



WEEK 3: BREAKING BAD CYCLES – DAILY DEVOTIONALS

DAY 1: READ ROMANS 12:21

How can we live out this verse daily in our lives? Ask God for insight and for help in how you can overcome the bad in your life and replace it with good.?

MY ACTION STEPS:

DAY 2: READ 1 CORINTHIANS 10:13

Does this verse encourage or discourage you? How does God provide ways out of temptation?

MY ACTION STEPS:

DAY 3: READ 1 JOHN 1:9

Confessing our sin and then accepting God's forgiveness is key to breaking negative cycles. Take a few minutes to admit your mistakes to God; and , then, rest in the knowledge that you are forgiven.

MY ACTION STEPS:

DAY 4: READ 1 JOHN 2:17

What are the desires of the world? How are they different from the will of God?

MY ACTION STEPS:

DAY 5: READ JAMES 12:1

If you are struggling to change negative patterns and receiving resistance from other people, ask Jesus to help you persevere in following Him. Spend a few minutes meditating on this passage and thanking God for the blessings He promises.

MY ACTION STEPS:

DAY 6

Write down any thoughts God has put in your heart and mind about the things we have looked at in this session and during your Daily Devotions this week.