



# ALL SAINTS

## LUTHERAN CHURCH

# NEWSLETTER

March 2026

## WHAT WE'VE RECEIVED

During the adult study I led in January and the first part of February, we were reminded of Paul's question to the Corinthians (1 Corinthians 4:7): "What do you have that you did not receive?"

We have received so much.

So many people over the course of our lives have invested time in nurturing and assisting us, either directly or indirectly. So much of what we possess, what we have accomplished, or what we give thanks for today, would not be possible without the heart and sweat contributed on our behalf. Communities are formed and sustained because people come together to care and contribute to life together.

In truth, is there anything we have, that we did not receive... in some way... whether from people in the present or past, or ultimately from our creator?

Understandably, much of our focus day to day is what we are accomplishing, what we are building or making or initiating. But, there are moments when we pause and we reflect on someone who impacted us in our past, or a notable leader of another era, and we realize just how indebted we are. When it comes to so much of what we inherit in this way, there is no bill due for it—at least not in any legal or concrete form that we will receive.

And yet, the very recognition of what we have received so often inspires us to want to pay it forward somehow. I feel this in so many ways today. I realize that I am likely past my midway point in ministry. I've learned so much and gained so much perspective that I wish I had when I started. But, that's the nature of life. I want to ensure that I offer what I can with my time, to the best of my ability, and for whatever it's worth!

There are times when we also take so much for granted. We assume that a community or society will just work in a basic way. Anytime that basic freedoms or justice or health is in question, we gain appreciation.

As we approach Holy Week this month, I am grateful for the stories of scripture, the good news that we have to share, and the hope our faith offers to us and our community once again. In new moments in our personal lives and in history, these stories come alive in new ways and remind us of how much we have received as a gift, as ones created and loved by God.

Thank you for all that you contribute to this life together!

*Be well,  
Pastor Jon*

## MARCH EVENTS

- 1st Bonhoeffer, Faith and Purpose Study, 11am
- 4th Lenten Community Supper, 5:45-6:45pm
- 4th Holden Evening Prayer Service, 7pm
- 8th Bonhoeffer, Faith and Purpose Study, 11am
- 11th Lenten Community Supper, 5:45-6:45pm
- 11th Holden Evening Prayer Service, 7pm
- 13th Parents Night Out, 5:30-8:30pm
- 15th Bonhoeffer, Faith and Purpose Study, 11am
- 18th Lenten Community Supper, 5:45-6:45pm
- 18th Holden Evening Prayer Service, 7pm
- 22nd Creation Care Meeting, 9am
- 22nd Bonhoeffer, Faith and Purpose Study, 11am
- 25th Lenten Community Supper, 5:45-6:45pm
- 25th Holden Evening Prayer Service, 7pm
- 29th Palm Sunday Service, 10am
- 29th Bonhoeffer, Faith and Purpose Study, 11am

For up to date info, visit [AllSaintsMtka.org/events](http://AllSaintsMtka.org/events).



## EASTER FLOWERS

You are invited to help beautify the sanctuary for the Easter celebration by donating flowers in honor or memory of someone special to you. The suggested donation is \$25.

To donate, contact Chris in the church office (952.934.3550 or email [aslc@allsaintsmtka.org](mailto:aslc@allsaintsmtka.org)) or submit your donation on the Make a Gift page of our website. Select "Easter Flowers" as the Fund type, as shown below. You can add a note when you make your gift online or indicate in an email the names(s) for whom your donation is in memory or honor. Please donate by Palm Sunday, March 29.

\$ 25

Fund

Select Fund

Select Fund

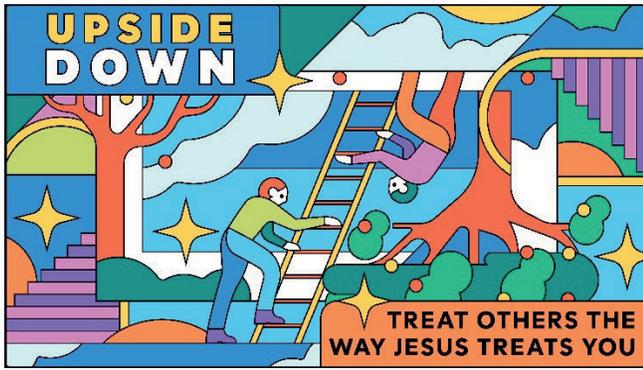
Fr General

- All Saints Memorial Fund
- Easter Flowers**
- Wednesday Lenten Suppers
- Sunday Treats

Give to more than one fund

Continue to give \$25.00

You may also mail your donation and dedication information to: All Saints Lutheran Church, 15915 Excelsior Blvd, Minnetonka, MN 55345, with checks made out to All Saints Lutheran Church, and Flowers in the memo line.



## KIDS CONNECTION: UPSIDE DOWN

### Treat Others the Way Jesus Treats You

Our society wants us to think that success is in how much money you make, the things you have, or how many followers you have. It's not that much different than what people believed in Jesus' time. Just as he did back then, Jesus turns that whole narrative upside down. He defines success through our humility and service to others. He showed us what that was like in his every day actions and words. Jesus healed, listened to and cared for people how society deemed as unimportant.

This month at Kids Connection we will turn toward Jesus and other people who encountered him as we learn what humility looks like and how we can follow their example to treat other the way Jesus would treat you!



All Saints Lutheran Church

Available in App Stores



## PARENTS NIGHT OUT

March 13 • 5:30-8:30pm

Parents, are you looking to have a night out with friends, go to dinner without the kids, have a date night, or just a night to yourself? Parents Night Out gives parents the opportunity to have a kid-free night while supporting a good cause and knowing their kids are well taken care of. Kids will experience a fun night at All Saints filled with games, crafts, snacks, and a movie.

Parents Night out is open to all kids age 2-10. We just ask that they are potty trained as our volunteers do not have diaper-changing training. Parents Night Out is a fundraiser for our All Ages Service Trip and other family ministry programs.

Register your kids for the next Parents Night Out at [subspla.sh/7k35yqx](https://subspla.sh/7k35yqx) or scan the QR code.

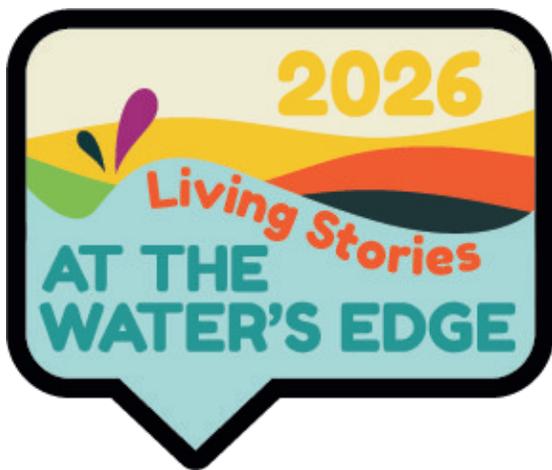
## SPRING PLANT FUNDRAISER

Orders available starting on February 16!

This year, get your spring plants from Gertens and a portion of your money will go to support All Saints youth and families that are going on the All Ages Service Trip to Medora, ND and to Shores of St. Andrews Bible Camp.

Order on our fundraising site on or after February 16. Go to [gertensfundraising.com](https://gertensfundraising.com), enter our store ID code (389) into the text field and click 'Enter ID to Continue.' The last day to order spring plants for this fundraiser is April 2nd.

Anyone who orders flowers can pick up their order at All Saints in the afternoon of May 9th. More detailed pick up information will be given to you after you submit your order.



## DAY CAMP REGISTRATION

There is still time to register for day camp June 15-18, 9am-2pm!

### What is day camp?

Day camp is a sampling plate of what overnight camp with Water's Edge Ministries looks like. Think of it like camp staff packing up Shores of St. Andrews and bringing it to All Saints. Kids get to experience little bits of what makes camp fun, while in an environment that is more familiar and less intimidating. Each camp day runs from 9am-2pm.

### Who can sign up for day camp?

Day camp is open to kids who are age 3 through 5th grade. You don't have to be a member at All Saints to attend day camp here. There is room for everyone, so feel free to invite family, neighbors, and friends! Though there will be times all kids are together, kids of similar ages will be in groups together with a cabin leader from Water's Edge Ministries. Any older kids are welcome to sign up to be junior cabin leaders. Talk to Chelsea with any questions.

### Why sign up for day camp?

Day camp is four days filled with camp songs, crafts, games, Bible stories, and lasting memories. Time and time again we see kids start their week nervous about what to expect and end their week not wanting the week to end!

Come June 15-18 for a fun week of Day Camp! Register here before May 31. Scholarships are available, contact Chelsea at [cmaher@allsaintsmtka.org](mailto:cmaher@allsaintsmtka.org)



## EASTER EGGTRAVAGANZA

Saturday, April 4 • 10am-Noon

Easter will be here before you know it. On Saturday, April 4, you are invited to our 4th annual Easter Eggstravaganza. There will be returning favorite activities such as the Egg Hunts, Easter Theme Crafts, Easter Bingo and Easter I Spy. New this year are winged visitors! The Raptor Center will be bringing a few birds in for everyone to learn about and get a front row view of these majestic birds.

Reserve your tickets for the egg hunts today at [AllSaintsMtka.org/eggstravaganza](http://AllSaintsMtka.org/eggstravaganza)



## CREATION CARE MEETING

Caring for Creation: Our Planet and its People will have a meeting on Sunday, March 22 at 9am in the Deborah Room on the Library Level. Please come and share your activities, ideas, concerns, and care of God's creation. "For God all things are possible." – Matthew 19:26.

## CREATION CARE ACTION

You know all that white stuff that settles onto your garage floor in the winter? It's salt. It's harmful to the environment. Please sweep or scrape it up and throw it in the trash. It's a win-win for us and our planet.



## UPCOMING MENTAL HEALTH CONNECT EVENTS

There are a number of upcoming Mental Health Connect Speaker events. All Saints is a member of the collaborative and All Saints Foundation is a sponsor of the speaker series.

### Responding to an Overdose with Naloxone/Narcan

Tuesday, March 10, 2026, 7:00 PM – 8:30 PM, Mental Health Connect

'When someone is overdosing on an opioid, time is of the essence. You don't have to be a licensed health care professional to administer this safe and effective lifesaving medication when witnessing this type of an emergency. This program is designed to equip laypersons with the knowledge and skills necessary to save a life.

- Learn how to recognize an opioid overdose.
- Understand what naloxone/Narcan is and how it works.
- Know how to properly administer naloxone to someone experiencing an overdose.
- Become familiar with Steve's Law/MN's Good Samaritan and Naloxone Law.

Presenter: Meghan Walsh, Overdose Prevention Specialist, Steve Rummler HOPE Network, St. Paul

Learn more about the program and how to register at [MHConnect.org/findmhc](https://MHConnect.org/findmhc)

### Understanding Our Body's Reaction to Trauma

Tuesday, March 24, 2026, 6:00 PM – 8:00 PM, St. Joan of Arc Catholic Community (map)

The physical body holds trauma within it. What's happened in Minnesota in recent months has been traumatizing to individuals as well as entire communities, and we need to find effective ways to cope. This timely program will explore practical strategies you can use to address the trauma your body holds and improve your well-being.

- Become familiar with the trauma patterns of Victim, Bully, Bystander, or Savior so that you can recognize your own response pattern to reduce the impacts of trauma on your body.
- Learn how to practice present moment awareness for yourself and to tell your body that it's okay.
- Identify steps – even small ones – you can authentically take to build community and supportive connections.
- Know how to respond to these challenging times with as many inner resources as possible.

Presenter: Cara L. Carlson, Ph.D., MSW, LICSW, RYT-200, EMDR Certified, Director, Anam Cara Therapies, Minneapolis

Learn more about the program and how to register at [MHConnect.org/findmhc](https://MHConnect.org/findmhc)

### Coming Up in April

- "Nature as Therapy" is Tuesday, April 14, 7:00-8:30 PM at the Mental Health Connect Office
- "Choosing Hope: 5 Practices for Living Fully" is Tuesday, April 21, 6:00-8:00 PM at Bethlehem Lutheran Church.

For more information, visit the Mental Health Connect website: [MHConnect.org/findmhc](https://MHConnect.org/findmhc)



Our March Wellness focus is  
**Spiritual Wellness**

## **SPIRITUAL WELLNESS**

### **MARCH WELLNESS FOCUS**

Our March Wellness Focus is on Spiritual Wellness. Spiritual wellness includes a sense of connection to something bigger than us and typically involves a search for meaning and purpose in life. As the Lenten season continues, look to explore and embrace a practice that has meaning for you and provides an opportunity to grow in your faith, or live out your faith. Follow the weekly social media posts or check out the Spiritual Wellness page and resources: [AllSaintsMtka.org/spiritual-wellness](https://AllSaintsMtka.org/spiritual-wellness).

## **LOOKING AHEAD TO APRIL**

Join us for our Holy Week and Easter services and events:

*Palm Sunday – March 29th • 10am*

*Maundy Thursday – April 2 • 7pm*

*Good Friday – April 3 • 7pm*

*Easter Eggstravaganza – Saturday, April 4 • 10am-noon*

*Easter Sunday – April 5 • 10am*

Keep an eye on the weekly E-News.

## **PEACE MOMENT**

"If I could have one wish come true, I would wish to live inside the heart of spring and fill the world with flowers of love and peace."

— *Bhuwan Thapaliya, Poet & Economist*

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