

**June 14**  
**What is Worship**

**Story:**

★ **Introduction & Story:**

All over the book of Psalms in the Bible we are told to worship the Lord. But what does it mean to worship?

We worship in many ways.

Sometimes we sing songs about God and sometimes we sing songs to God. Singing is a very enjoyable way to worship. Unless you don't like music. Most people like music and like singing, but not everyone. But there are other ways to worship the Lord. We can praise Him. We don't have to do it in a song. We can just talk about how wonderful He is and how much we love Him. We can do this by telling others about how we feel, or we can do it in a prayer telling God directly how we feel.

When we read our Bibles and think about what He is telling us through His Word, we are worshipping Him. When we obey our moms and dads, we are worshipping Him by doing what He has told us is good to do.

When we give Him some of our money, time, or talents, we are worshipping Him by giving back some of what He has given us.

And sometimes we worship just by thinking about Him and being thankful for all He has given us.

He loves us very much. Worshipping is loving Him back.

**Follow Up:**

★ **Prayer** - Thank the Lord for all that He has done! Take reports of praise from the kids first and then thank Him in a prayer.

## Memory Verse Practice:

### ★ Verse:

- Give thanks to the Lord, for he is good.  
His faithful love lasts forever. -- Psalm 136:1
- Come, let's worship and bow down. Psalm 95:6a
- Psalm 100:1 in other translations says "Make a joyful noise", but CSB does not.

## Sticky Activities:

★ Worksheets & coloring pages

★ Craft:



## Crafts

### 1. Praise Shakers

Supplies:

- Plastic eggs or cups
- Rice or beans
- Tape
- Stickers

Children decorate and use them during worship songs.

Talk about using music to worship God.

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## **2. Praise Streamers**

Supplies:

- Ribbon or crepe paper
- Craft sticks
- Tape

Kids wave streamers while singing worship songs.

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## **3. "I Love God" Heart Craft**

Supplies:

- Large paper heart
- Stickers
- Markers

Write:

**"I worship God because He loves me."**

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## **4. Worship Hands**

Trace each child's hands and cut them out.

Glue them around a cross or heart.

Write:

**"I can raise my hands to worship God."**

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## **5. Tambourine Plate**

Paper plates with bells or beads attached around the edge.

Decorate and use during worship time.

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## **Movement Activities**

### **1. Freeze-and-Praise**

Play worship music.

Children dance while music plays.

When it stops:

- Clap for God
  - Raise hands
  - Kneel
  - Point to heaven
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### **2. Worship Actions Game**

Leader calls:

- Clap for God!
  - Jump for joy!
  - Raise your hands!
  - Spin and say "Thank You, God!"
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### **3. Palm Branch Parade**

Use green paper leaves.

March around shouting:  
"Hosanna!"

Great for connecting worship to Jesus.

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## **Sound Activities**

## **1. Worship Band Station**

Provide:

- Shakers
- Rhythm sticks
- Bells

Children play along with worship music.

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## **2. Loud and Soft Praise**

Practice praising:

- Whisper praise
- Normal praise
- Loud praise

Discuss how God hears all of it.

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## **Touch Activities**

### **1. Ribbon Dancing**

Children move ribbons to worship music.

They can make circles, waves, and figure eights.

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### **2. Texture Cross**

Create crosses from:

- Felt
- Sandpaper
- Cotton
- Foam

Explore while discussing Jesus.

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## **Visual Activities**

### **1. Praise Picture Wall**

Show pictures of:

- People praying
- Singing
- Serving
- Reading the Bible

Ask:

"Which of these are ways to worship God?"

(Answer: all of them!)

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### **2. Glow Sticks During Worship**

Dim the lights slightly and use glow sticks during a worship song.

Talk about shining for God.

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## **Smell Activities**

### **1. Flower Praise Station**

Children smell flowers and thank God for what He made.

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### **2. Scented Paint Worship Art**

Add vanilla or lemon extract to paint.

Children create a "Thank You God" picture.

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## **Taste Activities**

### **1. Praise Party Snack**

As children eat fruit or crackers, have them name things they're thankful for.

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### **2. Thankfulness Trail Mix**

Children help mix ingredients together.

Each ingredient represents a blessing from God.

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## **Experiential Activities**

### **1. Worship Circle**

Sit in a circle.

Pass around a plush heart.

Whoever holds it says one thing:

"Thank You God for \_\_\_\_\_."

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### **2. Praise Tunnel**

Teachers form a tunnel.

As children walk through, everyone says:

- "God is good!"
  - "Praise God!"
  - "Jesus loves you!"
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## **Sensory Bin Idea**

**"Ways We Worship" Sensory Bin**

Fill with:

- Small musical instruments
- Foam hearts
- Crosses
- Ribbon pieces
- Toy people figures

Hide picture cards showing:

- Singing
- Praying
- Helping
- Reading the Bible
- Giving thanks


As children find them, discuss how each is a way we worship God.

### **Simple Worship Experience Station**

Set up four corners:

 **Music Corner** – Shakers and worship songs

 **Prayer Corner** – Stuffed animals to pray for

 **Thank You Corner** – Draw things God gives us

 **Movement Corner** – Dance ribbons and streamers







★ MAKE A JOYFUL NOISE ★



