

Weekend Teaching Discussion Guide

30 Days to Greater Faith, Week One

Teaching by Pastor Ken

WARM-UP QUESTION

- When you hear the word **faith**, what comes to mind first? How would you define faith in your own words?
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DISCUSS

1. What Are You Placing Your Faith In?

Pastor Ken opened the series by reminding us that everyone places their faith in something. Whether we rely on ourselves, our circumstances, or God, our faith shapes how we approach every part of life.

He contrasted two common approaches:

- Trusting in ourselves to "manifest" the life we want.
- Treating God like a last resort when life becomes difficult.

Instead, Scripture calls us to place our faith fully in God and to remain connected to Him.

Read John 15:5.

- Why is it tempting to rely on yourself before relying on God?
 - What do you think Jesus means when He says, "Apart from me you can do nothing?"
 - How can remaining connected to Christ change the way you approach everyday life?
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2. Be Strengthened in the Lord

Paul begins the armor of God passage with a command to "be strong in the Lord." Pastor Ken explained that a better translation is "**be strengthened.**" This is not a destination we reach but an ongoing way of living through our relationship with Christ.

Prayer, Scripture, worship, biblical community, and serving are not simply religious activities. They are the ways we stay connected to Jesus and allow Him to strengthen us.

Read Ephesians 6:10-13.

- What stands out to you about Paul's instruction to "be strong in the Lord?"
 - Why is spiritual strength something we continually need rather than something we achieve once?
 - Which spiritual habit helps you stay connected to Jesus the most? Which one do you need to grow in?
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3. Standing Firm in the Battle

Pastor Ken reminded us that the Christian life includes a very real spiritual battle. We cannot underestimate the enemy, but we also do not have to fear because God has equipped us to stand firm.

Paul describes the armor of God as something believers intentionally put on each day.

Read Ephesians 6:14-17.

- Why do you think Paul compares the Christian life to putting on armor each day?
 - Which piece of the armor speaks to you most right now? Why?
 - What does it practically look like to "put on" God's armor before beginning your day?
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4. Living from Truth, Peace, and Salvation

Pastor Ken highlighted several pieces of the armor:

- The **belt of truth** reminds us to anchor our lives in God's truth.
- The **breastplate of righteousness** reminds us that our righteousness comes from Christ, not our own efforts.
- The **shoes of peace** help us stand firm through both external pressure and internal doubt.
- The **helmet of salvation** gives us confidence and assurance that we belong to Christ.

Read John 14:27-29.

Read John 10:27-30.

- How does God's truth help combat lies, fear, or discouragement?
 - Why is it important to remember that your righteousness comes from Jesus rather than your performance?
 - How can the peace of Christ steady you during difficult seasons?
 - How does the assurance of salvation give you confidence when life feels uncertain?
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CLOSING REFLECTION

Which statement best describes where you are today?

- I need to rely on God's strength more than my own.
 - I need to spend more intentional time abiding in Christ.
 - I need to put on God's armor daily instead of facing life unprepared.
 - I need to stand firmly on God's truth instead of believing lies.
 - I need to rest in the peace and assurance Jesus has already given me.
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PRAYER

Close by thanking God that He does not ask us to face life in our own strength. Thank Him for inviting us into a relationship where He continually strengthens us as we remain connected to Him. Ask Him to help you stand firm in every battle, to put on His armor each day, and to walk in His truth, peace, righteousness, faith, and salvation. Pray that over the next 30 days your faith will grow stronger as you learn to trust Him more fully in every area of life.