



★ THIS IS ★ LEGACY

WEEK 3

LEAVING A LEGACY OF FAITH TO THOSE WHO COME BEHIND YOU

WEEK 3: BREAKING BAD CYCLES – DISCUSSION GUIDE

Some of us grew up wearing a lot of hand-me-downs. Perhaps these used clothes came from an older brother or sister who outgrew them, or maybe your mom swapped clothes with other moms who had kids your age. One of our friends regularly received bags of clothes from another girl at church who was three years older. She said it was like Christmas - there was always at least one great find in each bag. On the other hand, anyone who's received hand-me-downs knows there are also items you just don't want: the pants two sizes too small, the shirt with a band name on it that isn't popular any more, the winter hat that you hated wearing. Just because someone wanted to give you something doesn't mean you always wanted to receive it.

The same is true with the values, attitudes and beliefs that are handed down to us. As we've discussed the last two weeks, our family and friends may have gifted us with an amazing spiritual legacy. But we've probably also inherited some negative patterns and destructive habits. In this lesson, we'll talk about how to discern what we should keep and what needs to go, as well as how we can create new patterns that honor God.

LET'S GET STARTED

- ★ Did you get many hand-me-downs as a kid? Did you hate it or enjoy it?
- ★ What's the hardest habit you've ever tried to break?
- ★ What's a habit you wish was a part of your life?

HEAR GOD'S STORY

READ 2 CHRONICLES 34:3-5

- ★ What are some of the ways you have successfully formed a new habit or added a new priority to your life?
- ★ What's something that was the "norm" in your household growing up that you now recognize was not so great? Have you carried on those patterns in your life today?
- ★ King Josiah inherited a spiritual mess from his father and grandfather. What does their story teach us about cleaning up the messes we have inherited? How does that encourage you?
- ★ What does it mean to seek God like Josiah did? How would your life change if you began seeking after Jesus more intentionally?
- ★ Finding the scriptures gave Josiah the knowledge of what God expected and how the kingdom needed to change. How can spending time reading God's Word give us insight into your own life?

CREATE A NEW STORY

- ★ In the video, Jim said "part of leaving a faithful legacy is examining your life and breaking negative cycles." What cycles do you need to break?
- ★ What are some positive patterns you want to be sure to pass on to others? What are some practical steps you can take to begin creating these new habits?
- ★ How do your habits contribute to your legacy?

DIGGING DEEPER

- ★ Read Hebrews 12:1-3.
 - ★ How does being "watched by witnesses" make you feel?
 - ★ What sins have often hindered or entangled you?
 - ★ How would your life change if you began to live for an Audience of One – Jesus?
- ★ Read Ephesians 4:22-24.
 - ★ What's one thing you've been taught by a Bible study or by a spiritual mentor that you need to incorporate into your life?
 - ★ How can desires deceive us?
 - ★ How do our attitudes affect our spiritual growth?
 - ★ We were created to be like Jesus! How does knowing His plan for you give you hope in following Him?