



WEEK 4: MOUNT OF TEMPTATION JESUS OBEYS



WELCOME

- If you could meet an Old Testament person who would you choose?

LET'S WATCH THE VIDEO

Notes: _____

ASK IMPORTANT QUESTIONS

1. **Read Matthew 3:13 – 4:17.** What areas of temptation do you regularly face? When are you most vulnerable? (Tired, lonely, discouraged, stressed, successful, etc.)
2. Do you know enough scripture to fight temptation with God's Word?
3. For those who have significant scripture memorized, how did you do it?
4. How has God used a wilderness season to strengthen your faith?
5. What temptation do you need to stop fighting alone? Are you ready to share with a trusted friend for accountability/encouragement?

IF YOU HAVE MORE TIME...

6. Temptation may be hardest to resist when it's something we really want/need? Why? How can we tell when we're resisting the wrong way?
7. **Read James 1:13–15.** Jim and Jen make a distinction between God's "testing" and Satan's "tempting." How do these verses help you understand the difference? Why do you think it is important to do so?
8. **Read Hebrews 4:15–16.** Do you ever try to sugar coat your struggles or feelings with God? How can knowing that Jesus Himself experienced temptation change the way you approach Him when you are struggling?