuine love without compromising Scripture?
- How can the church become a place where people can honestly confess their struggles and hear the Gospel?

FINAL DISCUSSION WHO GETS THE FINAL WORD?

Consider these questions:

1. When my feelings say one thing and Scripture says another, who gets the final word?
2. When my desires say one thing, and Jesus says another, who gets the final word?
3. When culture says one thing and God's Word says another, who gets the final word?
4. When I fail, where do I go for forgiveness?

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Discuss

- What does our answer to these questions reveal about our worldview?
- Where are we most tempted to make ourselves the authority?
- Where do we need to repent?
- Where do we need to hear the Gospel more clearly?
- How can our congregation help people pursue sexual faithfulness without shame, compromise, or self-righteousness?

Takeaway

Created by God: Our bodies and sexuality are God's good gifts.

Broken by Sin: Our desires and behaviors are affected by the Fall.

Redeemed by Christ: Jesus died and rose to forgive sinners.

Claimed in Baptism: Our deepest identity is found in Christ.

Strengthened by His Word and Sacraments: The Holy Spirit sustains us through the Means of Grace.

Called to Faithfulness: We receive God's design, repent when we fail, and seek to live faithfully in Christ.

Our sexuality is not our savior. Our desires are not our lord. Our past does not have the final word. Jesus does.