

## HIGHLIGHTS FOR THE MONTH



### MVCC MEETS AT 9AM & 11AM! COME JOIN US!

Come worship with us on Sundays. We also offer LIVE online services simply by going to our website at [mvcchome.org](http://mvcchome.org) and click on the [Watch online](#) box. Hope to see you all!

### WHAT'S HAPPENING AT MVCC THIS MONTH:

**September 28:** Start of Next Steps 6:30-8PM, 7 week course  
**October 25:** Prayer Night, 7PM



### BIRTHDAY CELEBRATION, OCTOBER 6TH

We love all our Young at Heart family! And we love to celebrate their birthdays as well! Please take a moment to **CALL, SEND A CARD** or **TEXT** birthday wishes to our wonderful friends at Young at Heart. A very happy birthday to you all!



### CHRISTIAN CHAIR YOGA FOR SENIORS! OCTOBER 13TH, 11:30AM-12:30PM

Round TWO: Right after Young @ Heart we will convert our room for a good 60 minute session of Chair Yoga. Christian Chair Yoga focuses on Jesus Christ through prayer and worship songs as you stretch your bodies. Our instructor, Karen is a member of MVCC and has been teaching Chair Yoga to folks of all ages. You are going to love it! **Sign up today!**



### LUNCH BUNCH AT LUCILLE'S SMOKEHOUSE BBQ! OCTOBER 20TH, 11:30AM

Right after Young @ Heart we will head out to **Lucille's BBQ**, with the best BBQ & Sweet Tea in town. They are right off Rockfield and El Toro Road in Lake Forest. We will be sitting inside and enjoying lunch together. Their portions are large so I suggest you might consider sharing a with a friend. **Sign up today!**



### YOUNG AT HEART HARVEST HOEDOWN & BBQ! OCTOBER 27TH, 10:45AM-12:30PM

It's time to dress up in your favorite western attire or costume & come have fun at the **Y@H Harvest Hoedown & BBQ!** We're planning for **FANTASTIC FOOD & LOTS OF FRIENDS!** Dress up Contest, Cornhole King/Queen, Best Homemade Dessert contest, Photo Op, and lots more fun! So invite a friend to join us on this day! **Lunch is \$8.00 person.**

**Address:** 23760 El Toro Road, Lake Forest 949-581-7427

### YOUNG AT HEART...WHERE FRIENDS BECOME FAMILY

Young at Heart meets  
 Thursdays from 9:30AM-11:00AM

**BRING A FRIEND... They are Always Welcome!**

For more info, contact Mary at  
[Maryokida@gmail.com](mailto:Maryokida@gmail.com) or 949-933-6521



27192 Jeronimo Road, Mission Viejo, CA

[www.mvcchome.org](http://www.mvcchome.org)

Sunday Services @ 9 & 11AM

Sunday Service live ONLINE



YOUNG AT HEART MINISTRY OF MISSION VIEJO CHRISTIAN CHURCH

OCTOBER 2022

### UPCOMING EVENTS

#### OCTOBER BIRTHDAYS

Annette Leinen	8
Diane Lemonds	17
Jan Buchanan	20
Jim Chastain	22
Shirley Saunders	22
Bill Foster	23
Jeanne Bellezzo	24

### MARK YOUR CALENDAR

**OCTOBER 6TH**  
 BIRTHDAY CELEBRATIONS

**OCTOBER 13TH**  
 CHRISTIAN  
 CHAIR YOGA  
 11:30AM-12:30PM

**OCTOBER 20TH**  
  
 LUNCH BUNCH AT

23760 EL TORO ROAD  
 LAKE FOREST  
 949-581-7427

[www.mvcchome.org](http://www.mvcchome.org)

### TRICK AND TREAT

I know that somewhere as you read this you will think "this is silly." I know it is but try to get the message and ignore my poor use of humor.

It's October and of course we think of Halloween. I'm not a big fan of this holiday but I do remember going into my neighborhood with a pillow case and getting it half full of candy bars, homemade cookies, (unwrapped) and a little money. Of course, if we stayed home our pillow case would remain empty. God is in the business of Trick AND Treat. He calls it "faith/obedience and blessing."

The word trick has at least two meanings. An example would be the phrase "the trick" to get a "treat" is to threaten to do a "trick" if you don't get a "treat". Or this example: "the trick (method) to catch fish (the treat), in this lake is to use a worm."

I am so glad God tells us what exactly the "trick" is to get a "treat," (a blessing). So it's "trick" AND "treat" with God and His blessings. Check out the following scriptures and see if you can find the "trick" to get the "treat."

**James 4:2:** *You have not, because you ask not.* (Get it? The trick is to ask and the treat is to have).

**Mark 11:24:** (NRSV) *So I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.*

**Psalm 37:5:** (NRSV) *Take delight in the LORD, and he will give you the desires of your heart. Commit your way to the LORD; trust in him, and he will act.* (double tricks and treats).

**1 Peter 5:7:** (NIV) *Cast all your anxiety on him because he cares for you.*

**John 15:7:** (NRSV) *If you abide in me, and my words abide in you, ask for whatever you wish, and it will be done for you.*

**Psalm 86:6-7:** (NRSV) *Give ear, O LORD, to my prayer; listen to my cry of supplication. In the day of my trouble I will call on you, for you will answer me.*

#### Final Thoughts:

Worldly treats are temporary, God's treats are eternal.

All the promises (treats) of God are yes and amen and the "trick" to receive them is an "open book" ...The Bible.

Be blessed as you (trick) and (treat) with God,

Pastor Don Silber



## LEGACY—PASTOR MIKE MAIOLo

The older I get, the more I'm aware of those brothers and sisters in Christ who have walked with the Lord for many years. I admire the legacy they leave. Legacy is about living a life that illuminates the path for others to follow. MVCC began its Young at Heart ministry 32 years ago. Enjoying abiding fellowship, senior believers serve God, study the Word, and share life together.

We learned the inestimable value of the Young Heart when we lived in Hawaii. There were so few retirees. Our church had a hole.

Sharing our triumphs over trials encourage those who walk behind us. Celebrating our wisdom for God's glory is a benefit of a life well lived. Growing in love, knowledge, and grace has no end. Our faithfulness guides those who follow like a riverbank guides a river.

Three things I want to encourage you with:

**Pray about sharing your life story.** Think about your life before you met Jesus, how you accepted the Lord, and how your life has been since that decision -*The good, the bad and the beautiful.*

**Watch for opportunities to share your life story.** Your grandchildren are the first ones that come to my mind. My father would tell my sons all about his life's struggles, joys and challenges of growing up. He talked about how he got his first jobs: delivering newspapers and being a gandy dancer (railroad worker). He told them how he gave all the money he earned to his mother, and what it was like to live in a shack by the train tracks. My children cherish those stories, and the lessons behind them.

**Point to Jesus.** I believe this younger generation wants to see authenticity in the older ones. They can relate not only to your successes, but your failures, and struggles as well.

My mother kept a book over the years that she wrote in called "A Grandmother's Legacy to her children." She recorded her life experiences and then passed them on to our family. We treasure it.

I want to emphasize your importance. Your story matters. – Tell it!

Love you all, Pastor Mike Maiolo

## HERE'S WHAT'S HAPPENING



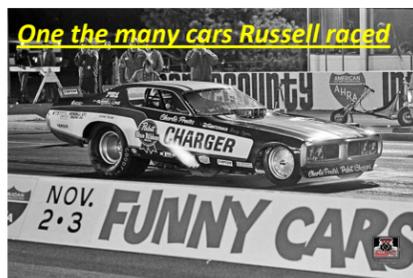
**Sharen Tait** with her family.... Nice looking bunch, don't you think?



**Richard Okida** in awe of the beautiful little miracle God has blessed #teamokida with. **RT:** Kamrie sporting her very first dress at three weeks of age and just over 6 lbs.



**Pat Merritt** out celebrating with friends at dinner! Given she doesn't eat dessert, she blew out the candle on fruit!



Memorial Service for **Russell Long** Nov. 5th 10AM at MVCC

## OUR OCTOBER BIRTHDAY FRIENDS ARE SO OUTSTANDING!

Annette Leinen



Diane Lemonds



Jan Buchanan



Jim Chastain



Shirley Saunders



Bill Foster



Jeanne Bellezzo



**Y@H & friends head to the Movies!** After a visit to In-n-Out for a burger animal style, we headed off to the movies! It was a fun afternoon, complete with a freak thundershower!



Mother-Daughters time! **Nancy Ellis** with her daughters, **Cindy Spiker** & **Jill McClean**



**Kathy Garrett** celebrating another candle on the birthday cake! You look MAH-VEL-US!



**Charlie Buffaloe** is still in disbelief he won a prize! Thanks **Michele Hoffman** for lending a hand in his victory!

## THANKFUL PUMPKIN

### THIS YEAR CONSIDER A NEW TRADITION... A THANKFUL PUMPKIN!

How often do you get caught up in the craziness of the holidays without taking the time to slow down and refocus your heart on the things that are important, like being thankful? Consider this idea: use a pumpkin as a place to write down the things you/your family are **thankful for**, and simply call it, the Thankful Pumpkin. It's a tradition every person needs in their lives this month. Throughout the day, pick up your pumpkin and write down things you are thankful for with a permanent marker. Let's use this month of October to have a thankful spirit. **Today, you will get a pumpkin to begin the process. Try doing this each day in October and bring your "Thankful Pumpkin" back on Thursday, October 28th to show others.**



## MATTHEW 28:19-20

Our MISSION at MVCC focuses on the big picture...  
**"Reaching people with the Good News of Jesus Christ to make disciples who make disciples."**

### REAL. LOVE. ON MISSION.

A vibrant Church where REAL discipleship happens, where LOVE is on display and lives are released ON MISSION for Christ!

Please join us in person on Sundays  
 @ 9AM & 11AM at MVCC or live online Sundays

### BEST WAY TO STAY CONNECTED WITH US!

Many communications are sent via email, text or calls, so please keep us informed if your info changes! Be sure to read your Heartbeat Newsletter to see how you can worship & connect with friends at Young at Heart & MVCC.

Send your phone, email, address updates or photos to:  
 949-933-6521 [Maryokida@gmail.com](mailto:Maryokida@gmail.com)