

# Community Groups

## Sermon Discussion Guide

April 26th, 2026 | The Book of 1 Timothy

### Prayer

Take time before discussion to take prayer requests and pray for each member of the group that requests prayer.

### Read 1 Timothy 4:1-6 out loud as a group.

1. What we know about Christ shapes how we grow. What are some things that you know to be true about Jesus that you have struggled to live out this week?

*Help your group connect belief to daily practice. Press beyond “head knowledge” and into specific moments where truth should have shaped actions, reaction, or decisions.*

2. Paul warns about “falling away” by attaching ourselves to the wrong things. What are some subtle ways we can drift or attach our attention to things that pull us away from Christ?

*Encourage honesty here. This is often not an obvious rebellion but a slow distraction. Help them identify real life examples like busyness, comparison, comfort, or cultural voices.*

3. Some false teachings include trying to behave, suffer, define, or feel our way to God. Which of these do you naturally lean toward, and how does that show up in your life?

*Guide them to self awareness. Most people default to one of these (moralism, asceticism, mysticism, humanism). Help them see how each can replace dependence on Christ.*

### Read 1 Timothy 4:7-12 out loud as a group.

4. “Discipline yourself for the purpose of godliness.” What spiritual disciplines are currently present (or absent) in your life, and how are they shaping who you’re becoming?

*Keep this practical. The focus is not on perfection, but on consistently following Jesus. Help them see discipline as training, not punishment.*

5. You’re called to be an example in speech, conduct, love, faith, and purity. Which of these areas is currently strongest for you, and which one needs the most attention?

*Encourage a time of honest reflection. This is more than just strengths and weaknesses, but a moment to repent and call each other to a higher degree of christlikeness. Ask for specific examples and what growth could look like this week.*

**Read 1 Timothy 4:13-16 out loud as a group.**

6. We grow as we faithfully steward God's gifts, given to us. What gifts, opportunities, or responsibilities has God entrusted to you right now, and how intentionally are you using them for His purposes?

*Help your group move beyond vague ideas of "gifting" and into specifics like time, abilities, influence, resources, and relationships. Encourage them to identify one concrete way they can more faithfully invest what God has already given them this week.*

7. Paul closes with "pay close attention to your life and your teaching." What is one area of your life or way of thinking that needs to be more carefully guarded right now?

*Drive the conversation toward action. Ask them to name something specific and what a next step of "safeguarding" would actually look like this week.*