

## Mary & Martha

Luke 10:38-42

**Story:**

### ★ Introduction & Story:

**Simple Timeline Recap:** “God created the world and it was perfect. Adam and Eve sinned (sin is anything we think, say, or do that displeases God) and everyone after them also sinned. This separates us from God, but God has a plan to have a relationship with people. And that plan is Jesus - His Son. He sent His Son to die and offer forgiveness. When we accept this forgiveness, we can live with God forever. Today’s story is about Jesus when He lived on Earth.

**Today’s Story:** Jesus and his disciples traveled around Judea often. Jesus would teach in an area and then move on to another area to teach those people.

When they were in a town called Bethany, they often visited Martha, Mary, and their brother Lazarus. The Bible tells us in John 11:5 Jesus loved them very much. Martha, Mary, and Lazarus were not just people that Jesus taught along his way, but they were his friends.

Once, when Jesus and his disciples were traveling, they went to Bethany and Martha welcomed them into her home. Her sister Mary sat at the Lord’s feet and was listening to what he said. Martha was distracted by her many tasks of preparing a meal for the travelers. She came to Jesus and asked, “Lord, don’t you care that my sister has left me to serve alone? Tell her to give me a hand.”

Jesus answered her, “Martha, Martha, you are worried and upset about many things, but one thing is necessary. Mary has made the right choice, and it will not be taken away from her.”

### ★ Connection to God’s Overall Story/Plan:

**Little’s:** Jesus wants us to spend time with Him. Even when He was on Earth, Jesus was spending time with God the Father. He praised Mary for sitting at His feet - for spending time with Him. How can we spend time with God?

**Olders:** We are totally called to serve the Lord. He wants us to volunteer, love others, and show the world who He is by acting like Him. Yet service is not the only thing God called us to do. Here, God is telling Martha - the one serving - that Mary - the one sitting - has made the right choice. There needs to be a balance between resting in Jesus and being obedient to what He commands us to do. We need to abide in Jesus. If we get so busy working - even if it is for Jesus - then we can become distracted and not hear Jesus.

### Big Bible Connection

- Echoes Deuteronomy's call to love God with whole heart (Book of Deuteronomy 6).
- Highlights the priority of relationship over ritual.
- Anticipates the New Covenant focus on heart transformation.

### Theological Themes

- **Discipleship** – Mary sits in the posture of a rabbinical student.
- **Priority** – Being with Jesus before doing for Him.
- **Grace over performance** – Identity not earned by service.

### Historical / Cultural Background

- Women typically did not sit at a rabbi's feet as formal disciples.
- Hospitality was extremely important in Jewish culture.
- Jesus affirming Mary challenged social expectations.

### Follow Up:

★ **Retell:** Have kids share what they recall from the story. Fill in any major holes they missed.

★ **Examine:**

- Comprehension Questions
  - What does it mean "to sit at someone's feet?"
  - Does this story tell us that we should only sit and listen to what Jesus says and never serve in another way? (Of course not. But Jesus is pointing out to Martha that she is distracted by her

- Does this story tell us that we should only sit and listen to what Jesus says and never serve in another way? (Of course not. But Jesus is pointing out to Martha that she is distracted by her tasks and not focused on the more important things. In other words, there is nothing wrong with serving as Martha did, but she allowed her service to be the most important thing, not why she was doing it. She was concerned about what she was serving, not whom.)
- Do you think that at the time, a woman sitting at a Rabbi's feet, learning from him was usual? (No, but Jesus did not differentiate men from women that way the culture did. He welcomed all.)
- Ask, "What do we learn about God from this story? What does He do?"
  - God spends time with us. God wants to spend time with us.
- Ask, "What do we learn about humans from this story? What are humans doing?"
  - Humans can be distracted and even do good things in an out-of-whack way.

★ **Application:** Ask, "What is Jesus asking us to do through this story? Why did God include this in the Bible?"

- Jesus is asking us to spend time with Him. To make sure knowing Him is more important than being busy.

★ **Prayer**

### Memory Verse Practice:

★ **Verse:** Colossians 3:23 CSB - Whatever you do, do it from the heart, as something done for the Lord and not for people

### Sticky Activities:

★ Worksheets & coloring pages

★ Crafts



We need to make time for Jesus. So for this craft, the kids can make a clock.

## Make your own Watch

Help your children remember to make time for Jesus with this simple watch craft.

### What you need:

- Template page,
- Colouring pencils,
- Scissors,
- Glue,
- Fastener (split) pin.



### What to do:



Colour the template page.



Cut out the parts. Ask an adult to help with the hands.



Fix the hands to the clock face using a fastener pin. Glue the larger circle to the back then, glue it onto the strap.



Listening Ears

★ **Sensory:**

- •• Visual
  - Busy vs Listening Scene
  - Timer Demo - Watch time pass.
- 👃 Smell
  - Kitchen Spices
  - Bread Baking Scent
- 🤲 Touch
  - Dish Towel Folding
  - Sit on Soft Pillow vs Hold Heavy Pot
- 🏃 Movement
  - Busy Relay
  - Freeze & Listen Game
  - kids run (Martha) when you call "Martha!" and immediately stop and sit (Mary) when you call "Mary!"
- 🗣️ Sound
  - Noise vs Quiet Demo
  - Whisper Scripture

**Send Home Page:** See attached



**Today's lesson was on  
Mary and Martha**

**Luke 10:38-42**

**Memory Verse:**

- Colossians 3:23 CSB - Whatever you do, do it from the heart, as something done for the Lord and not for people

**\*Kids that recite the memory verse  
to the teacher next week earn a prize \***

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**KIDS**  
**EASTER**  
*week walk*  
MARCH 25TH-28TH

*scan for more details →*



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## **Memory Verse:**

**Colossians 3:23 CSB -**

**Whatever you do, do it  
from the heart, as  
something done for  
the Lord and not for  
people**



Fill in the Blanks

Colossians 3:23 CSB -

Whatever you \_\_\_\_, \_\_\_ it from  
the \_\_\_\_\_, as something  
\_\_\_\_\_ for the \_\_\_\_\_ and not  
\_\_\_\_\_ for \_\_\_\_\_

Draw something that you can do for  
the Lord!

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# Mary and Martha Coloring Page



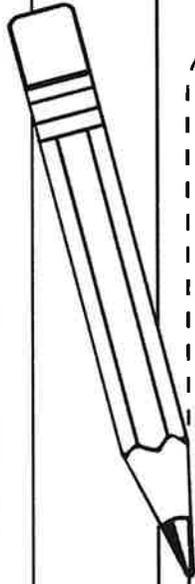


Jesus said to Martha, "You are worried and upset about many things, but only 1 thing is needed."



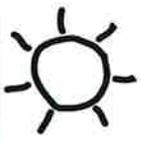
Mary has chosen what is better, and it will not be taken away from her."

Find and circle these words in the puzzle below.  
CHOSEN BETTER NOT TAKEN AWAY



C H O S E N Z  
L B E T T E R  
Q Z X N O T W  
T A K E N L B  
S A W A Y N T

# Children's Worship Bulletin™



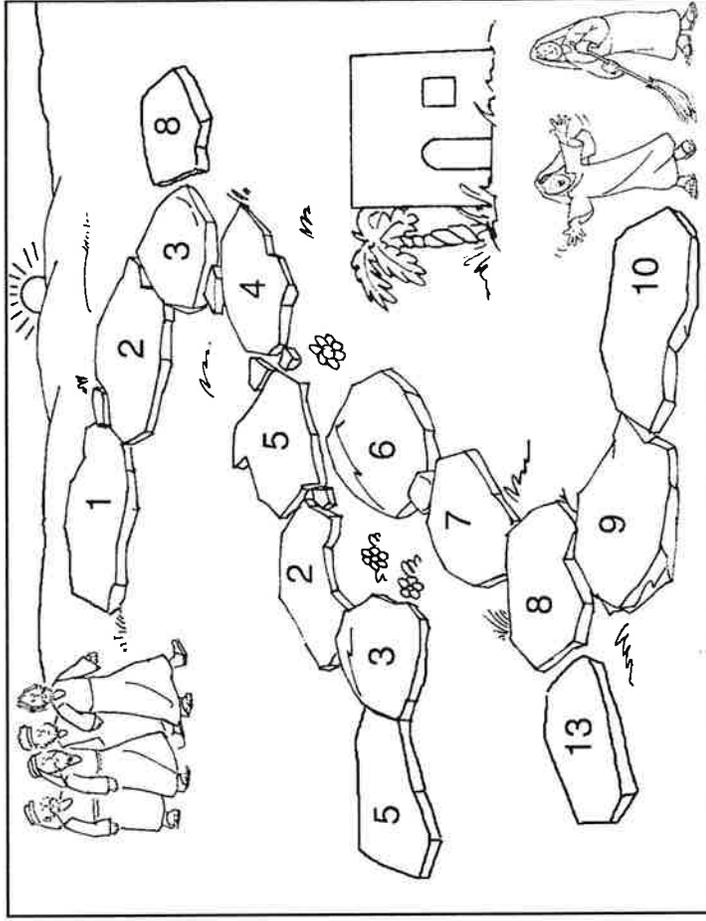
Ages 3+

March 8, 2026 • Luke 10:38-42

## Mary and Martha

Mary and Martha were sisters.  
They welcomed Jesus  
and His disciples into their home.

Follow the numbers to Mary and Martha's house.  
1 2 3 4 5 6 7 8 9 10



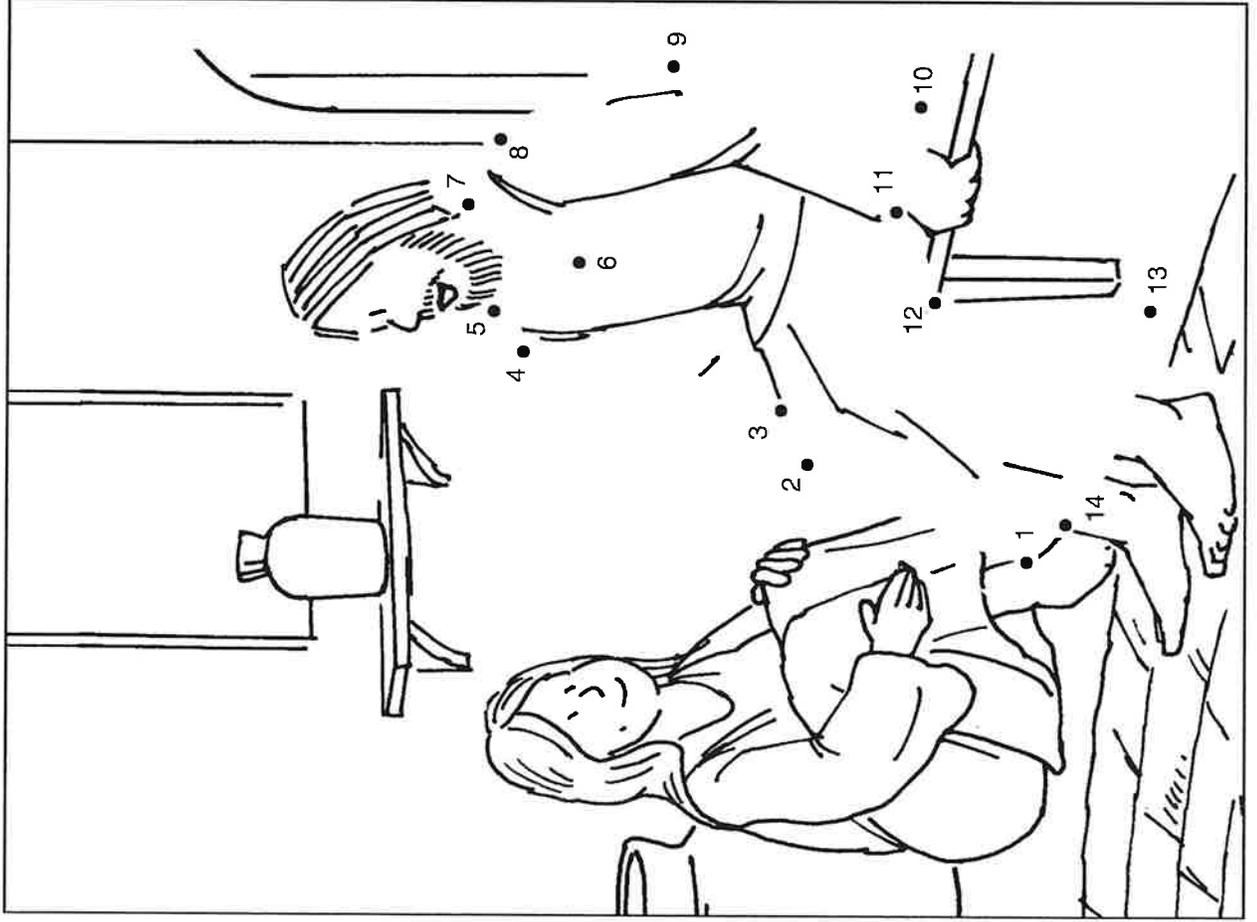
Enter your **SECRET CODE** to unlock games @  
[games.childrensbulletins.com](http://games.childrensbulletins.com)

**SECRET CODE!**

**JH4870**

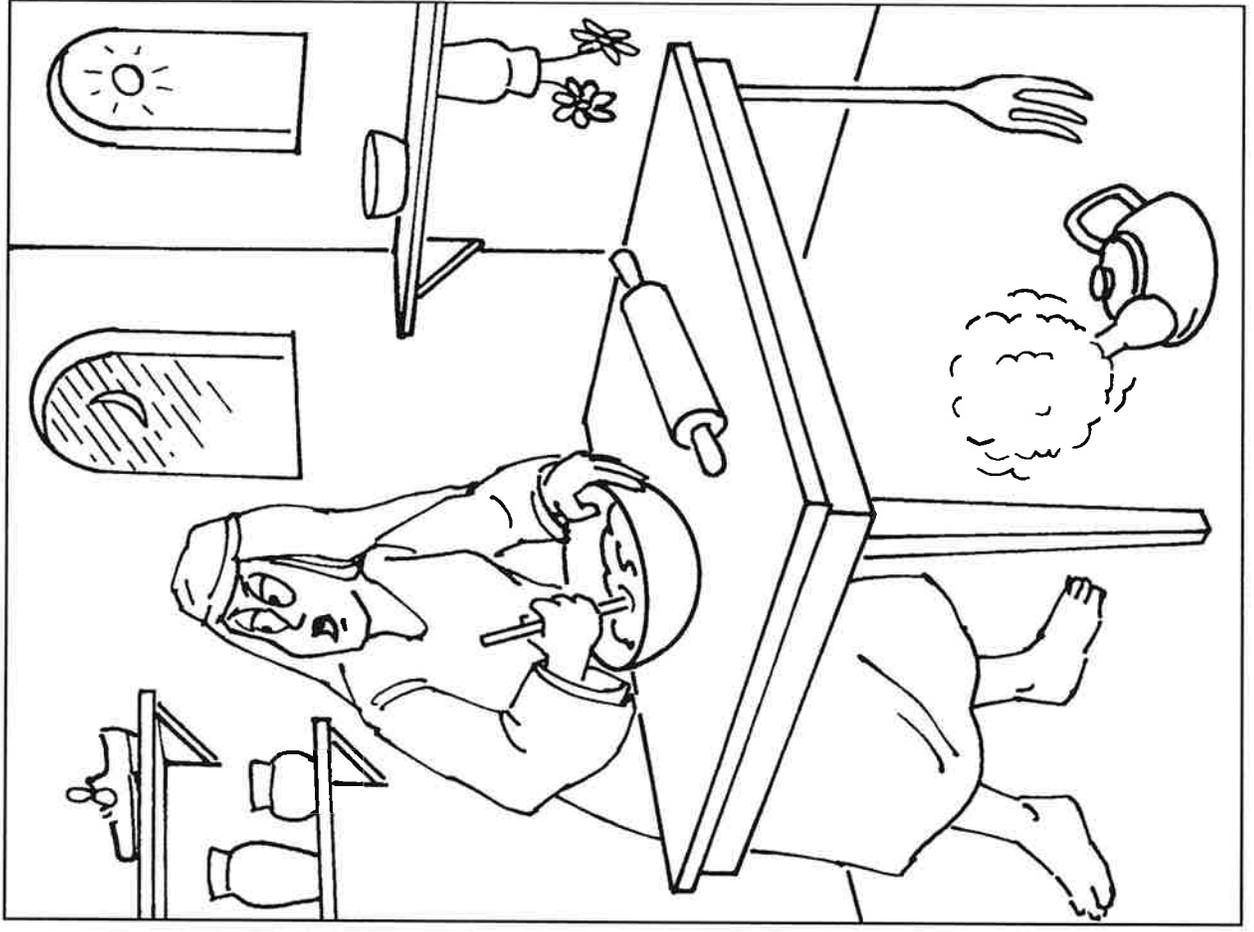
Mary sat down at Jesus' feet  
and listened to all He had to say.

Connect the dots. 1 2 3 4 5 6 7 8 9 10 11 12 13 14



Martha was upset. She thought  
Mary should be helping her.

Find and circle 6 things wrong in the picture.

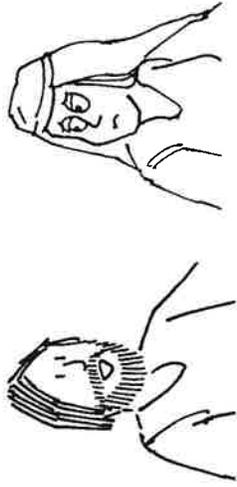




What did Jesus say to Martha?

Use the code to write the words on the blanks.

☐ = away	☐ = her	☐ = not	☐ = thing
☐ = better	☐ = Mary	☐ = one	☐ = upset
☐ = chosen	☐ = needed	☐ = taken	☐ = worried



“You are \_\_\_\_\_ and \_\_\_\_\_  
 \_\_\_\_\_ about many \_\_\_\_\_ s,  
 but only \_\_\_\_\_ is \_\_\_\_\_ has  
 \_\_\_\_\_ + \_\_\_\_\_  
 \_\_\_\_\_ what is \_\_\_\_\_, and it will \_\_\_\_\_  
 + \_\_\_\_\_  
 be \_\_\_\_\_ from \_\_\_\_\_.”

# Children's Worship Bulletin™

Ages 7+

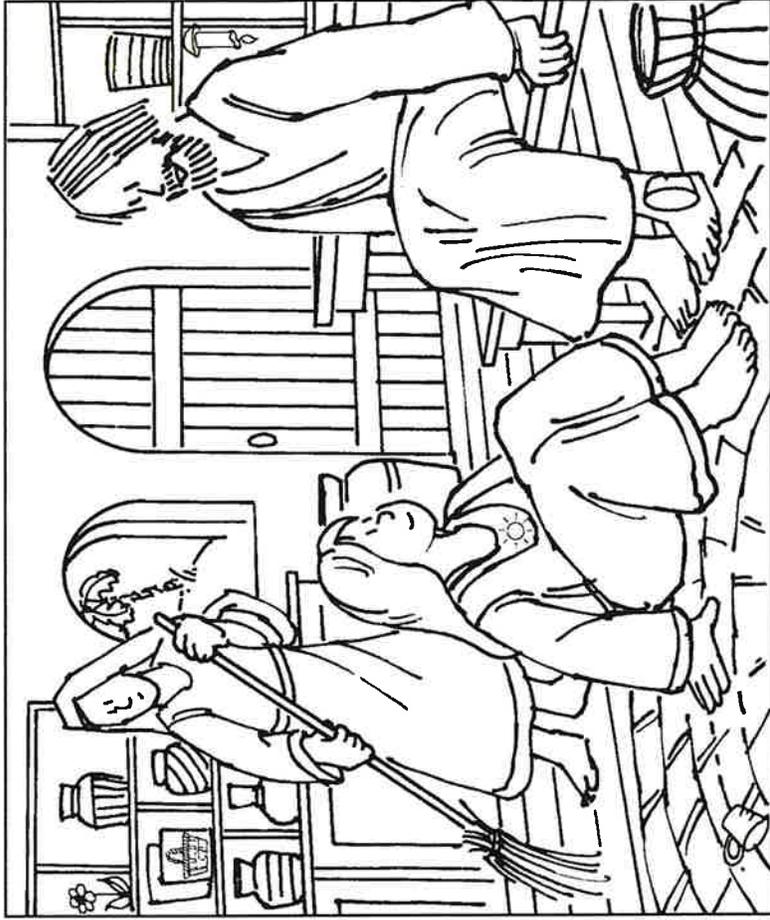
March 8, 2026 • Luke 10:38-42

## At the Home of Mary and Martha

Jesus was visiting in the home of Martha and Mary.

Find these things in the picture.

Circle them.



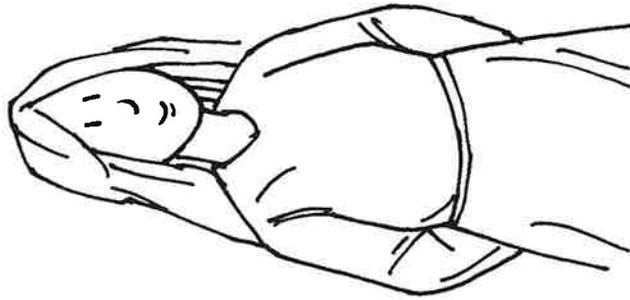
Enter your SECRET CODE to unlock games @ [games.childrensbulletins.com](http://games.childrensbulletins.com)

SECRET CODE  
**VTNYB8**

When Jesus arrived, the sisters did different things.  
 What did Mary do?

Use the code to find the answer.

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z  
 Z Y X W V U T S R Q P O N M L K J I H G F E D C B A



H \_ S \_ V \_ H \_ Z \_ G \_

\_ Z \_ G \_

Q \_ V \_ H \_ F \_ H \_

\_ U \_ V \_ V \_ G \_

\_ Z \_ M \_ W \_

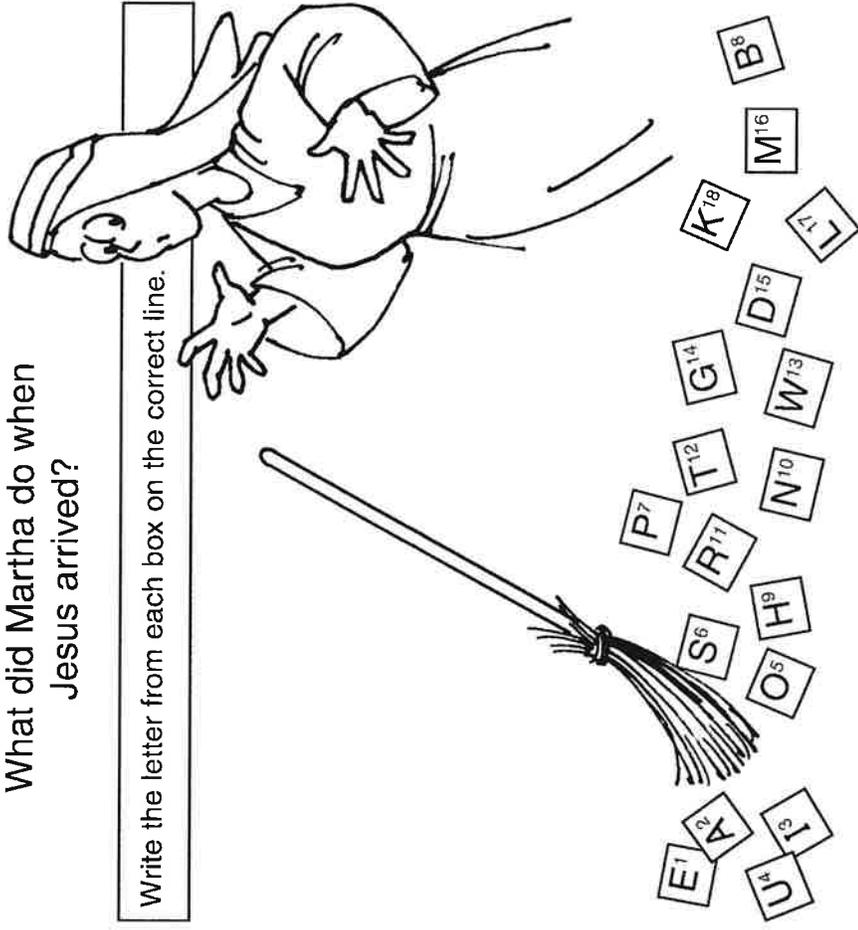
\_ O \_ R \_ H \_ G \_ V \_ M \_ V \_ W \_

\_ G \_ L \_ D \_ S \_ Z \_ G \_

\_ S \_ V \_ H \_ Z \_ R \_ W \_

What did Martha do when  
 Jesus arrived?

Write the letter from each box on the correct line.



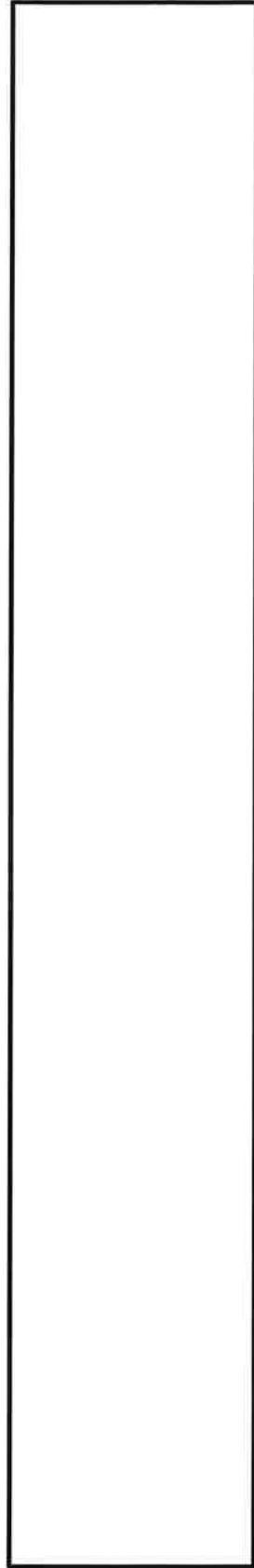
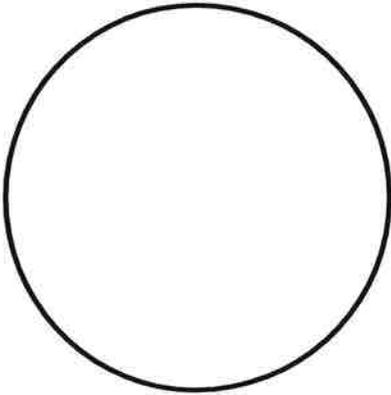
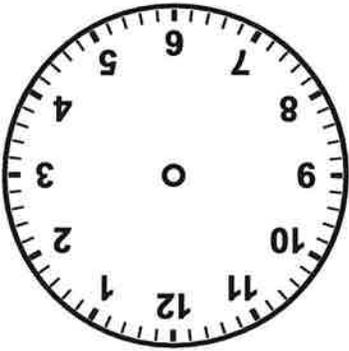
\_ 6 \_ 9 \_ 1 \_ 13 \_ 5 \_ 11 \_ 11 \_ 3 \_ 1 \_ 15

\_ 2 \_ 8 \_ 5 \_ 4 \_ 12 \_ 16 \_ 2 \_ 18 \_ 3 \_ 10 \_ 14

\_ 2 \_ 17 \_ 17 \_ 12 \_ 9 \_ 1

\_ 10 \_ 1 \_ 1 \_ 15 \_ 1 \_ 15

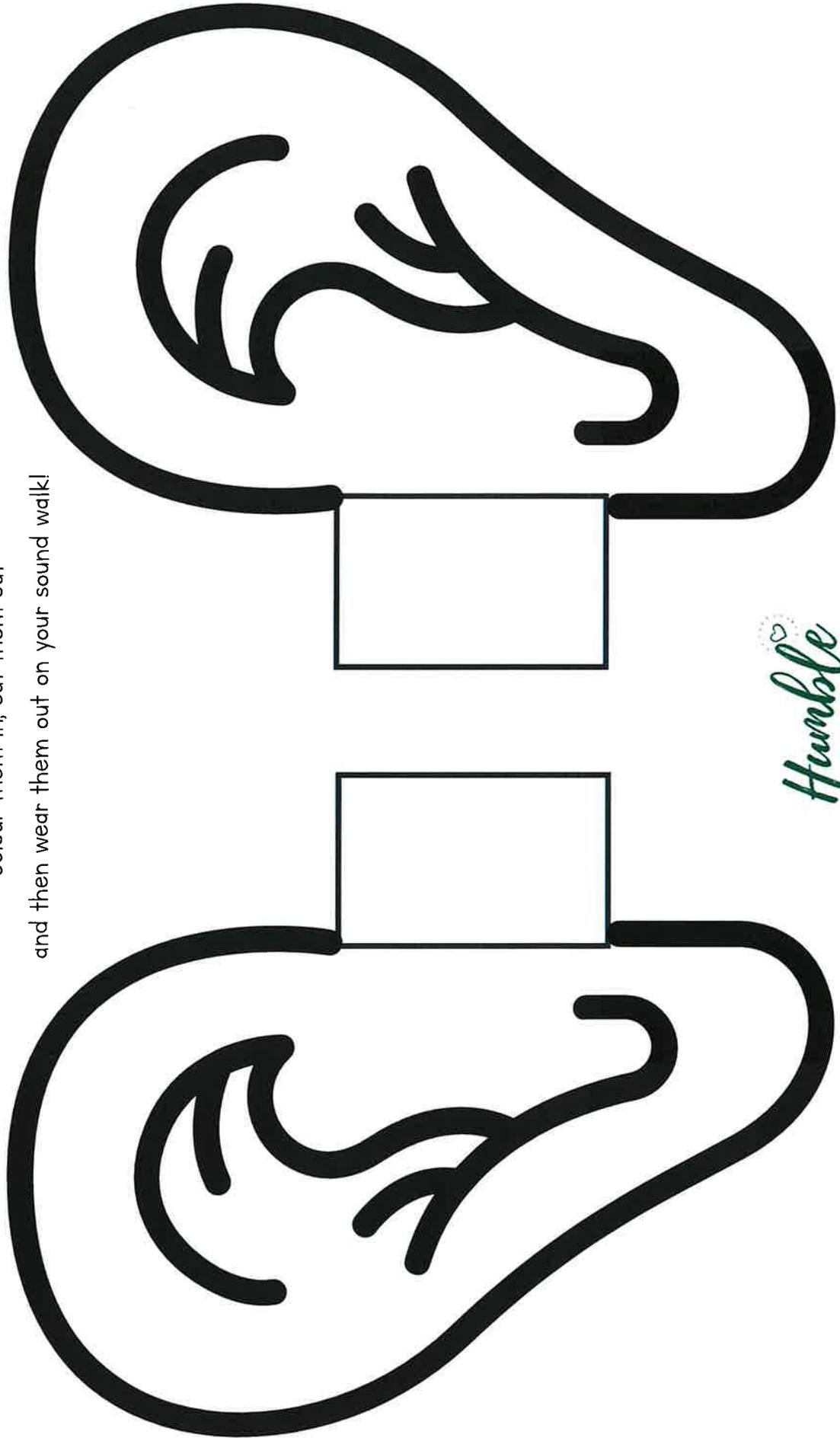
\_ 7 \_ 11 \_ 1 \_ 7 \_ 2 \_ 11 \_ 2 \_ 12 \_ 3 \_ 5 \_ 10 \_ 6





# BIG EARS HEADBAND

Colour them in, cut them out  
and then wear them out on your sound walk!



*Humble*  
home & classroom





