



## Yakima Valley 24/7 Prayer Prayer Focus & Scripture Guide May 2026

**If My people, who are called by My name, shall humble themselves, pray, seek, crave, and require of necessity My face and turn from their wicked ways, then will I hear from heaven, forgive their sin, and heal their land. 2 Chronicles 7:14**

This scripture will be our guide/outline for 2026, **Humility** our focus for May

**Humility**- Freedom from pride and arrogance, not proud or haughty. [Webster Dictionary]

**Humility** is the nature of all virtues: purity, charity and obedience.

It is being **humble** that our love becomes real, devoted and ardent. [Sister Teresa of Calcutta]

**Our Praise: I Chronicles 29:10-13** Then David praised the Lord in the presence of the whole assembly: “O Lord, the God of our ancestor Israel, may you be praised forever and ever! <sup>11</sup>Yours, O Lord, is the greatness, the power, the glory, the victory, and the majesty. Everything in the heavens and on earth is yours, O Lord, and this is your kingdom. We adore you as the one who is over all things. <sup>12</sup>Wealth and honor come from you alone, for you rule over everything. Power and might are in your hand, and at your discretion people are made great and given strength. <sup>13</sup>O our God, we thank you and praise your glorious name!” Praise for governmental and community members coming together to support the pools in Yakima.

**We Come in Humility – Needy & Listening:** Interceding for our Valley monthly since 2010, we cry out for Your guidance and intervention in our lack of resources, city finances, daily living expenses, hunger, food bank supplies, gangs, overdoses and suicide. Help us end domestic violence, fatherlessness and homelessness. **Proverbs 11:2, 30** When swelling *and* pride come, then emptiness *and* shame come also, but with the **humble** (those who are lowly, who have been pruned or chiseled by trial, and renounce self) are skillful *and* godly Wisdom *and* soundness. <sup>30</sup>The fruit of the [uncompromisingly] righteous is a tree of life, and he who is wise captures human lives [for God, as a fisher of men—He gathers and receives them for eternity]. **Proverbs 16:17-19** The highway of the upright turns aside from evil; he who guards his way preserves his life. <sup>18</sup>Pride goes before destruction, and a haughty spirit before a fall. <sup>19</sup>Better it is to be of a **humble** spirit with the meek *and* poor than to divide the spoil with the proud. **Psalms 10:17-18** O Lord, You have heard the desire *and* the longing of the **humble** *and* oppressed; You will prepare and strengthen *and* direct their hearts, You will cause Your ear to hear, <sup>18</sup>To do justice to the fatherless and the oppressed, so that man, who is of the earth, may not terrify them any more. **Psalms 34:2-4** I will bless the Lord at all times; His praise shall continually be in my mouth. <sup>2</sup>My life makes its boast in the Lord; let the **humble** *and* afflicted hear and be glad.



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### His promises and Our Response:

**James 4:10** HUMBLE yourselves before the Lord, and He will exalt you.

**Colossians 3:12** Since God chose you to be holy people He loves, you must clothe yourselves with tenderhearted mercy, kindness, HUMILITY, gentleness and patience.

**James 4:6** But He gives more grace. Therefore, it says 'God opposes the proud but gives grace to the HUMBLE.'

**Ephesians 4:2** Always be HUMBLE and gentle. Be patient with each other, making allowances for each other's faults because of your love.

**Matthew 23:12** Whoever exalts himself and be HUMBLER, and whoever HUMBLER himself will be exalted.

**James 4:10** Therefore, HUMBLE yourselves under the mighty hand of God, that in due time He may exalt you.

**1 Peter 5:6-7** Casting the whole of your cares, anxieties, worries and concerns, once and for all on Him, for He cares for you.

**National Day of Prayer, May 7** [https://www.nationaldayofprayer.org/2026\\_theme](https://www.nationaldayofprayer.org/2026_theme)

Our theme is inspired by a passionate prayer of Thanksgiving, prayed by King David in 1 Chronicles 16 after bringing the Ark of the Covenant to Jerusalem. This chapter records Israel celebrating the return of the Ark after being separated for 70 years earlier.

***"Tell of His glory among the nations,  
His wonderful deeds among all the peoples." 1 Chronicles 16:24 NASB***