



## LESSON 4 SNAPSHOT

**BOTTOM LINE:**

Jesus loves me; I can love other people.

**OBJECTIVE:**

Kids will learn "I can keep my cool and show love because Jesus loves me."

**KEY PASSAGE:**

John 13:34-35, Love One Another

**MEMORY VERSE:**

"A person with a bad temper stirs up conflict. But a person who is patient calms things down." Proverbs 15:18 (NIRV)

**SUMMARY:**

Just like a snowball rolling down a hill soon turns into a gigantic snowball that's too heavy to lift, our decision to show love instead of anger can have a gigantic impact on the people around us.

**SIMPLE PRAYER:**

*Dear God,*

*You love us so much. Help us to love other people the way that you do.*

*In Jesus' name,  
Amen*



## LARGE GROUP GAME

### **DOMINO EFFECT**

#### **ITEMS NEEDED:**

Dominoes (lots of them)

#### **INSTRUCTIONS:**

Create teams of three. (The number of teams you have will depend on the number of dominoes you have.)

Give a set amount of time for teams to build their best domino chain. When the time is over, take turns watching teams set off their domino chains.

#### **VARIATIONS:**

Instead of a time limit, give each team the same number of dominoes which they must use in their chain. The team that has the least dominoes still standing after their chain has been set off is the winner.

#### **WHAT'S THE POINT?**

We can think of spreading love as the domino effect (as well as the snowball effect). When we share love with one person, that person shares love with another, and soon the love has spread out to everyone. I can keep my cool and show love because Jesus loves me.



## LARGE GROUP LESSON

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### **INTRO:**

We've been talking for a while now about learning to Chill! Keeping cool. When things heat up, it can be hard to keep our cool. But God calls us to show love, be slow to anger, and be kind to others. With His help, we can stay as cool as an arctic wind, no matter what we face.

Last week, we talked about being slow to speak and slow to become angry. When we speak out in anger, our words can hurt other people. We don't want that at all. So what should our words be?

We can be slow to speak, but at some point we have to say something. What kind of words should we be speaking to other people? What about our actions? What should they be?

For that answer, we're going to read just two verses from the Bible. Before Jesus went to the cross to die for our sins, he had dinner with his disciples. He shared with them lots of things. He gave them instructions on what to do now. Let's see what Jesus said to his disciples.

### **READ JOHN 13:34-35**



## LARGE GROUP LESSON

### **MAIN POINT:**

Jesus told his disciples to love one another. He called it a new command. But what was so new about it? Jesus didn't just tell his disciples to love one another, he told them to love each other in the same way that Jesus loved them. Now no one could love them better than Jesus. The Son of God loved his disciples perfectly. In fact he was getting ready to show them just how deep his love was, by laying down his life on the cross.

Jesus said that if the disciples would love each other the way Jesus loved them, that the world would take notice. Others would be able to look at that love and know that these were Jesus' disciples.

### **DRIVE IT HOME:**

This new command wasn't just for the disciples having dinner with Jesus that night. This new command is for everyone who has followed Jesus throughout history and all of us who follow Jesus today. We are his disciples, and we have the same responsibility to love one another.

What does this love look like? It's not just having warm fuzzy feelings for someone. It's showing love with our words but also without actions. Showing love could be cleaning up your room even before your mom asks you too. It could be telling your dad how much time you enjoy spending time with him. Love could be listening to the teacher's lesson when you rather talk with your friends.

Love can look like a lot of different things. But however we love, we love in Jesus' name. We can ask Jesus to show us ways to love other people. We can look for chances to tell other people about Jesus. That's the most loving thing we can do for anyone, tell them about Jesus. He loves us perfectly, even when we fail sometimes.

When you roll a snowball down a hill, it will pick up the loose snow it touches along the way. By the time it hits the bottom of the hill, the snowball can even be too big to carry. When we love others, they start to act out in love as well, and that love gets more people on board. We create a snowball effect of love. And we do it all for Jesus, who first loved us.

I can keep my cool and show love because Jesus loves me.



## LARGE GROUP LESSON

**CLOSE WITH A SIMPLE PRAYER:**

*Dear God,*

*You love us so much. Help us to love other people the way that you do.*

*In Jesus' name,*

*Amen*



## SMALL GROUP DISCUSSION (K-2ND)

### **ICEBREAKER:**

What winter sport do you love to play or would you love to try?

### **MEMORY VERSE ACTIVITY:**

Proverbs 15:18

Without putting the verse on display or looking it up, see how many kids can recite the memory verse.

### **SMALL GROUP GAME/ACTIVITY:**

Crinkle up some scrap paper into balls and have a snowball fight.

### **DISCUSSION QUESTIONS:**

Read John 13:34-35

What new command did Jesus give his disciples?

What made this command so new?

How will people know that we are Jesus' disciples?

What is one way that you can show love with your words today?

What is one way that you can show love with your actions today?

### **SIMPLE PRAYER:**

*Dear God,*

*We praise you and thank you for loving us. Help us to love one another.*

*In Jesus' name,*

*Amen*



## SMALL GROUP DISCUSSION (3-5TH)

### **ICEBREAKER:**

What winter sport do you love to play or would you love to try?

### **MEMORY VERSE ACTIVITY:**

Proverbs 15:18

Without putting the verse on display or looking it up, see how many kids can recite the memory verse.

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How will people know that we are Jesus' disciples?

What is one way that you can show love with your words today?

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### **SIMPLE PRAYER:**

*Dear God,*

*We praise you and thank you for loving us. Help us to love one another.*

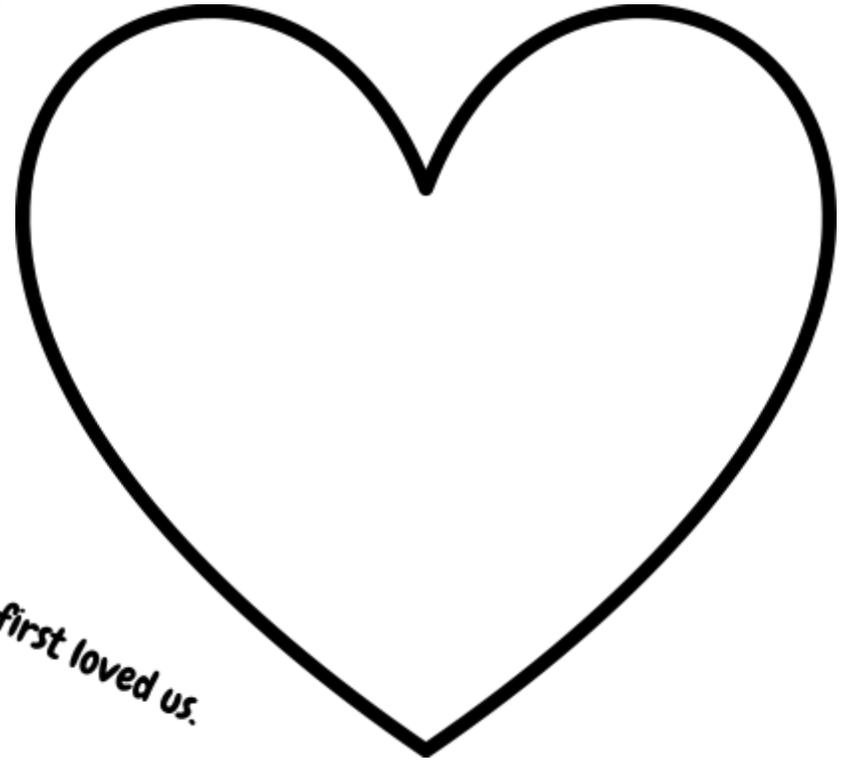
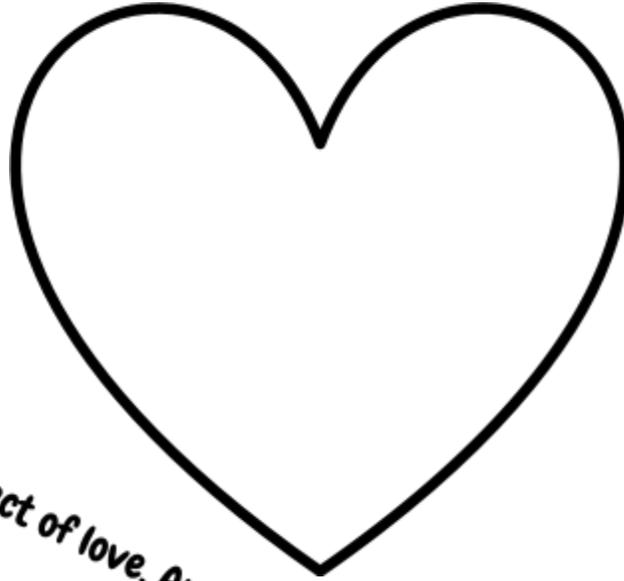
*In Jesus' name,*

*Amen*



## TAKE HOME ACTIVITY

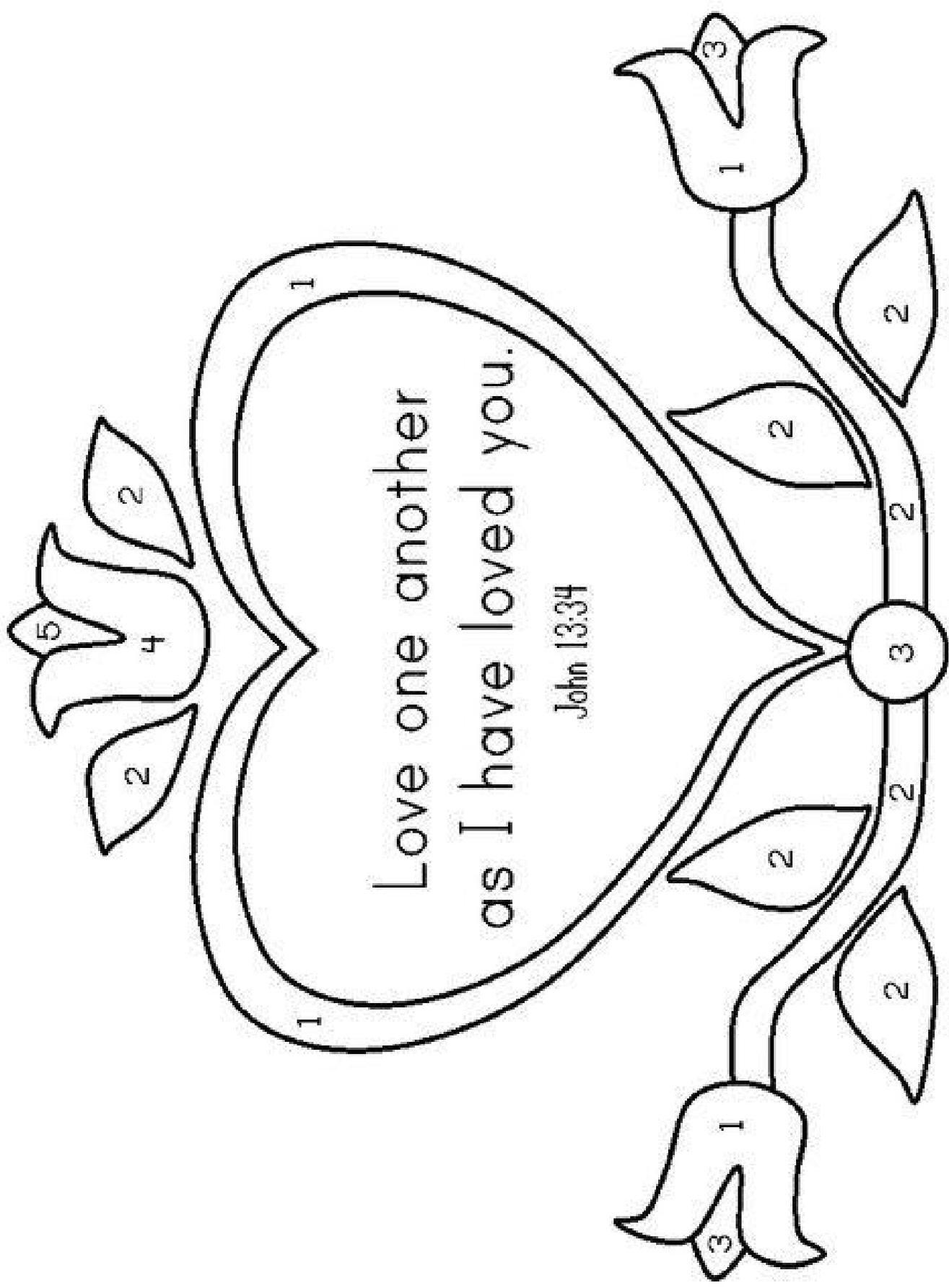
This craft will have a visual and tangible way to see how Jesus's love grows! Print out the template attached on card stock. Then have the kids put glue inside the hearts. Then have them place cotton balls on the glue. The kids can pull the cotton balls apart a little and stick them on, or they can put them side by side to make a thicker heart. The kids will be able to see and feel the love of Jesus grow!



*We create a snowball effect of love. And we do it all for Jesus, who first loved us.*

**“A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.”**

**John 13:34–35 (CSB)**



Love one another  
as I have loved you.

John 13:34

1-red 2-green 3-yellow 4-pink 5-orange

# MAKE IT STICK

CHILL LESSON 4

5 SIMPLE WAYS  
YOU CAN MAKE  
THIS LESSON STICK  
WITH YOUR KIDS

## THIS WEEK'S LESSON:



### IN THE CAR:

Ask your child what they learned about this week on the drive home: Just like a snowball rolling down a hill soon turns into a gigantic snowball that's too heavy to lift, our decision to show love instead of anger can have a gigantic impact on the people around us. John 13:34-35, Love One Another



### HANGING OUT:

Make this week's lesson real: Have a hugging contest this week. See how many times you or your kid initiates an unexpected hug. Make sure to say "I love you" with each embrace.



### AT DINNER:

- Here are some great discussion starters:
- What "new" command did Jesus give to his disciples?
- What made this command new?
- What are some ways we can show love to one another?



### AT BEDTIME:

Quiz your child on this week's memory verse: "A person with a bad temper stirs up conflict. But a person who is patient calms things down." Proverbs 15:18 (NIRV)



### PARENT TIME:

What you need to know: Love sometimes requires sacrifice and effort. And sometimes expressing love calls us to have fun and show our joy. As a parent, you are all too familiar with the sacrifice and effort aspect of love. Take some time this week to look for ways to experience the more lighthearted expressions of love with your kids.