

Weekend Teaching Discussion Guide

Face to Face – Week Three: Do You Want to Be Healed?

Teaching by Pastor Charlie

WARM-UP QUESTION

Think about a time when you wanted something in your life to change. What made that change difficult to pursue or follow through on?

DISCUSS

1. The Question Behind the Question

In *John 5*, Jesus encounters a man who had been paralyzed for thirty-eight years and asks him a surprising question.

John 5:6

“When Jesus saw him lying there and learned that he had been in this condition for a long time, he asked him, ‘Do you want to get well?’”

At first, the question seems obvious. Of course, he wants to be healed. But Jesus was not simply addressing the man’s physical condition. He was revealing something about the man’s heart.

Over time, people can become accustomed to the very things that are hurting them. What once felt heavy and disruptive can eventually feel normal.

- Why do you think Jesus asked a man who had been suffering for thirty-eight years if he wanted to be healed?
 - What are some ways people can become comfortable with things that are actually harming their lives or spiritual growth?
 - Why can real change sometimes feel more difficult than simply managing the problem?
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2. Wanting Relief vs Wanting Transformation

Pastor Charlie explained that sometimes people want relief but not transformation. Relief allows life to stay mostly the same, while transformation changes the direction of our lives.

Healing often requires stepping into new territory, such as deeper honesty, obedience, and surrender to God.

- Why do you think people sometimes resist the deeper changes that real healing requires?
 - What might it look like to genuinely desire the healing Jesus offers in your own life?
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3. Don't Confuse the Process with the Desire

Throughout Scripture, Jesus heals people in very different ways. Sometimes He speaks a word. Other times, He asks someone to take a specific step of faith.

The Old Testament story of Naaman shows a similar pattern. Naaman almost missed his healing because he did not like the process God used.

Real healing often requires trust, even when the path feels unfamiliar.

- Why do you think people sometimes struggle when God's process looks different from what they expected?
 - How can focusing too much on the process cause someone to miss what God is trying to do in their life?
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4. Accountability That Calls People Up

Pastor Charlie reminded us that biblical accountability is not about shaming people or exposing failure. True accountability calls people up into who God created them to be.

It says, "I believe God has more for you."

This kind of accountability is an expression of love because it refuses to let someone settle for less than the life God intends.

- Why do many people associate accountability with shame or criticism?
 - How can a healthy Christian community help people grow instead of simply pointing out mistakes?
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5. The Heart Behind What We Do

Jesus often focused on the heart behind a person's actions. Two people can do the same thing outwardly, but for very different reasons internally.

Jesus highlighted this when He watched a widow give two small coins in the temple.

Mark 12:43–44

“Truly I tell you, this poor widow has put more into the treasury than all the others. They all gave out of their wealth but she, out of her poverty, put in everything she had to live on.”

Jesus valued the heart of devotion and trust behind the gift more than the visible amount.

- Why does God care so deeply about the motivation behind our actions?
 - How can focusing on the heart change the way we approach generosity, service, or ministry?
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CLOSING REFLECTION

Proverbs 24:16

“For though the righteous fall seven times, they rise again, but the wicked stumble when calamity strikes.”

Which statement best reflects where you are right now?

- I need to honestly answer Jesus’ question and invite Him to bring healing in an area of my life.
 - I may be settling into patterns that God wants to transform.
 - I need to trust God even when the process of growth feels unfamiliar or uncomfortable.
 - I want to be part of a community that calls people up with love and accountability.
 - I need to focus more on the heart behind what I do, not just the outward action.
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PRAYER

Close by thanking Jesus that He sees both our struggles and our hearts. Ask Him for the courage to answer His question honestly and to desire the healing He offers. Pray for humility to trust His process, strength to rise again when we fall, and a church community that lovingly calls one another into deeper transformation in Christ.