



The Central Issue

Mission: To make disciples of Christ who **WORSHIP** God,
GROW in their faith, and **SERVE** in the church and world.

200 East Marion Street, Shelby, NC 28150-4610

Phone: (704) 487-6336;

Kid's Place Preschool: (704) 487-6357

Counseling Services: (704) 810-4344

Email: central@cumcshelby.org

Website: www.cumcshelby.org

October 7, 2026

Volume 35, No. 32

David Lee, Senior Pastor

Tammy Bass, Director of Discipleship

Danny Buckner, Director of Music Ministries

Caroline Scism, Director of Children's Ministries

Katie Bowers, Director of Youth Ministries

Libby Alexander, Organist

Ila McInnis, Director of Communications

Doug Smith, Facilities Manager

Shelley Rempson, Kid's Place Preschool Director

Doug Lowery, Media Coordinator

Stacey Watkins Griffith, Pastoral Counselor

THE PATH

Walking the Way of Jesus

PRESENCE

October 11th

*Be present with God,
with others, and in the world.*

Central United Methodist Church • Sundays at 10 AM



What does it mean to truly be presents

A listening ear, a warm welcome, a shared moment, our presence can remind someone they are loved and that they belong. When we make time for God and one another, we create space for faith and friendship to grow.

Join us this **Sunday, October 11**, as we continue

The Path: Walking the Way of Jesus with Week 3: Presence. Together, we'll explore how showing up for worship and for one another can deepen our faith and strengthen our community.



Central United Methodist Church

200 E. Marion Street, Shelby



Worship at 10:00 AM

Wherever you are on your journey, there is a place for you. Come walk with us! ❤️

#ThePath #Presence #CentralUMC #ShelbyNC



Thank you, my dear Central family, for such a wonderful celebration this past Sunday! Your love, kindness, and generosity mean more to me than words can express. Serving alongside you has been a blessing, and I will always treasure the memories and friendships we have shared. You made me feel so loved as I begin this next chapter.

With love and gratitude,

Tammy



FIVE-FINGER PRAYER

Five fingers. Five ways to pray.



- 1 **THUMB**
Those closest to you
Family & friends
- 2 **INDEX FINGER**
Those who guide you
Teachers, mentors & spiritual leaders
- 3 **MIDDLE FINGER**
Those in authority
Civic & community leaders
- 4 **RING FINGER**
Those who need care
The hurting, sick & vulnerable
- 5 **LITTLE FINGER**
Yourself
Your needs, struggles & growth

Take a moment. Hold out your hand. Pray.

Five Fingers. Five Moments. A Daily Practice of Prayer.

Last Sunday, as part of **The Path: Walking the Way of Jesus**, we explored how prayer helps us practice our faith each day. The Five-Finger Prayer pictured here offers a simple reminder to pray for those closest to us, those who guide us, those in authority, those who need care, and ourselves.

We also considered five everyday moments to pause and connect with God. You don't need perfect words or a long stretch of quiet time. Begin with the rhythms already woven into your day:

- **When you wake up:** Thank God for a new day and ask for guidance.
- **At breakfast:** Give thanks for nourishment and pray for family and friends.
- **At lunch:** Pause to pray for those who guide us and lead our communities.
- **At dinner:** Remember those who are hurting, sick, or in need of care.
- **Before bed:** Reflect on the day, share your own needs, and place your worries in God's hands.

Use these prompts as a starting point, or walk through all five fingers whenever you pause. Over time, these small moments can help prayer become a familiar part of daily life, shaping how we love, respond, and care for one another.

This week, let your hand, and your daily routine, remind you to make room for God.

Calendar of Events

October 11th - 17th, 2026

Sunday

Sunday School - 9:00am
Worship Service - 10:00am

Monday

Church Office Hours - 9:00am-3:30pm

Tuesday

Church Office Hours - 9:00am-3:30pm

Wednesday

Church Office Hours - 9:00am-3:30pm

Thursday

Church Office Hours - 9:00am-3:30pm

Friday

Church Office Hours - Closed

Saturday

Open Table Hot Lunch (PAC) - 10:30am
LIVERMUCH FESTIVAL - 9pm-4pm
Pumpkin Painting - 9am - 4pm -
Call Leigh Mabry to volunteer!!

Service Sunday October 11, 2026

Nursery Volunteer:

Carol Schenk

Elementary Sunday School Teachers:

Caroline Scism

Greeters:

Ellen & Brian Benfield

Coffee Time Helpers:

Leigh & Chris Mabry

Coffee Maker:

Leigh Mabry

Offering Counters:

Manning Burton & Jim Morgan

In Honor and Memory

In memory of John Reid

Stan and Ann Anthony
Operating

Will and Joanie Mabry
Operating

2026 Stewardship

2026 Approved Budget
Amount-\$876,810.72
Needed Weekly-\$16,862.00
Received Last Week-\$13,625.00
Total Received to Date-\$635,790.00
*Includes Pre-Paid Pledges

 **Pumpkin Painting at the
Livermush Festival
Saturday, October 17 •
9:00 am–4:00 pm**

Volunteers are needed!

Contact Leigh Mabry
(704) 472-1110 to sign up

**We need more help with
painting 2-4pm or
cleanup 4-5pm**

We have reached our goal for this year to help
provide scholarships for two students!

A huge thank you to those that donated to the
cause! Our scholarship fund is always open

To receiving more funds for upcoming school years
or new students!

Shelley Rempson
Kids Place Director

Trunk or Treat Sunday October 25, 5:00pm

Central UMC parking lot

Come in costume for some family fun to our Trunk or
Treat! Youth will be serving hot chocolate.

If you'd like to decorate a trunk, please sign up by
contacting Caroline Scism and arrive in the parking lot
by 4:45pm on that day.

Backpack Ministry

For October we are
requesting **fruit cups**.

Open Table

We are asking for donations of
WATER BOTTLES. Join our
**Open Table volunteer
communication** by using the QR
code here.



Be sure to check out our
website: www.cumshelby.org

Our linktree: [linktree](#)

Our YouTube Channel:

CENTRAL YOUTUBE CHANNEL

And our App: Central UMC-Shelby on all app stores



200 East Marion St.
Shelby, NC 28150

CENTRAL UMC STUDENTS **Weekly Update**

- **Sunday, October 11th** – Youth attending APC Workshop at Aldersgate – 5-7pm, meal provided
- **Saturday, October 17th** – Livermush Festival (Youth and Adults Needed to help – See Below)
- **Sunday, October 18th** – No Youth
- **Sunday, October 25th** – Youth help w/Trunk-or-Treat 5-6:30pm *Serving Hot Chocolate, Family has a Trunk

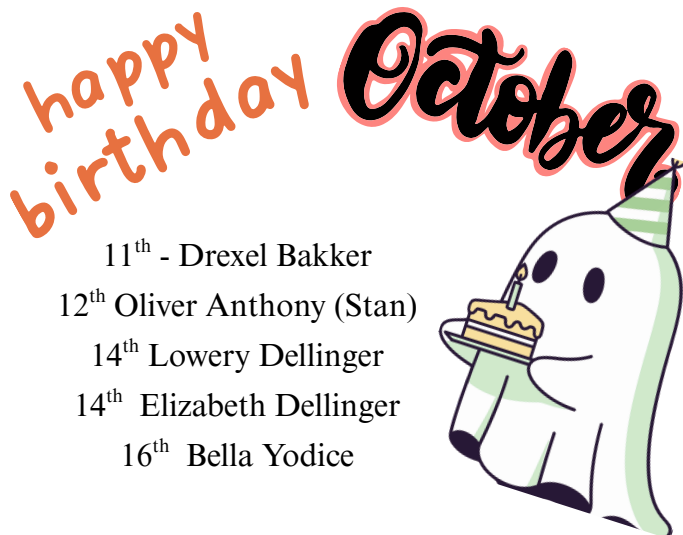
Please see the link and QR code to sign up to feed our youth this fall.

Thank you for your support going into this fall season!!

<https://www.signupgenius.com/go/10C0B49A4AB23A1FFC70-65411038-youth>



We are still collecting love offering for Tammy if you want to contribute drop but the office - see hours on page 3 - or mail in to 200 E Marion St. Shelby, 28150. Also use the online portal and choose love offer in drop down. Thank you!



Discipleship Ongoing Opportunites

Tuesday - Disciple IV Bible Study class

Class meets every Tuesday from 3:00 until 5:30
Conference Room

Wednesday - Night Book Study: **Field Notes for the Wilderness:**

Wednesdays | 5:15–6:00 PM

Conference Room

Facilitated by Tammy Hollifield

Thursday - Morning Ladies Bible Study

September 10 - October 15

Thursdays | 9:30 - 10:30 am

Conference Room

Facilitated by Jessica Talbert,

Saturday - Men's Bible Study:

The Sermon on the Mount

First and Third Saturdays | 8:00 AM

Room E210, Education Building

Taught by Tim Sieges

Elementary Sunday School

Sundays 9-9:45am

Infants- Nursery Room E104

Preschool age- Nursery Room E105

K-5th Grade- Godly Play Room E309

Nursery is open to all **Babies-PreK kids**. Nursery is offered **Sundays, 9-11 AM in Room E105 (pre-school age) and Room E104 (infants).**