

(Philippians 4:6-7) Do not be anxious about anything, but in everything by prayer and pleading with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and minds in Christ Jesus.

(2 Chronicles 16:9) For the eyes of the Lord roam throughout the earth, so that He may strongly support those whose heart is completely His. You have acted foolishly in this. Indeed, from now on you will have wars.

Culture influences us to...

- Achieve more.
- _____ more.

- Compare more.
- _____ more.

- Control more.
- _____ more.

- Listen to more.
- _____ more.

--- Anxious for Nothing ---

(1 Peter 5:5b-7) God is opposed to the proud, but He gives grace to the humble. Therefore humble yourselves under the mighty hand of God, so that He may exalt you at the proper time, having cast all your anxiety on Him, because He cares about you.

- _____ **Christ more.**

(Acts 17:24-29) The God who made the world and everything that is in it, since He is Lord of heaven and earth, does not dwell in temples made by hands; nor is He served by human hands, as though He needed anything, since He Himself gives to all people life and breath and all things; and He made from one man every nation of mankind to live on all the face of the earth, having determined their appointed times and the boundaries of their habitation, that they would seek God, if perhaps they might feel around for Him and find Him, though He is not far from each one of us; for in Him we live and move and exist, as even some of your own poets have said, 'For we also are His descendants.' Therefore, since we are the descendants of God, we ought not to think that the Divine Nature is like gold or silver or stone, an image formed by human skill and thought.

(Isaiah 64:4) For from days of old they have not heard or perceived by ear, nor has the eye seen a God besides You, Who acts in behalf of one who waits for Him.

- _____ **Christ more.**

(Isaiah 41:10) Do not fear, for I am with you; Do not be afraid, for I am your God. I will strengthen you, I will also help you, I will also uphold you with My righteous right hand.

(Psalm 50:12-15) If I were hungry I would not tell you, for the world is Mine, and everything it contains. Shall I eat the flesh of bulls or drink the blood of male goats? Offer God a sacrifice of thanksgiving and pay your vows to the Most High; Call upon Me on the day of trouble; I will rescue you, and you will honor Me."

- _____ **Christ more.**

(Matthew 11:28-30) Come to Me, all who are weary and burdened, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is comfortable, and My burden is light.

(Psalm 55:22) Cast your burden upon the Lord and He will sustain you; He will never allow the righteous to be shaken.