

The RUNAWAY PROPHET JONAH

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A WHALE OF A PRAYER OR
FROM SEAWEED TO SURRENDER

LESSONS FROM JONAH 1

- Jonah is a story of God's unrelenting grace for _____.
- The hero and main character of Jonah is _____.
- Jonah was a runner - When you want to run from God, the devil will always offer you a ride.
- Jonah goes down, down, down into a desperate situation.

HOPE IN JONAH 3

“ Then the word of the Lord came to Jonah _____.”

~ JONAH 3:1 (NIV)

JONAH'S JOURNEY TO GRACE IN JONAH 2

“ Now the Lord provided a huge fish to swallow Jonah, and Jonah was in the belly of the fish three days and three nights.”

~ JONAH 1:17 (NIV)

_____ a huge fish: Hebrew: *Dag Gadol*

Before Jonah could experience the grace of God's second chance,
he had to experience the grace of God's discipline.

TO THE ORIGINAL READERS, THE HUGE FISH MIGHT HAVE REPRESENTED:

- _____ and Danger (*Revelation 21:1*) Leviathan (*Psalms 74:12-14*)
- _____ and Captivity (*Jeremiah 51:34*)
- _____ (*Jonah 2*)

God's discipline was not intended to _____ Jonah back;
it was intended to _____ Jonah back.

“ From inside the fish Jonah prayed to the Lord his God.
2 He said:
'In my distress I called to the Lord,
and he answered me.
From deep in the realm of the dead I called for help,
and you listened to my cry.

JONAH 2:1-10 (CONTINUED ON NEXT PAGE)

³ You hurled me into the depths,
into the very heart of the seas,
and the currents swirled about me;
all your waves and breakers
swept over me.

⁴ I said, 'I have been banished
from your sight;
yet I will look again
toward your holy temple.'

⁵ The engulfing waters threatened me,
the deep surrounded me;
seaweed was wrapped around my head.

⁶ To the roots of the mountains I sank down;
the earth beneath barred me in forever.
But you, Lord my God, brought my life up from the pit.

⁷ 'When my life was ebbing away,
I remembered you, Lord,
and my prayer rose to you, to your holy temple.'

⁸ 'Those who cling to worthless idols
turn away from God's love for them.

⁹ But I, with shouts of grateful praise,
will sacrifice to you.
What I have vowed I will make good.
I will say, 'Salvation comes from the Lord.'

¹⁰ And the Lord commanded the fish, and it vomited
Jonah onto dry land.' "

~ JONAH 2:1-10 (NIV)

• Jonah prays _____ .

~ JONAH 2:2B

• Jonah prays _____ .

• Jonah prays _____ .

~ JONAH 2:4

~ JONAH 2:7

• Jonah prays _____ .

~ JONAH 2:8-9A

• Jonah prays _____ .

• Jonah prays _____ .

~ JONAH 2:9B

~ JONAH 2:10

I THE SIGN OF JONAH:

Jonah's salvation from the belly
of the fish foreshadows our salvation because of
the empty tomb.

“ For as Jonah was three days and three nights in the belly of a
huge fish, so the Son of Man will be three days and three nights
in the heart of the earth.”

~ MATTHEW 12:40 (NIV)

So WHAT?

1. While we are _____, God is always _____.

2. When we pray, God wants our _____, not just our _____.

DISCUSSION Questions:

COMMUNITY GROUP VIDEOS available on the APP |

- 1 - When have you ever received a second chance from someone?
- 2 - God's Discipline: Pastor Glen shared that God's discipline is not intended to pay us back, but to bring us back. How might God use difficult seasons to get our attention or draw us closer to Him?
- 3 - Praying in Desperation: Jonah cried out to God from the belly of the fish. When you face difficult circumstances, is prayer usually your first response or your last resort? Why?

- 4 - Read Jonah 2. What aspects of Jonah's prayer stand out the most to you?
- 5 - From Words to Surrender: Jonah prayed a beautiful prayer, but his heart still needed to change. What is the difference between saying the right words to God and truly surrendering your heart to Him?
- 6 - Salvation Comes from the Lord: Jonah declared, "Salvation comes from the Lord" (Jonah 2:9). Where do you need to stop relying on yourself and trust God's grace and direction instead?

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