



PATHFINDER BIKE-A-THON

April 2, 2023 / South Ridge

OVERVIEW

DESCRIPTION

This is a one-day riding/walking event, which combines the following goals:

1. To provide a Conference supervised event to complete the cycling honor requirements for riding 50 miles.
2. To raise funds for the local club and their programs.
3. A percentage of total funds for Conference use as follows:
 - (a) To fund the Pathfinder Coordinator services to clubs and to the Conference.
 - (b) To pay expenses for the Bike-a-thon.
 - (c) To help with specific mission projects. (See DIVISION OF FUNDS for percentages)

ELIGIBLE

Only Pathfinders, staff members, and guests who are Pathfinder age or above and have turned in a sponsor sheet of at least 5 Sponsors are eligible to ride in the Bike-a-thon. A Pathfinder must be at least 10 years of age, or in the fifth grade.

DATE

April 2, 2023

TIME

8:00 a.m. – Track opens
4:00 p.m. – Track closes

LOCATION – South Ridge Estates 9413 S Butte Rd, Sutter, CA 95982

NO PETS

For the safety of our Pathfinders, on and off the track, NO pets are allowed on any portion of the grounds at the Bike-a-thon. All pets will be removed and a \$100 fine will be assessed to the club.

SPONSORS

Each Pathfinder is encouraged to contact family, friends, relatives, and persons within the church to sponsor them in the Bike-a-thon. In order to be eligible to ride in the Bike-a-thon, each rider must have a minimum of five (5) Sponsors. Each sponsor may sponsor the Pathfinder on a per mile basis (i.e. 25¢ per mile, with or without a maximum amount), or a one time flat fee (i.e. \$20.00 no matter how many miles the Pathfinder rides). The key to raising funds is to have a lot of Sponsors. Directors: Sponsors trust you to see that the miles ridden are accurate. Please don't let them down.

SPONSOR SHEETS

Before arriving at the Bike-a-thon, each Pathfinder should have turned in their Sponsor sheets to the Club Director. The Director must bring three copies that have the Club name and Pathfinder's name CLEARLY written on each sheet. After the Director has collected all of the Sponsor sheets, they must be put in alphabetical order, and placed in a large envelope(s), with the Club's name written on each envelope. If the above instructions are not followed, the Coordinator has the right to refuse your Sponsor sheets until the instructions are followed properly. This will only DELAY your Clubs starting time. All Sponsor sheets must be brought to the Bike-a-thon, and checked in with your Coordinator.



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CLOTHING

Modest biking gear, shorts, T-shirts or other clothing may be worn. The weather can start cool. It can be windy.

BIBS

All bibs need to be CLOTH –no PAPER bibs

HELMETS

All riders must ride with an approved Department of Transportation (DOT) helmet. NO EXCEPTIONS!

MOST IMPORTANT

SAFETY!!! The Coordinators and Bike-a-thon Safety Patrol can and WILL remove any rider from the track under the following conditions:

- 1.If the bike is found to be in violation of the safety rules as described under the heading "Safety Rules".
- 2.If the rider is riding in a reckless manner and endangering other riders. The rider must have their hands on the handlebars at all times.
- 3.If the rider is found taking shortcuts or riding outside the Bike-a-thon course.
- 4.If the rider is under 10 years old or not yet in 5th grade .
- 5.If the bike is too large for the rider or if the rider is too large for the bike.

It is at the Coordinator's discretion how long the rider is to remain off the track.

Once the rider has been removed from the track, he or she can only re-enter the track with the permission of the Coordinator who removed the rider. The rider will be taken to their area Coordinator's table where punishment will be determined.

BIKE-A-THON SAFETY PATROL

The Bike-a-thon Safety Patrol (BSP) is made up of LITs and adult volunteers who help ensure the safety of Bike-a-thon participants. The BSPs wear bright orange safety vests. They carry a radio and are in contact with headquarters. They are available to help treat immediate emergencies as well as call for help. Club Directors must inform their riders of the importance of cooperating with the BSPs. The BSPs have the authority to disallow a Bike-a-thon participant from riding on the track if he or she is not in compliance with the rules and regulations. The BSPs can either be on foot or bicycle.

UPON ARRIVAL

- 1.The key word is PATIENCE. Parking attendants will be on site. Please follow their instructions. They are there for your safety. After entering the parking area, please find a location beyond the food booths that will be your headquarters for the Bike-a-thon and unload at that location. Do not unload your Pathfinders or bicycles at the entrance.
- 2.The Director or assigned personnel will register your Club with your Area Coordinator by bringing all the Sponsor sheets to him/her at Headquarters. Upon receiving your sponsor sheets, your coordinator will give you one wristband, per rider who has a sponsor sheet. PLEASE know how many tickets, etc. you will need before you get to your Coordinator's table. Green wristbands are for all other riders. Blue wristbands are for walkers.



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3. After receiving supplies for each rider, return to Club headquarters and have each Pathfinder complete ALL information required on the ticket. After the ticket is completed, wristband should be attached snugly to the right wrist.
4. Only after the Pathfinder has his/ her bicycle; is wearing an approved Department of Transportation (DOT) helmet; is wearing the official club bib, and has his/her riders ticket attached, is he/she ready to enter the track. If it is before 8:00 am, the Pathfinder should line up at the start line.
5. The riders may stop and rest as often as they wish. Each club has the option to set up a repair/headquarters area. A place where the riders may sit down and rest, or have their bicycles adjusted. We never know what the weather has in store; therefore, we suggest you might think about bringing some portable shade with you.
6. When the rider has completed riding for the day, they should return to their club headquarters. The conference will keep a copy of the sponsor sheets for their records. The other two copies will be given to the club director.

RESTRICTED AREA – NO BICYCLES

1. Within 25 feet of the Area Coordinator's table.
2. Within 25 feet of the First Aid Area.
3. Within the food booth area.
4. Riders are not allowed to ride their bicycles to the portable toilet areas.

FOOD BOOTHS

Prior reservation is required to operate a food booth. Online Applications must be received by Heber & Leyda Morales, no later than Friday, March 24, 2023. Their email address is area4coordinators@gmail.com. Please instruct your Pathfinders that bicycles are NOT allowed in the food booth area at any time. Bicycles found in food service area are subject to "time out" with padlock. NO caffeine and NO meat are permitted.

PERSONAL MEDIA DEVICES

No personal media devices of any kind will be allowed on the track. No electronic devices whatsoever.

SAFETY

Riders must have at least one hand on the bike handle bars at all times.

DIVISION OF FUNDS

The Club will keep 65% of what it collects. The other 35% is to be sent to the Conference. Please see the "POINTS" heading for important information.

TROPHIES

Trophies will be awarded to the:

Boy, girl, and staff with the most miles ridden for the entire Conference.

Boy, girl, and staff with the most money collected for the entire Conference.



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POINTS

To receive 100 Club points for Bike-a-thon, send your check to the Conference Office Pathfinder Department for 35% of funds collected by June 9, 2023.

REPORTS

Club reports for most miles and most money must be received at the Conference Office Pathfinder Department by June 9, 2023.

AWARDS

Medallions will be given to every rider with money earned at the following award levels:

Gold: \$1000 +

Silver: \$750-\$999.99

Bronze: \$500-\$749

SANCTION

Special insurance coverage is required for the Bike-a-thon event. This special coverage is paid for by the NCC Pathfinder Department to provide a fun, safe fund-raising event.

HEADQUARTERS

Conference leadership and coordinators will be available at Headquarters.

FIRST AID

The conference will have a First Aid Station to treat minor cuts and abrasions.

MEDICAL RELEASE CONSENT FORM

Each club **MUST** have a signed **Medical Release Consent Form** from each Pathfinder's parent(s) or guardian(s).

CHECKLIST

The director, counselor, or staff member should check the bicycles before coming to the Bike-a-thon according to the following checklist:

- 1. All equipment should be securely fastened.
- 2. Tires should be in good condition with no splits or cracks - should have all the spokes - wheels should be in good condition without cracks or breaks.
- 3. Hand brakes should be in good working order with the pads carefully checked for excessive wear. The back and front brakes should be able to stop the bike when operated independently.
- 4. Foot brakes should be able to stop the bicycles.
- 5. Gears and shifting levers should be in proper working order. Derailleurs should be properly adjusted.
- 6. Chains should be properly adjusted and lubricated and should have a chain/sprocket guard covering the front sprocket. If riding with long pants please make, sure pants are strapped to the leg with a band of some kind.



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- 7. Handlebars should be securely tightened and have handle grips.
- 8. The pedals should be a full pedal and rotate freely.
- 9. The seat should be the proper height and securely tightened so that it does not move.
- 10. Every rider must wear a Department of Transportation (DOT) approved bicycle safety helmet while riding.

IMPORTANT

The above items should be checked **before** arriving at the Bike-a-thon; allow time so that if repairs are needed, they can be completed **before** the Bike-a-thon. **Any bike considered in an unsafe riding condition will not be permitted on the track. Directors:** Please make sure **you know** that all **bikes** are **safe** so that your Pathfinder is not disappointed if he/she has to be pulled off of the track!! **The responsibility is yours!! We want your Pathfinders to be able to ride safely.**

ADDITIONAL INFORMATION:

1. A jacket and water bottle should be considered for each Pathfinder riding in the Bike-a-thon.
2. Motorized bikes or scooters of any kind are prohibited at this event. Any kind of bicycle is permitted -- tandem, unicycle, BMX, single, or multi-speed geared.
3. Chemical toilets will be available for your convenience.
4. Two or more may use the same bicycle on alternate laps but **MUST** not use the same rider's ticket. Each rider must have at least 5 (five) sponsors to ride.
5. No one should ride in an unsafe condition. For example: riding with more than one person on the bicycle at a time.
6. Uniforms are not required, but it is nice to see the Pathfinders wearing their field uniforms. It may also be easier for you to spot Pathfinders from your club when they are in field uniform. The conference personnel will be in their field uniform; therefore, if you have any questions or problems, please stop them and let them help you.
7. A real emphasis should be placed on completing the 50 miles required for the bike honor.
8. Each club should have two (2) adult checkers to check off rider's laps.
9. Family and friends are not only invited, but encouraged to attend this event and see their Pathfinders in action. You might suggest that your guests bring their own chairs, and umbrellas but **NO PETS**.
10. Each club is responsible for the repair of their own bicycles. Plan on bringing air pumps, extra tubes, and assorted tools for "last minute" adjustments. An official conference vehicle will be circling the track to pick up any breakdowns and deliver them to their repair headquarters. Plan on the worst happening and hope for the best.
11. Bring plenty of water or drink for your riders. Also check to make sure they are drinking it.
12. Every rider **MUST** be wearing a club bib on the outside of their shirt or jacket, and a helmet, before they are allowed on the track. (See bib pattern in this packet.)
13. Every rider and helper (if included on registration form) will later receive a Bike-a-thon pin to put on his/her sash.
14. Please inform each of your riders where your repair headquarters will be before they enter the track.
15. All vehicles, except the official conference vehicle, are prohibited from driving on the track, unless authorized by the conference.
16. Food or drink items **MAY NOT BE SOLD** from the club's headquarters area. Please use the food booth area!



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DIRECTIONS

South Ridge Estates

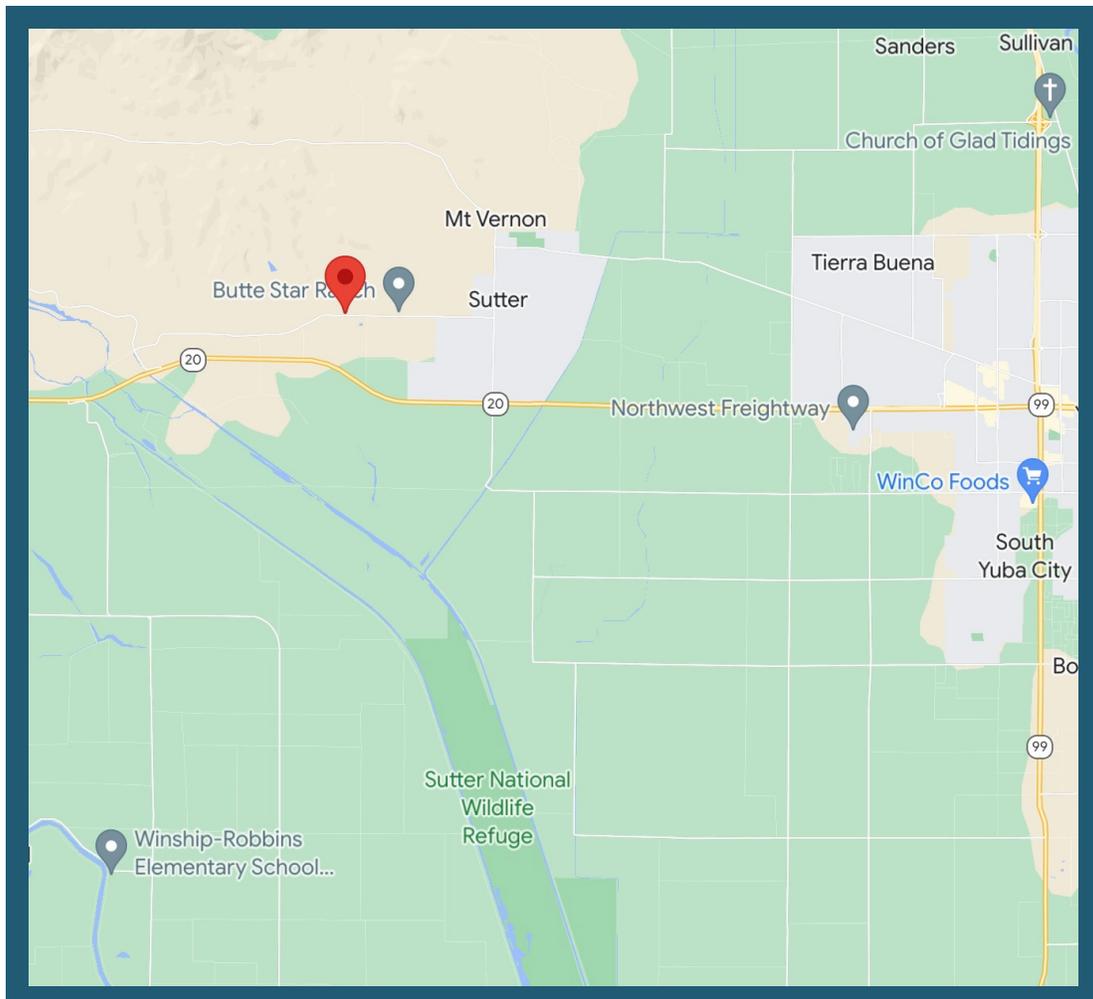
9413 S Butte Rd, Sutter, CA 95982

Take Highways 99 or 65 to Marysville or Yuba City until you reach HWY 20

Go West on Hwy 20 to Wyncoop Rd

Go North on Wyncoop Rd until S. Butte Rd

Follow signs to Bike-a-thon Area and Parking



Northern California Conference of Seventh-day Adventists

Pathfinder Department

2100 Douglas Blvd, Roseville, CA 95661 | P.O. Box 619015 Roseville, CA 95661-9015 | 916.886.5600 | pathfinders@nccsda.com



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AREA & CLUB CODING

The following are code numbers and letters, which the clubs are required to place on each rider's bib. In order to ride in the Bike-a-thon, each rider must have a properly colored bib of the appropriate color for your area. If you have any questions, please contact your Area Coordinator.

Club Name.....	Code				
		Paradise.....	4-PA	Pleasant Hill.....	6-PH
		Sierra Golden Bears.....	4-SG		
		Woodland.....	4-WD		
		Yuba City.....	4-YC		
Area 1 – North Coast		Area 5 – South Valley		Area 7 – Howell Mountain/Clearlake	
Crescent City.....	1-CC	All Nations-Tongan.....	5-AN	Calistoga.....	7-CA
Fortuna.....	1-FO	Camino.....	5-CA	Fairfield/Suisun Spanish.....	7-FS
Humboldt Bay.....	1-HB	Galt.....	5-GA	Fairfield.....	7-FF
		Lockeford.....	5-LF	Middletown.....	7-MT
Area 2 – North Valley		Lodi Lights.....	5-LO	Napa Spanish.....	7-NS
Anderson.....	2-AN	Lodi Spanish.....	5-LS	Napa Valley.....	7-NY
Hayfork.....	2-HA	Manteca.....	5-MA	PUC/Howell Mountain.....	7-HM
Red Bluff.....	2-RB	Placerville.....	5-PV	Richmond Beacon Light.....	7-BL
Redding.....	2-RE	Sacramento Capitol City.....	5-CC	Santa Rosa Spanish.....	7-SR
		Sacramento Southgate.....	5-CG	Sebastopol.....	7-SE
Area 3 – Sierra Foothills		Sacramento Spanish.....	5-SS	Thunderbirds (Elmshaven).....	7-TH
Auburn.....	3-AU	Sacramento Tongan.....	5-ST	Vacaville.....	7-VA
Carmichael.....	3-CA	Shingle Springs.....	5-SSP	Vallejo.....	7-VC
Colfax.....	3-CO	Stockton Delta Disciples.....	5-SD	Vallejo-Berea.....	7-VB
Georgetown.....	3-GT	Stockton Mayfair.....	5-MF		
Granite Bay.....	3-GB	Stockton Spanish.....	5-SP	Area 8 – Central Coast	
Lincoln.....	3-LI	Stockton Fil-Am.....	5-FI	Cloverdale.....	8-CD
Meadow Vista.....	3-MV	Sutter Hill.....	5-SH	Konocti-Lakeport.....	8-KO
Orangevale.....	3-OV			Ukiah.....	8-UK
Rocklin.....	3-RL	Area 6 – Diablo Area		Willits.....	8-WI
Roseville.....	3-RO	Antioch.....	6-AN		
Sacramento Central.....	3-SC	Fremont.....	6-FR		
Sacramento Samoan.....	3-SS	Hayward English.....	6-HW		
Sacramento Slavic.....	3-SL	Hayward Spanish.....	6-HS		
Sacramento Woodside.....	3-SW	Oakland Elmhurst.....	6-OE		
		Oakland "The Grand".....	6-OG		
Area 4 – Central Valley		Oakland Immanuel Temple.....	6-OI		
Chico.....	4-CH	Oakland Spanish.....	6-OS		
Grass Valley.....	4-GV	Pittsburg.....	6-PI		
Gridley.....	4-GR				
Magalia-Upper Ridge.....	4-UP				
Oroville.....	4-OR				



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BIB PATTERN

Material Needed: Unbleached muslin or any plain cloth material - Approx.: 1/3 yard.

Bias tape: 3 yards and cord ties.

Cut two nine inch squares, bind with bias tape, attach shoulder and waist tie cords, and apply Bold and clear numbers and letters.

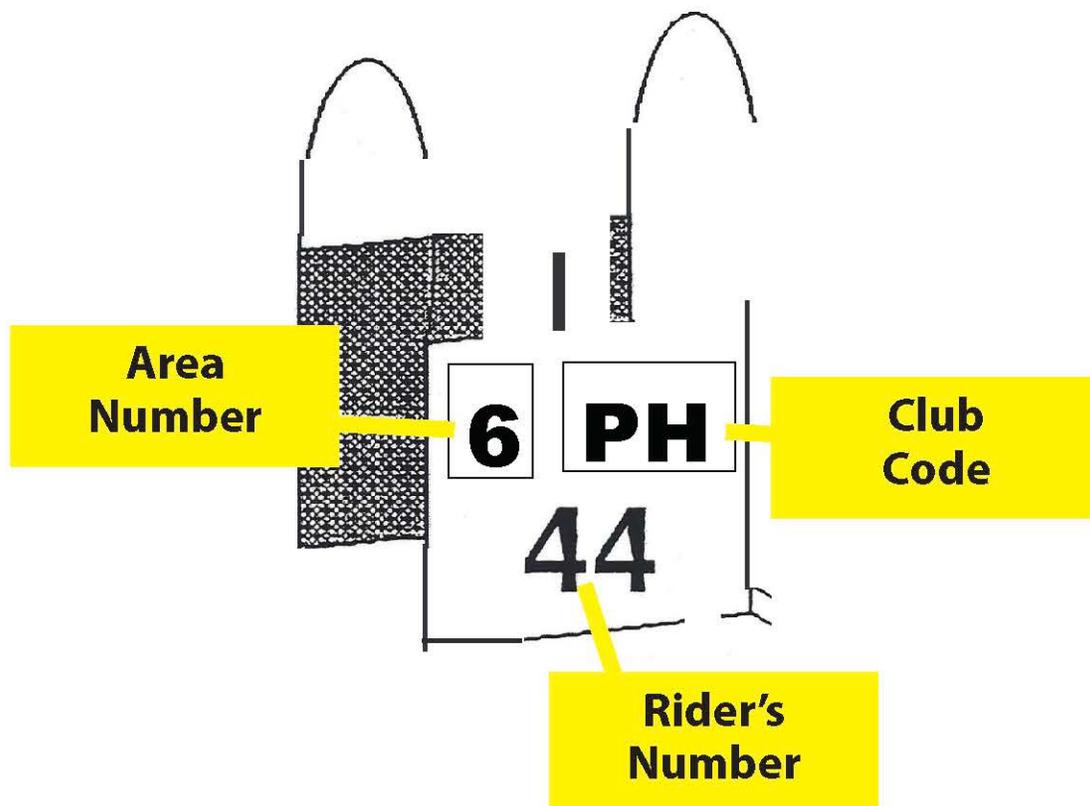
Your area and club code is listed on the "AREA AND CLUB CODING CLUB" page. The club assigns each rider a number. The area number, club letters, and the riders number should appear on both sides of the bib.

REMEMBER:

Area Number - Upper Left Corner

Club Code - Upper Right Corner

Rider Number - Lower Middle





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AREA BIB COLORS

1 **Orange**

2 **Brown**

3 **Gold**

4 **Purple**

5 **Blue**

6 **Yellow**

7 **Green**

8 **Red**



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BIKE-A-THON SPONSOR FORM

Name of Club _____

Name of Pathfinder _____

I hereby agree to pay the above named person the stated amount as my part in supporting the Pathfinder Club program for the above named club and the Northern California Conference of Seventh-day Adventists.

Sponsor: Please print name, phone, and amount pledged per mile.

	Name	Phone	\$ Pledged	\$ Earned
1	_____	_____	_____	_____
2	_____	_____	_____	_____
3	_____	_____	_____	_____
4	_____	_____	_____	_____
5	_____	_____	_____	_____
6	_____	_____	_____	_____
7	_____	_____	_____	_____
8	_____	_____	_____	_____
9	_____	_____	_____	_____
10	_____	_____	_____	_____
11	_____	_____	_____	_____
12	_____	_____	_____	_____
13	_____	_____	_____	_____
14	_____	_____	_____	_____
15	_____	_____	_____	_____

This is to certify that the above named person rode _____ miles at the NCC Pathfinder Bike-a-thon.

Area Coordinator

Conference Youth Director