

WEEK 37 STUDENT WORKBOOK

THE BODY OF CHRIST

Believers form one body.

An interactive self-paced workbook for
Scripture engagement, reflection, prayer,
and faithful participation in Christ's body.

1 CORINTHIANS 12 | EPHESIANS 4:1-6
PSALM 127 | JOHN 17 | PSALM 84

THE CRUCIBLE'S FIRE



The Body of Christ

WEEK 37 INTERACTIVE STUDENT WORKBOOK

BELIEVERS FORM ONE BODY.

A five-day guided study for receiving unity as God's gift, participating faithfully in Christ's body, and centering shared life on God Himself.

NAME

WEEK OF

Use this workbook alongside the approved Week 37 devotionals. Read each assigned passage in full, move slowly through the questions, and answer honestly before the Lord.

WEEK 37 ORIENTATION

A Guided Study of Life as Christ's Body

MAIN GOAL

Teach unity as spiritual reality.

CORE TEACHING

Believers form one body.

BEGIN WITH THE BIBLICAL STORY

Before the church can stand faithfully against opposition, it must understand who it is. One Spirit has joined believers to Christ and to one another. This week moves from receiving that unity, to releasing anxious control, to living visibly as one people gathered around the presence and reign of God.

FIVE-DAY JOURNEY

DAY	FOCUS
D1 STORY	God forms diverse members into one body by one Spirit.
D2 WORLDVIEW	Unity is received in Christ and guarded with Spirit-formed character.
D3 HEART	God is the Builder; faithful service trusts Him with outcomes.
D4 WAY	Truth-shaped, visible unity serves Christ's mission.
D5 WORSHIP & RESPONSE	God Himself is the center and treasure of our shared life.

BEFORE YOU BEGIN

When you hear 'the body of Christ,' do you first picture an event, an organization, a relationship, or a spiritual reality? What might change if you saw other believers as people God has joined to you?

Write your response here.

DAY 1 | THE STORY

You Are the Body of Christ

TODAY'S READING: 1 Corinthians 12

KEY VERSE | 1 CORINTHIANS 12:27 | CSB

"Now you are the body of Christ, and individual members of it."

DEVOTIONAL FOCUS

Paul does not offer the body as a sentimental illustration. He describes a Spirit-created reality. Different gifts and members belong to one body, and no member is disposable or self-sufficient. In Christ, believers belong both to Him and to one another.

ENGAGE THE TEXT

1. Read 1 Corinthians 12:4-13. What varieties does Paul name, and what repeated truths show their common source?

Type or write your response here.

2. Read verses 14-26. What does Paul say to the member who feels unnecessary and to the member who believes others are unnecessary?

Type or write your response here.

DEEPER WORK

Where are you tempted to compare your place in Christ's body with someone else's? Name one believer whose gifts or presence you need to receive as God's provision. Let the passage confront both inferiority and self-sufficiency.

Type or write your response here.

FINISH THIS SENTENCE: *Being part of Christ's body means I need*

_____.

PRAY

Father, thank You for making me part of Christ's body. Root out pride, comparison, and self-sufficiency. Teach me to receive Your people as gifts and to serve faithfully in the place You have provided. Amen.

DAY 2 | THE WORLDVIEW

The Unity We Receive

TODAY'S READING: Ephesians 4:1-6

KEY VERSE | EPHESIANS 4:3 | CSB

"Making every effort to keep the unity of the Spirit through the bond of peace."

DEVOTIONAL FOCUS

The church does not manufacture unity from human similarity. The Spirit has already joined God's people together in Christ. Believers are called to guard that gift through humility, gentleness, patience, love, and peace because they share one body, one Spirit, one Lord, one faith, one hope, one baptism, and one Father.

ENGAGE THE TEXT

1. Read Ephesians 4:1-3. Which Spirit-formed qualities accompany the command to keep unity? What does each quality contribute to life together?

Type or write your response here.

2. Read verses 4-6. List Paul's repeated 'one' statements. Which one most clearly reminds you what holds the church together?

Type or write your response here.

DEEPER WORK

Where are you tempted to define another believer by a preference, background, tradition, or disagreement before recognizing your shared belonging to Christ?

Choose one posture from verses 2-3 to practice in that relationship.

Type or write your response here.

FINISH THIS SENTENCE: *The truth I need to remember about Christ's church is*

_____.

PRAY

Father, thank You for bringing Your people together as one in Jesus. Forgive me when I make my preferences larger than the unity You have given. Form humility, gentleness, patience, love, and peace in me. Amen.

DAY 3 | THE HEART

Unless the Lord Builds It

TODAY'S READING: Psalm 127

KEY VERSE | PSALM 127:1 | CSB

"Unless the LORD builds a house, its builders labor over it in vain; unless the LORD watches over a city, the watchman stays alert in vain."

DEVOTIONAL FOCUS

Psalm 127 places human labor under God's rule. Builders still build and watchmen still watch, but their work becomes empty when they act as though everything depends on them. Christ is the Head of His body. Our calling is faithful participation, not anxious control of every outcome.

ENGAGE THE TEXT

1. Read Psalm 127:1-2. What work is described, and what repeated word shows the result when the Lord is treated as unnecessary?

Type or write your response here.

2. How does verse 2 contrast anxious toil with receiving sleep from God? What does that contrast reveal about trust?

Type or write your response here.

DEEPER WORK

Name one responsibility you are carrying as though its outcome depends entirely on you. Sort your response into faithful responsibility and the outcome that belongs to God. *Work diligently where God has called you; release the role only He can carry.*

MINE TO DO

Type or write here.

GOD'S TO HOLD

Type or write here.

FINISH THIS SENTENCE: *One thing I need to stop carrying as though it all depends on me is*

_____.

PRAY

Father, You are the Builder of Your people. Forgive me for carrying Your work as though it were mine alone. Teach me to serve diligently, rest humbly, and trust You with what I cannot control. Amen.

DAY 4 | THE WAY

One So the World May Believe

TODAY'S READING: John 17

KEY VERSE | JOHN 17:21 | CSB

"May they all be one, as you, Father, are in me and I am in you. May they also be in us, so that the world may believe you sent me."

DEVOTIONAL FOCUS

Jesus prays for those who will believe through the apostles' message. The unity He seeks is anchored in truth and participation in the life of the Father and Son. As believers live out that unity visibly, their shared life bears witness that the Father sent the Son.

ENGAGE THE TEXT

1. Read John 17:17-23. What does Jesus ask the Father to do, and what purposes does He connect to His people's unity?

Type or write your response here.

2. What in Jesus' prayer keeps unity from becoming mere agreement or unity at any price? Point to words or phrases in the passage.

Type or write your response here.

DEEPER WORK

Where is Christ-given unity asking something costly of you? Name one concrete act of truth, forgiveness, listening, service, or reconciliation you can take this week.

Make the step specific: identify the person or setting, the action, and when you will begin.

Type or write your response here.

FINISH THIS SENTENCE: *This week I can make our unity more visible by*

_____.

PRAY

Father, make the unity You have provided visible in my everyday life. Keep me anchored in truth and shaped by Your love. Give me courage to pursue peace, humility to listen, and grace to love Your people well. Amen.

DAY 5 | WORSHIP & RESPONSE

At Home in His Presence

TODAY'S READING: Psalm 84

KEY VERSE | PSALM 84:10 | CSB

"Better a day in your courts than a thousand anywhere else. I would rather stand at the threshold of the house of my God than live in the tents of wicked people."

DEVOTIONAL FOCUS

Psalm 84 brings the week to its center: God Himself is the greatest gift of life with His people. The church is not finally held together by shared preferences or programs, but by belonging to the Living God. In the wider New Testament story, His Spirit dwells among His gathered people.

ENGAGE THE TEXT

1. Read Psalm 84. What words and images express longing for God, delight in His dwelling place, and confidence in His goodness?

Type or write your response here.

2. What comparison does verse 10 make? What does it reveal about the psalmist's deepest treasure?

Type or write your response here.

DEEPER WORK

What do you most desire from life with God's people? How might your relationships change if your deepest shared desire became to know, enjoy, and honor God together? *Let your response become worship, not merely an assessment of church life.*

Type or write your response here.

FINISH THIS SENTENCE: *What I most want to enjoy with God's people is*

_____.

PRAY

Father, You are our greatest treasure. Thank You for drawing us near and giving us one another. Center our life together on You, and make us a faithful glimpse of the new creation You are bringing. Amen.

WEEKLY SYNTHESIS

One Body, One Lord, One Shared Life

Look back across the week. Keep your answers rooted in the passages you have read.

1. What has this week shown you about who creates and sustains the church's unity?

Type or write your response here.

2. How do 1 Corinthians 12 and Ephesians 4 hold together meaningful difference and genuine oneness?

Type or write your response here.

3. Where has Psalm 127 exposed pride, fear, comparison, or anxious control in the way you serve?

Type or write your response here.

4. What could truth-shaped, visible unity look like in one relationship or setting this week?

Type or write your response here.

WEEKLY SUMMARY

One Spirit forms believers into one body under Christ, its Head. Unity is received before it is maintained. Faithful members serve without trying to become the whole body, guard the bond of peace, make Christ's reconciling work visible, and gather around God as their greatest treasure.

FINAL REFLECTION

How Will You Participate?

Answer honestly and briefly. You are not promising outcomes you cannot control. You are naming one faithful response within the body God has formed.

1. What truth about your place in Christ's body do you most need to carry forward?

Type or write your response here.

2. Whose gifts, presence, or perspective do you need to receive with greater gratitude?

Type or write your response here.

3. What responsibility can you release back to God while still serving faithfully?

Type or write your response here.

4. What specific act of truth, forgiveness, service, reconciliation, or shared worship will you practice this week?

Type or write your response here.

CLOSING PRAYER

Father, thank You for joining us to Christ and to one another by Your Spirit. Root out pride, comparison, isolation, and anxious control. Teach us to receive one another as gifts, to guard the unity You have given, and to live truthfully and lovingly before the watching world. Center our shared life on You, our Builder and our greatest treasure. Amen.

PRAYER AND NOTES

Continue the Conversation with God

Use this space for prayers, Scripture observations, questions, names of people to encourage, or commitments you want to revisit.

Type or write your response here.

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