Rejoice in the Lord

SATURDAY · DECEMBER 19
READ Philippians 4:4-9

Paul's command to rejoice was written to believers who knew hardship, not people sheltered from it. He called them to bring their anxieties to God through prayer with thanksgiving, and he pointed them toward the peace of God in Christ. Joy and anxiety can struggle for our attention on the same day. The invitation is not to pretend we have no concerns, but to bring those concerns into the presence of the Lord who is near. As you prepare for Christmas, identify one burden and turn it into a specific prayer. Then remember something true and good about Jesus. He has not promised a trouble-free holiday, but He has promised His nearness to His people.

REFLECT

What specific worry can you bring to God with prayer and thanksgiving today?

PRAY

Near and faithful Lord, teach us to rejoice in You and entrust our worries to Your care.