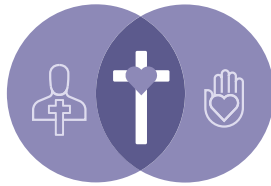


THE PROOF ROOM

LESSON 14

John 20:19–31

JESUS DIED AND ROSE FROM THE DEAD FOR US.



CONNECTING IDENTITY & CALLING

IDENTITY: WHO AM I?

God reveals the truth of Jesus' resurrection in His Word.

CALLING: WHY AM I HERE?

I know that Jesus' resurrection is proof of the promise of my resurrection.

GROWING IN FAITH FOR LIFE

See how this lesson builds on previous learning for each age.

ADULT

I can recognize how Jesus' death and resurrection are at the center of the Christian faith.

YOUTH

I can share how Jesus' death and resurrection gives us new life in Him.

ELEMENTARY

I understand how Jesus' death and resurrection gives me new life in Him.

EARLY CHILDHOOD

I know the message of Jesus' resurrection is true: Jesus is alive.

BIBLE VERSE

Blessed are those who have not seen
and yet have believed.

John 20:29

SCRIPTURE SNAPSHOT

With the words "Peace be with you" (v. 19), the risen Lord appears among His disciples gathered in hiding from the Jews. Thomas, who is not among the disciples that evening, doubts their report of Jesus' resurrection. Eight days later, while Thomas and the disciples gather in the locked room, Jesus appears among them once again. Thomas witnesses the physical truth of the resurrection as he touches Christ's wounds. Jesus concludes by telling Thomas and us, "Blessed are those who have not seen and yet have believed" (v. 29).

TAKING IT HOME

- ▶ **On the Go**—Jesus said, "Peace be with you," to the disciples. How do His death and resurrection bring you peace? How can you share this comfort and peace with others?
- ▶ **At Mealtime**—Why did Thomas want to see and touch the nail marks that were on Jesus' hands, feet, and side? Who did Jesus say would be blessed? Why?
- ▶ **Something to Do**—Listen to someone's heart-beat, and feel your own. This helps you know that you are alive! Talk about the life you receive from God now and the eternal life you will receive in the resurrection.
- ▶ **Before Bed**—At times, we are all like Thomas, having doubts and questions. What are some things you have doubts or questions about? Whom can you turn to in those difficult times?

John 20:29
Blessed are those who have not seen and yet have believed.