*"Immediately:" The Gospel of Mark's Concise Guide to Following Jesus*

# The Food–Fear Connection

## Mark 6:30–56

Page 38 in the ESV Scripture Journal
The Lord's Day Morning
November 29, 2026

After a week of feasting with friends and family during Thanksgiving, let's consider this principle: *We rarely fear the one who feeds us*. Taking our meals together is one of the most basic and cohesive acts of human intimacy. When someone sacrifices to bring us food, we normally view this as an act of love and kindness. Remember this principle: *We rarely fear the one who feeds us*.

In today's text, Mark presents Jesus through the lens of the Old Testament promises as the one who feeds both body and soul:

1. Jesus is _____ shepherd (30–37).
2. Jesus is _____ shepherd (38–44).
3. Jesus is _____ shepherd (45-56).

Application: