

VBS Dinner Menu

Kingdom Quest 2026 • July 7-9 • Dinner served during rotations

We are keeping dinner simple, kid-friendly, and easy for little ones to eat. Water will be served each night, and fruit will be cut into age-appropriate pieces.

Night	Main Dinner	Fruit Side
Night 1	Cheese quesadillas Optional chicken quesadilla pieces for older kids	Watermelon sticks or mandarin oranges
Night 2	Chicken nuggets Served with a simple dipping sauce on the side	Strawberries + blueberries Grapes only if cut lengthwise
Night 3	Short pasta bowls Butter/cheese or marinara on the side	Apple slices or fruit cups

Parent Notes

- Please list allergies or dietary needs at registration. If your child has a severe allergy or specific dietary need, please send a labeled dinner with them.
- Fruit will be served in kid-friendly portions. For younger children, round foods such as grapes will be cut lengthwise or avoided.
- Menu items may be adjusted slightly based on attendance and availability, but we will keep dinners simple and child-friendly.
- Water will be available each night. Please send a labeled water bottle with your child.

VBS Dinner Goal: familiar foods, easy cleanup, easy chewing for little ones, and enough fruit to keep dinner fresh.