

DAY 06 | ABIDE IN CHRIST

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**“The one who remains in me and I in him produces much fruit, because you can do nothing without me.”
John 15:5b**

Jesus doesn't call us to simply visit Him; He calls us to abide in Him.

A branch doesn't have to struggle to bear fruit on its own. It doesn't produce life. It doesn't work independently of the vine. Its job is to stay connected. The vine's life flows into the branch, and fruit naturally follows.

That is such a powerful image of our relationship with Christ.

During this fast, we can become focused on what we're asking God to change, what we're asking Him to provide, or what we're hoping He will reveal. Those things matter. But Jesus brings our attention back to something even more important: remain in Me.

Fasting isn't about trying to convince God to move. It is about creating space in our lives to recognize that we need Him.

The goal of this fast isn't simply to make it through 21 days. The goal is to become more deeply rooted in Jesus. And when we abide in Him, fruit begins to appear, not because we're trying harder to produce it, but because we're connected to the One who produces it through us.

PRAY

LORD, help me to abide in Christ. Teach me not to depend upon my own strength, understanding, or ability, but to remain connected to Jesus every day. During this fast, draw me closer to You. Remove what distracts me, quiet what competes for my attention, and make my heart hungry for Your presence. Let the life of Christ produce fruit in me that brings You glory.

In Jesus' Name, amen.