

PRAYER LETTER FOR GRACE OF CHRIST CHURCH | Week of August 10, 2026

I realized (too late to fix) that I didn't include this intro in last week's prayer letter. For those of you who open the attachment, you read it but for the rest, the screen was blank! So, this week is a repeat for some, new for others. The praises and prayers are all from this week 😊

2 Corinthians 10.5 *We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.*

Psalms 19.14 *May these words of my mouth and this meditation of my heart be pleasing in your sight, Lord, my Rock and my Redeemer.*

Colossians 3.2 *Set your minds on things that are above, not on things that are on earth.*

The power of our thoughts...

thoughts → words → actions/reactions → habits → character → destiny

Sometimes I feel like I'm in a rut. My thoughts going round and round like a cd on repeat! I've had moments when I call out to God, a bit exasperated, and when I do, I am reminded I can choose to think a different thought. The Bible tells us to begin with praise. So, that is where I start.

I remember a friend telling me about neuroplasticity – we can rewire the way we think – and her sharing she pushes herself to do things differently that she is used to doing a certain way. For example, driving to work using a new route. Changing up your daily walk to go in a new direction. Or parking your car in a different section of the Costco parking lot. The first time I tried parking in a new section I came out of the store lost. Of course, I had forgotten this new game I was playing, and I wandered a bit before I spotted my car. But I continue to do it. I continue finding ways for my neurons to rewire, my mind to expand, laughing at some of the outcomes, knowing I am giving Father God a good chuckle.

Our time with God is the best resource in sanctification. As we begin our prayer time with praise our mind begins to see praise opportunities throughout the day. I realize I am preaching to the choir here – so many of you have taught me this habit whether you realize it or not. The ways you react (seeing the good in a situation, directing the conversation back to God, asking God for direction, praying for (with) someone right in the moment). I've found as I've made this my habit that I more and more start to see the good in situations – I lean more on the Lord.

Yes, there are instances that I fall back into a cycle of worry or focusing on the negative in a situation – but guess who is there, whispering in my ear? The Holy Spirit nudges us, pointing our eyes, our heart, our mind... to Him. Grateful, most definitely!

A special thank you to our friend Terry who calls us at church every so often just to encourage. He sings, speaks scripture and prays for whoever answers the phone. When we spoke recently, he said the bit I have at the beginning of this letter about our thoughts developing our character and ultimately our destiny. There is indeed power in our prayers, in our thoughts, and in our words and actions.

I'm glad we are in this together!

Ericka

PRAISES

- Praise, I am feeling pretty good.
- Thank You, Lord, in all things. Thank You for our testimonies in Your goodness.
- O Lord, our Lord how majestic is Your name in all the earth.
- Praise God for the amazing, caring staff at North Star who take care of a very ill friend.
- Thankful for family gatherings this past week and the blessings of sisters both familial and sisters in Christ.
- Praise the Lord for growing times.
- Praise God from whom all blessings come!
- Praises that my son and grandchildren were able to come for a visit from Missouri. It was a wonderful time!
- Love being the whole church together at 10:00.
- Praising God our water problem was resolved.
- Majesty worship His majesty, unto Jesus be all honor, glory and praise! Sunday's sermon was awesome.
- God has put Christians in surprising places when addressing some of our issues.
- S is thankful for the connections with Sisters in Faith, every week our bond grows.
- Thank You, God, for always guiding me even when I don't listen or I procrastinate.
- Thank You, Lord, for providing opportunities to help guide others growing in their faith!
- God has not only talked to me, but he puts people in my life that push me when it is time for me to react. His voice gets louder and harder to ignore. He has demonstrated this power multiple times by just laying things into place and providing strangers to enter my life at just the right time to assist. I am grateful!

PRAYERS

- Comfort and peace for the family of Ida Evans who passed away recently.
- Healing prayer for M who is recovering from a hip surgery and has Covid.
- Healing for C's gallstones. Lord, provide answers through medical team.
- Prayer for K in hospital with collapsed lung. Wisdom for her doctors.
- Prayer for T's recovery.
- Continued healing for L who is gaining more and more strength after a battle with pneumonia.
- Prayers for my cousin J and his wife B. He fell and broke his hip and she is in the hospital with kidney failure.
- Prayer for arthritis pain in my upper arm.
- Healing prayer for a child who is having surgery. Prayers for provision for the family.
- Prayers for J as she struggles with no answers for pain. Help for a clear mind and remembering You are with her and You are the great healer.
- Father God, please guide my kids as they are figuring out their lives.
- Please pray for C and S as they bring K home; may she seek God's plan in her life.
- Please pray for my grandson J who had his thyroid gland removed because of cancer.
- Please pray for my husband P who is in great pain and trying to accept his motor skills diminishing.
- D and L need prayers for strength and attention to follow the Spirit's leading.
- For C, uneventful healing of a fracture.

- Pray for those in Spokane and in all other places affected by the fires.
- Pray for showing of my house on Friday.
- Pray for family in Spokane who were evacuated from homes. Keep their homes safe, Lord! Prayers for my sister and brother-in-law, who has amputated legs, safe in Spokane.
- Please pray for B's niece who is struggling with major health issues and life in general.
- Praying for those affected by fire and smoke throughout the state and country. God, be with the firefighters and emergency personnel.
- Prayers for the church, Pastor Gregory and his family. Pray for Yakima and the nation. Pray for those living in the shadows.
- Please pray for unity in our church as we celebrate what Christ has done for us together in one service this August. I love one service. May we together rise above our differences to represent You well in our community.
- Prayers for healing for my sister who had shoulder surgery last week. Prayers for healing for others who have had surgery or are going to have surgery.
- Pray for housing for J. Pray for deliverance from her anxiety and depression. To return to a relationship with Jesus.
- Prayers for my siblings.
- V was released with no charges. Pray he gets counseling and guidance going forward.
- Prayers for my sister, brother and sister-in-law. I pray that I may talk with them soon.
- Pray for D, he is struggling with forgetfulness. Pray for S to be kind and choose auto-mechanics school and driving soon.
- Please plead the blood of Jesus Christ and the full armor of God over me. I have been under serious spiritual attack in nearly every area of my life. I need prayer for guidance from the Lord and for me to trust Him more, to focus on Jesus more and put Him first. Please also pray for my eyesight to be healed, and for me to find the right employment and to stick with that job if that's where God wants me. I praise the Lord Jesus Christ and thank Him for this opportunity to ask for prayer, and to come to Him!

THANK YOU FOR PRAYING FOR OUR CHURCH AND CAMP STAFF:

STAFF: (Rev. Dr.) Gregory Wagenfuhr; (Business Manager) Tammy Nunley; (Student Ministries) Kara Candid; (Family & Children's Ministry) Sarah Huck; (Media/Tech) Deb Meyers and Becca Mailand; (Building/Grounds/Custodial) John Yolo, Stephen Dalton, and Ryan Albertson; (Administrative Assistant) Ericka Clark; (Worship Leaders) Jason Wickson, Nathan Gross, and Anne Schilperoort; (Preschool Teachers) Amber Miller and Amiya Aparicio; (Childcare) Gracie Miller, Maddie Miller, Jennifer Brice, and Grace Johnson; (Interns) Belen Damian-Vasquez, Eli Westfall, Jasmine Barriga, Peyton Crumrine, Jaylene Esquivel, and Victor Corona.

GHORMLEY STAFF: Joel Whitehead, Noah and Karlie Camp, Richard Hayland, Taylor Miller, Kaeden and Alicia Schmidt.

CAMP GHORMLEY BOARD: Jeff Arkills, Rob Culp, Tony Klein, Emily Lee, Suzanne Marinace, Amae Merrill, Rich Milhorn, Meagan Sylvester, Gregory Wagenfuhr, and Joel Whitehead.