

The 12 Steps and Their Biblical Comparisons

Step 1: We admitted we were powerless over our addictions and compulsive behavior; that our lives had become unmanageable.

I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. Romans 7:18

Step 2: We came to believe that a power greater than ourselves could restore us to sanity.

For it is God who works in you to will and to act according to his good purpose.

Philippians 2:13

Step 3: We made a decision to turn our lives and our wills over to the care of God.

Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. Romans 12:1

Step 4: We made a searching and fearless moral inventory of ourselves.

Let us examine our ways and test them, and let us return to the LORD.

Lamentations 3:40

Step 5: We admitted to God, to ourselves, and to another human being, the exact nature of our wrongs.

Therefore, confess your sins to each other and pray for each other so that you may be healed. James 5:16a

Step 6: We were entirely ready to have God remove all these defects of character.

Humble yourselves before the Lord, and he will lift you up. James 4:10

Step 7: We humbly asked Him to remove all our shortcomings.

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9

Step 8: We made a list of all persons we had harmed and became willing to make amends to them all.

"Do to others as you would have them do to you." Luke 6:31

Step 9: We made direct amends to such people whenever possible, except when to do so would injure them or others.

"Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift." Matthew 5:23-24

Step 10: We continued to take personal inventory and when we were wrong, promptly admitted it.

So, if you think you are standing firm, be careful that you don't fall! 1 Corinthians 10:12

Step 11: We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us, and the power to carry that out.

Let the word of Christ dwell in you richly. Colossians 3:16a

Step 12: Having had a spiritual experience as the result of these steps, we tried to carry this message to others and practice these principles in all our affairs.

Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted. Galatians 6:1

First Church of the Nazarene

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www.j1naz.org/celebrate-recovery-j1naz

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CELEBRATE RECOVERY[®] J1Naz

A Christ-Centered Recovery Program

***Experience a safe place to find freedom from
life's hurts, hang-up's, and habits.***



My Grace is enough for you ...
2 Corinthians 12:9-10

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Mondays | 6:00 PM

**We meet at First Church of the Nazarene
1307 6th Ave SE | Jamestown, ND 58401
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CELEBRATE RECOVERY PURPOSE

The purpose of "Celebrate Recovery" is to fellowship and celebrate God's healing power in our lives through 12 Steps and 8 Recovery Principles. This experience allows us to "be changed." We open the door by sharing our experiences, strengths and hopes with one another. In Addition, we become willing to accept God's grace in solving our lives' problems. By working and applying these Biblical principles, we begin to grow spiritually. We become free from our addictive, compulsive and dysfunctional behaviors. This freedom creates peace, serenity, joy and most importantly, a stronger personal relationship with God and others. As we progress through the program we discover our personal, loving and forgiving Higher Power-*Jesus Christ*.

Welcome to an Amazing Spiritual Adventure!



MONDAY NIGHT SCHEDULE

6:00 - 7:00PM	CR MEAL VOLUNTEERS BRING FOOD TO SERVE (Free will offering)
7:00 - 8:00PM	LARGE GROUP SESSION MUSIC, LESSON, PERSONAL TESTIMONY OR SPECIAL GUEST
8:00—9:00PM	OPEN SHARE SMALL GROUPS ⇒ NEWCOMMERS 101 ⇒ MIXED ISSUES GROUP FOR MEN ⇒ MIXED ISSUES GROUP FOR WOMEN ⇒ MENTAL HEALTH GROUP (MEN)
9:00—10:00PM	FOLLOWING SMALL GROUP GREAT FELLOWSHIP, SNACK
CHIP NIGHT	LAST MONDAY OF MONTH

WELCOME NEW COMERS

~ We are glad you are here. ~

We have a New Comers 101 class after the large group. You are always invited to speak to any leader to have your questions answered about CR.

The Road to Recovery 8 Recovery Principles

1. REALIZE I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. (Step 1)

"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Matthew 5:3 NIV

2. EARNESTLY believe that God exists, that I matter to Him, and that He has the power to help me recover. (Step 2)

"Blessed are those who mourn, for they will be comforted." Matthew 5:4 NIV

3. CONSCIOUSLY choose to commit all my life and will to Christ's care and control.

"Blessed are the meek, for they will inherit the earth." Matthew 5:5 NIV

4. OPENLY examine and confess my hurts, hang-ups and habits to myself, to God, and to someone I trust. (Steps 4 & 5)

"Blessed are the pure in heart, for they will see God." Matthew 5:8 NIV

5. VOLUNTARILY submit to every change God wants to make in my life and humbly ask Him to remove my character defects. (Steps 6 & 7)

"Blessed are those who hunger and thirst for righteousness, for they will be filled." Matthew 5:6 NIV

6. EVALUATE all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others. (Steps 8 & 9)

"Blessed are the merciful, for they will be shown mercy."

Matthew 5:7 NIV

"Blessed are the peacemakers, for they will be called children of God." Matthew 5:9 NIV

7. RESERVE a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

8. YIELD myself to God to be used to bring this Good News to others, both by my example and by my words. (Step 12)

"Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven." Matthew 5:10 NIV

Is Celebrate Recovery Right for Me ?

Do you ever do the following too much?

* Owe money	* Obsess
* Spend	* Miss work
* Use Alcohol	* Yell or Scream
* Grieve	Play video games
* Gamble	* Lust
* Over Eat / Diet	* Seek lust,
* Use illicit drugs	excitement or
* Control others	Approval
* Worry	* Anger quickly or
* Smoke/Chew	abuse others.

Do you find yourself often feeling in the following ways:

* Worthless	* Overwhelmed
* Hopeless	* Afraid
* Envious	* Angry
* Anxious	* Bitter
* Used	* Jealous
* Greedy	* Sad
* Guilty	* Lonely

The Serenity Prayer

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference. Living one day at a time, enjoying one moment at a time; accepting hardship as a pathway to peace; taking, as Jesus did, this sinful world as it is; not as I would have it; trusting that You will make all things right if I surrender to Your will; so that I may be reasonably happy in this life and supremely happy with You forever in the next.
Amen.