

Loomis UCC Plastic-Free July Challenge*		
<b>Learn</b>	<b>x</b>	<b>Week 1</b>
		Watch Frontline: Plastic Wars (PBS video - released Mar 2020)
		Watch: The Plastic Detox (Apr. 2026, Netflix)
		Watch The Story of Plastic (The Story of Stuff Project video– released Mar 2020)
		Read: The Year With No Garbage
		Collect all the single-use plastic you throw away for one week
		Touch Journal - name the plastic you touch in one day
		Visit the Placer County Materials Recovery Facility (The Murf)
<b>Refuse</b>		<b>Week 2</b>
		Choose products in glass containers
		Refuse fresh fruits/vegetables wrapped in plastic or in clamshell containers
		Shop at your local farmer’s market or butcher shop to avoid pre-packaging
		Avoid single-use packages of snacks, nuts, chips, etc.
		Bring your own containers for restaurant take-out
		Give your business to companies that use plastic-free packaging, and then thank companies for using plastic-free packaging
		Make your own yogurt, salad dressings, bread, cleaning products, ketchup
<b>Reduce</b>		<b>Week 3</b>
		Eliminate use of products with plastic containers when possible
		Eliminate the single serving plastic beverage container habit
		Replace plastic coffee pods with refillables
		Bring your own containers for restaurant take-out
		Visit your local Refillery or bulk food outlet
<b>Social Justice</b>		<b>Week 4</b>
		Visit <a href="https://www.breakfreefromplastic.org/policy/">https://www.breakfreefromplastic.org/policy/</a> to learn about national legislation
		Learn about Extended Producer Responsibility at <a href="https://www.beyondplastics.org/legislation">https://www.beyondplastics.org/legislation</a>
		Follow up on California Circular Economy and Plastic Pollution Reduction Act (failed 2021)
		Follow up CA SB54 Extended Producer Responsibility Act <a href="https://calrecycle.ca.gov/packaging/packaging-epr/">https://calrecycle.ca.gov/packaging/packaging-epr/</a>
		Join the Loomis UCC Earth Justice Team (ginny@LoomisUCC.org)
<b>Other</b>		What other ideas do you have?

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