EPHESIANS 4:12

A 25-DAY DISCIPLESHIP JOURNEY

After Salvation

Discipleship Workbook

RELATIONSHIP · COMMUNITY · MISSION · COMMITMENT

This workbook belongs to:

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Salvation

1. Since we understand that sin is the reason we need salvation (Romans 3:23), what is sin (1 John 3:4)?

2. Describe Confess, Believe, and Surrender (C.B.S. in English), and explain why each word helps us understand what happens during salvation. (Romans 10:9-10)

3. After we accept the truth of Jesus Christ, should we get baptized? Why or why not? (Acts 22:16, Acts 10:47-48, Matthew 28:19-20)

4. If someone were interested in becoming a Christian, how would you guide them to make Jesus Lord of their life? (Romans 3:23, Romans 6:23, Romans 5:8, Romans 10:9-10)

Daily Living

1. How do we have a relationship with God? (Jeremiah 29:13, Hebrews 4:12, Colossians 4:2, Acts 2:42-47)

2. What is the difference between temptation and sin? How do we fight sin? (James 1:14-15, 1 Corinthians 10:13, James 4:7-8)

3. What are the 4 core areas of After Salvation? (Hint: R.C.M.C.) How would you explain how they work within a maturing believer?

4. How do footholds and strongholds affect a believer's life? Also, how do we become free from them? (Ephesians 4:25-32, 2 Corinthians 10:4-5)

Faith

1. What is faith? How does faith play a role in our salvation? (Hebrews 11:6, Ephesians 2:8-9)

2. What does James 2:19 mean, and how should this impact us as Christians?

3. Do good works/deeds save us? Why or why not? (Galatians 2:16, Titus 3:5, Ephesians 2:8-9)

4. What is Grace? How does grace help us better understand our faith? (Romans 5:1-2, Ephesians 2:8-9)

Engage

1. What are the three enemies that Christians face? Also, how do they work together against the believer? (1 Peter 2:11, Ephesians 6:12, 1 John 2:15-17)

2. What are some daily goals we should have as believers? (1 Corinthians 10:31, 1 Peter 4:1-4, Matthew 22:37-40)

3. What does it mean to become a living sacrifice? (Romans 12:1-2, Colossians 3:2-3)

4. How do we renew our minds? (Joshua 1:8, 2 Corinthians 10:3-5, Galatians 5:25)

Prayer

1. Why do we pray, and why does prayer matter? (Matthew 6:9-13, James 5:16)

2. When should we pray? (1 Thessalonians 5:17, Matthew 26:41, James 5:13-16, 1 John 5:14)

3. How would you teach someone else how to pray? (Matthew 6:9-13)

4. What part of the Lord's prayer stands out to you the most? (Matthew 6:9-13)

Creation

1. If God created you on purpose, for a purpose, how does that shape the way you see yourself? (Psalm 139:13-14, Psalm 57:2)

2. Jesus says His burden is light; what heavy burden(s) are you still carrying that He never asked you to carry? (Matthew 11:28-30)

3. Since every person is made in the image of God, what does that say about the value of every human life, regardless of ethnicity, gender, or background? (Genesis 1:27, Romans 2:11, Acts 10:34-35)

4. Since sin has affected human sexuality, what does Scripture teach about God's original design for gender and marriage? (Leviticus 18:22, Romans 1:26-28, Genesis 1:27, Genesis 2:18)

The Trinity

1. How would you explain the Trinity to someone?

2. Since the word 'Trinity' never appears in Scripture how do we know the word "Trinity" is biblical? (Hint: Matthew 28:19; Luke 3:21-22)

3. What word means that we believe in one God? Where does Scripture show us that God is one, not three different Gods?

4. Why do you think God allows mysteries within our faith and what is the best way to respond when we don't understand? (Deuteronomy 29:29; Isaiah 55:8-9)

5. What are the 4 core areas of After Salvation? (Hint: R.C.M.C.)

Jesus

1. The Old Testament prophesied Jesus' birthplace (Micah 5:2), virgin birth (Isaiah 7:14), and His suffering (Isaiah 53) hundreds of years before He was born. How does this build your confidence that Jesus really is the promised Messiah, and that God's plan of salvation was set in motion long before the cross?

2. Day 8 notes that over 500 eyewitnesses saw the risen Jesus, and even non-biblical sources confirm His crucifixion. Why does it matter that the resurrection is real history, and how does this shape how you defend your faith? (Luke 24:1-35; 1 Corinthians 15:6)

3. In Scripture, it says that Jesus conquered (overcame) death. Why is this important to understand? (Romans 1:4, Luke 23:46, Luke 24:1-35, Romans 8:11, Ephesians 1:19-20, 1 Corinthians 15:55-56)

4. Many people today believe that all religions lead to the same God, or that being 'a good person' is enough. But Scripture is clear: Jesus is the only way to God (John 14:6; Acts 4:12; 1 Timothy 2:5). If that is true, what is at stake for the people in your life who don't yet know Him, and what is the best way to approach them?

Holy Spirit

1. What role does the Holy Spirit play in salvation? (John 16:8, 1 Thessalonians 1:5)

2. How have you seen the Holy Spirit leading, teaching, or changing you since you accepted Jesus? (John 14:26, Acts 1:8, Galatians 5:22-23)

3. Jesus told His disciples it was actually better for them if He left so the Holy Spirit could come. Why do you think having the Spirit living inside you is greater than having Jesus physically beside you? (John 16:7)

4. Day 9 lists four marks of the Holy Spirit at work: obedience, the fruit of the Spirit, His presence, and His thoughts shaping yours. Which do you see most in yourself, and which is harder to see? (1 John 3:24; Galatians 5:22-23; 1 Corinthians 2:10-12)

Worship

1. Holy Fear is described as fearful wonder with deep respect for God. How does that redefine the way you approach Him daily? (Proverbs 9:10, Hebrews 12:28-29)

2. What are the three ways to worship God listed in Day 10? Which of the three areas has been the hardest for you to worship God in so far and why? (Romans 12:1, Psalm 95:1-6, Matthew 6:19-21)

3. Giving is an act of worship that demonstrates your faith and trust in God. What does your current relationship with money reveal about where your heart is? (Matthew 6:19-21, 2 Corinthians 9:6-7, Deuteronomy 8:17-18)

4. Worship through song should come from an overflow of the heart not just words on a screen. Does your worship feel genuine or routine, and why? (Psalm 95:1-6, Ephesians 5:19-20)

The Church

1. What does Genesis 2:18 teach us about our need for community? How does Galatians 4:4-7 deepen this idea?

2. Jesus promised the gates of Hades would not overcome His church. What does that promise mean to you about the community you now belong to? (Matthew 16:18, Ephesians 1:22-23)

3. Your body is a temple, meaning you carry God's presence everywhere you go, because you now have the Holy Spirit. How does that truth affect your daily life? (1 Corinthians 6:19-20)

4. The church is not a building, but a global body of believers unified under Christ. How does that change the way you think about your role within it? (Ephesians 4:4, Ephesians 2:19-20)

Fellowship

1. Day 12 warns that a dangerous church removes Jesus as head and places a man there instead. What are some signs you would look for to know whether a church is healthy or not? (Ephesians 1:22, Acts 2:42)

2. Gossip and pride are the two things that destroy unity fastest. What can we do if we see this in others or find it happening within ourselves? (Ephesians 4:3, Acts 2:44)

3. Consistency in meeting together produces greater focus and encouragement. What is currently keeping you from being consistently connected to a church community? (Acts 2:46)

4. The early church's generosity made it stand out in the world. In your own life, how does this challenge you? (Acts 2:45, Luke 10:27)

Spiritual Gifts

1. What are spiritual gift(s), and should everyone have at least one after salvation? (1 Corinthians 12:11, 1 Corinthians 12:7)

2. What should we be careful of when understanding our spiritual gift(s)? (1 Corinthians 12:15-26)

3. How does understanding and using spiritual gifts contribute to the overall health and mission of the church? (1 Corinthians 12:4-6, 1 Corinthians 12:7)

4. Take time to pray about your specific spiritual gift(s), and ask the Lord to help you identify yours. What are you sensing from God?

Gatherings

1. How does the enemy use deception and past hurts to prevent Christians from gathering with the church? (Ephesians 4:32, 2 Corinthians 2:10-11)

2. How can believers maintain unity despite different expressions of worship and theology? What is one thing to be cautious about? (1 Corinthians 1:11-17, Philippians 2:3-5)

3. Proverbs 18:1 says isolation leads someone to break out against sound judgment. What's the difference between healthy time alone and unhealthy isolation? What happens when we are isolated for too long?

4. Hebrews 10:24-25 commands us not to give up meeting together. Why do you think the writer felt he had to command this? What pulls believers away from gathering?

5. What are the 4 core areas of After Salvation? (R.C.M.C.)

Friendships & Accountability

1. What should you do if your current friendships are unhealthy? Should you completely cut ties, or should you try to win them to Christ? (James 1:5, John 16:13)

2. Proverbs 18:24 and Ecclesiastes 4:9-10 show us the importance of strong, godly relationships. Do you have at least one brother or sister like that in your life? If not, how can you begin pursuing that kind of relationship?

3. Why should we have a spiritual mentor? Also, do you currently have a mentor? If not, create a list of potential mentors and reach out to find one. (Proverbs 27:17)

4. The reading asks, “Who is influencing your life?” Name the top three people you spend the most time with, and honestly ask whether they are pulling you toward Christ or away from Him. (1 Corinthians 15:33)

The Mission

1. What does Matthew 28:18-20 teach us about our mission as believers, and how should that shape our everyday lives?

2. What does Matthew 13:23 teach us about what a healthy believer's life should look like?

3. What are two things Acts 1:8 teaches us? How is relying on the Holy Spirit's power different from trying to do the work of ministry or mission in your own strength?

4. As you read Proverbs 24:11 and 1 Corinthians 9:22, how should the reality that souls are at stake shape our mindset? What is one practical way you can take part in God's mission today?

Disciple

1. What is a disciple? How closely does your life align with that definition? (John 8:31)

2. What are the 7 indicators of authentic disciples? (Matthew 4:19, Luke 9:23, John 14:23, John 15:8, John 13:35, Matthew 28:19, John 8:31-32)

3. Is making disciples solely the responsibility of pastors? What does Ephesians 4:11-12 teach us?

4. What are the five key things we discussed for making disciples effectively? (Matthew 4:19, Matthew 28:20, Colossians 1:28, Acts 9:31, Luke 6:13)

Spiritual Warfare

1. Do you truly believe there is an “unseen” spiritual battle occurring? Explain your answer. (Ephesians 6:10-13, 1 Peter 5:8)

2. Today we learned we fight “out of a place of victory, not defeat” (Romans 8:37-39, 1 Corinthians 15:57). Do you actually live like someone who has the victory, or does the enemy still convince you you’re losing?

3. How does the enemy use our sinful nature against us, and what steps can we take to resist temptation? (Romans 7:14-25, Matthew 6:13)

4. What is spiritual armor, and why is spiritual armor so important? (Ephesians 6:14-17)

Kingdom & Calling

1. What does it mean to be an Ambassador of Christ? What do your daily life, your work, your conversations, and your social media say about the kingdom you represent? (2 Corinthians 5:20)

2. What truth does John 16:33 teach us about our current circumstances, and how should we face this challenge?

3. What is so powerful about 2 Peter 3:9? Also, how does this verse help us defend our faith?

4. The reading says “everyone has some type of circle of influence,” small or big. Who specifically is in your circle right now (family, coworkers, classmates, neighbors) that the Lord may be calling you to pray for and encourage toward Him? (Matthew 25:21) Let me encourage you, go and spiritually fight for your circle to know Christ!

5. Without looking, what are the 4 core areas of After Salvation?

Testimony

1. What is your testimony? (1 Peter 3:15)

2. Did you really write your testimony out? YES / NO ☐ ☐

3. Who will you share your testimony with?

Commitment

1. What does Commitment mean? How do 2 Corinthians 1:21-22 and Galatians 2:20 tie into this core area?

2. John 15:4-5 describes the vine and branches as deeply connected, showing that our strength comes from remaining in Christ. But what happens when we begin to drift from that connection? How do we return to a place of spiritual strength in Him?

3. After reading today, you should realize that after salvation, you still have personal responsibility in your faith. How does 2 Peter 1:5-8 help us see that?

4. Now that you understand the 4 core areas of After Salvation, how do they work together, and what should be the outcome? (R.C.M.C.)

Radical

1. What does Deuteronomy 6:5 teach us, and how do we know if an idol is in our lives?

2. What is Scripture teaching us in Deuteronomy 18:10-11 and Isaiah 47:13-14, and why is this important for those who follow Christ?

3. What is Jesus teaching us in Luke 14:25-35, and how could people misunderstand this passage?

4. There is a cost to following Jesus, and we know that for the believer, heaven is our future. But we also find Scripture like John 10:10 that makes a very strong promise to us for the here and now. How do we experience this life to the fullest?

God's Will

1. Identify and explain the three dimensions of God's will. Sovereign Will: (Isaiah 46:9-10) Moral Will: (Matthew 22:37-40) Personal Will: (Psalm 32:8)

2. What does Matthew 7:21-23 mean?

3. Proverbs 3:5-6 calls us to trust the Lord with 'all your heart,' not 60% or 95%. Are there areas in your life you are still holding back from full surrender, and what is keeping you from being all in?

4. The reading argues that God's will is a journey, not a destination, and that we cannot inherit it from others. What can we learn from this?

Maturity

1. Hebrews 5:12-14 distinguishes between milk and solid food in the spiritual life. What is the passage teaching us about spiritual maturity?

2. The reading lists four additional areas of focus for maturity: Consistency, Awareness, Relentless Resistance, and God's Will. Which of these four is currently the hardest to understand and/or follow?

3. James 1:2-4 says the testing of our faith produces perseverance, which produces maturity. How can trials actually shape our maturity in Christ?

4. Over the last 5 weeks, we learned the 4 core areas of After Salvation. They are Relationship, Community, Mission, and Commitment. How do these work together, and what should they produce within us?

Remember

1. Hebrews 13:8 reminds us that 'Jesus Christ is the same yesterday and today and forever,' yet we often feel God's love shifts based on our performance. Why do we struggle with this, and what does God actually desire from us instead?

2. 1 Thessalonians 5:19 says, "Do not quench the Spirit," and the reading asks a serious question: if the Holy Spirit is not leading, who is? How do you recognize when your flesh is leading instead of the Spirit, and what does it look like to course correct?

3. The reading says hard seasons either push us to greater faith in God or drive us away from Him. Looking back at a difficult season in your life, which direction did it move you, and what made the difference? (John 16:33, Hebrews 6:19)

4. Now that you have completed After Salvation, do you feel equipped to lead someone else through it? If so, who is one person you feel could benefit from it?