

The Shepherd's Crook



GOOD
SHEPHERD
PRESBYTERIAN CHURCH

March
2022

The Shepherd's Crook is published for GSPC members and friends.
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10785 Melody Drive
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Pastor :

Rev. Sheri Fry

Office Administrator:

Teddie McConnell

Choir Director:

Sara Love

Accompanist:

Jeremy Kurn

Sound & video:

Astin Lopez

Treasurer:

Joyce Matthews

Nursery Attendant:

Taya Mendez

Events Coordinator:

Diana Bennett

Clerk of Session:

Mary Archuleta

Session Members:

Fred Finke

Mary McCarron

Robin Kelly

Joyce Matthews

John Shaeffer

Paul Steward

Barbara Swanson

Ruth Vazquez

Ash Wednesday Service at Good Shepherd Presbyterian Church

7:00pm March 2nd in the Sanctuary



You might think that I am strange for saying this, but Ash Wednesday is one of my favorite services in the Christian year. It is not a depressing service. It's a service of opportunity for you to come and meditate on the upcoming Lenten season, to embrace who you are as a child of God, to acknowledge your brokenness and to seek strength, both from God and from this community.

There is an old song called "21 Guns" by the band Green Day, and the lyrics cause me to stop and think about the struggles of being human, of feeling broken. There is a line that reads, "Your faith walks on broken glass." How true is that in our lives and in our faith? A Christian journey is not a journey walked on a fancy, smooth floor. That is not how Jesus, himself, lived his life. It's a journey walked on dirt roads, uneven floors, and around obstacles. It is real. It is human. And it is very often broken.

Walking a Christian journey allows us to be broken. It allows us to confess our sins, our shortcomings and our brokenness on a daily basis and still be assured of God's love and grace in our lives. Ash Wednesday is an opportunity to pause and to remember that God's grace redeems us. These ashes are a sign of grace. We wear them on our foreheads and on our hands because, despite the mistakes we have made, we know that God forgives us always and God will put the pieces back together.

We hope you can join us for the Ash Wednesday Candlelight service at 7:00pm on March 2.

Pastor Sheri & the Worship Committee

The Season of Lent

Wisdom marks our foreheads with ashes as we leave the season after Epiphany and begin the journey through Lent. She intuits what these forty days may hold in store for us and tries to prepare us. Remembering Jesus' forty days in the wilderness, she knows the trials, temptations, and vulnerability one encounters in seeking to reflect, to shed, to open oneself, to prepare. She remembers the wounds that come.

(continued)

Giving up something has become central to our understanding of Lent. But we must ask...whom stands to benefit, God, our neighbor or us? "Giving up something" for Lent is a way to make space in our regular routines to allow God to do something new in our lives and perhaps there are other things which God wants people to give up besides food...give up fighting, judgment, behaving badly, and putting oneself before everyone else to name a few; and instead to care for and serve others.

Giving up is transformed into another kind of action...giving out...serving other people after the example of Jesus himself. Just in case you need some ideas:

- Fast from hurting words and say kinds words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.



This forty-day season is a time to reflect on one's journey of faith, to examine our relationships, and to become a part of the story of Jesus' journey to Jerusalem and the cross. It's a great time to step out of regular time and into God's time.

I will be posting on Good Shepherd's Facebook page poems or some daily practices for each day that might be a meaningful way to help clear out room for God to come hijack your day a little bit.

May this Lenten season bring you grace, peace, and light in the darkness.

~Pastor Sheri

Bread, Broth & Books ~ Spiritual Practices to Nurture Your Soul



Wednesday Nights ~ March 2 to April 6 ~ 5:30-6:45 pm

*"The spiritual life is first of all a life.
It is not merely something to be known and studied,
it is to be lived." ~Thomas Merton*

Hope you can join us Wednesday nights in Fellowship Hall to enjoy a different kind of soup and bread each week as we discuss & experience a variety of Spiritual Practices to draw closer to God.

Practice is an essential reset button that we must push many times to create new responses. It's a bit strange that we have come to understand the importance of practice in sports, in most therapies, in any successful business, and in any creative endeavor; but for some reason most of us do not see the need for it in the world of religion, where it is just as important as the other areas in our lives.

"New wine demands fresh skins or otherwise we lose both the wine and the container," as Jesus put it (Mark 2:22; Luke 5:37-38). Practices, more than anything else, create a new container for us, one that will protect the new wine we wish to take in.

I invite you to join me on Wednesday nights during Lent for a light meal, good conversation, some spiritual practices and then off to choir rehearsal or home...

Pastor Sheri

Teddie's Farewell



Dear Good Shepherd Friends,

It's with mixed feelings that I let you know that my last day as your office administrator will be March 18th. Due to my new position as pastor of St. Andrew Presbyterian, I don't feel comfortable trying to fill both positions.

Thank you so much for the opportunity to serve this church for the last two and a half years. I've especially enjoyed serving and helping the members and Food Bank volunteers, and making fun and beautiful images for our website and our Facebook page. I've learned a lot about producing worship online and livestreaming it during the pandemic and using online platforms to further the church's work. I've been blessed by your support, patience and kindness.

St. Andrew will be hosting a reception for me on March 20th after church (3096 S. Sheridan Blvd., Denver, CO 80227) and asked me to invite all my friends. Please drop me an email if you can head down there after church. I will miss you all, and you will always be in my heart and my prayers.

~ In Christ's Love, Teddie

The Food Bank Giving Tree (sans the tree)

The Mission Committee kindly requests donations of new hats, gloves/mittens, and socks. We will keep a few of these items on hand for those in need in the Food Bank.



Thanks for your help!



Together in Ministry
Two churches share resources
at Good Shepherd Presbyterian
Church



Emmanuel (God is with us)
Healing International Ministries

Good Shepherd shares sanctuary space and food bank resources with Emmanuel Healing International Ministries. Good Shepherd's worship service is at 10 am on Sunday mornings, and Emmanuel Healing International Ministries' service is from 3:30-5:00 pm on Sunday afternoons.

Please contact Pastor Anita Furakh at EmmanuelHealing7@gmail.com or 720-300-2166 for more information about Emmanuel Healing International Ministries.

Give a Heart! Share Kindness!

REMIND ME AGAIN – WHAT IS THE ZMP MISSION PARTNERSHIP (ZMP)?

A Mission Partnership is a group of at least 2 churches in the Denver Presbytery that work together to support a particular mission outreach. There are many such Partnerships, including Highlands Camp and Retreat Center, Our Daily Bread and the ZMP. All 3 of these are supported by Good Shepherd.

The “Purpose of the ZMP is to provide a venue for the 12 (currently 8) participating churches and the wider community to work together to enhance the habitation, nutrition, public health, education and spiritual development of the people in Ward 1 of the Murewa North District in Zimbabwe, with an emphasis on orphan children.”

In 2001, Ralph and Roberta Pippet, from the Denver area, had been ministering in Zimbabwe when they became aware of large numbers of children who had been orphaned by AIDS. The Pippets returned to Denver Presbytery seeking help. This inspired the formation of the ZMP. 12 churches originally became involved and the Heather Chimhoga Care center (HCOC) was established. It now serves over 800 children, providing school fees, medical care, at least 1 meal per day and other support. Despite annual support from the member churches, proceeds from fundraisers such as the ZMP Open Golf Tournament and Team Zimbabwe’s active participation in the annual Elephant Rock Bike Ride, funds do not stretch to cover school fees for the children. Public schools provide education but not the fees, which are required of each student. Thus, Good Shepherd holds a fundraiser each year in March to assist with such fees.

Much of the ZMP Board’s focus is now on empowering the local people to provide for the children’s needs, in the form of gardening, raising poultry, producing nutritional food supplements from local Moringa plants and producing their own solar power for wells and other energy needs.

Please prayerfully consider whether you could provide school fees of \$25 for 1 term or \$75 for all 3 terms in one school year per child. Watch your bulletins in March for sign-up forms! The children thank you in advance!



A Big Thank You!

To the Good Shepherd Community for the donations to the Breakfast Bags and other items needed for the Northglenn Winter Housing Program. You helped make a difference to our housing stressed sisters and brothers in Christ.

Hosting coffee - it's as easy as 1-2-3!

1. Make coffee.
2. Serve coffee with treats.
3. Clean up.

The church can provide the treats (unless you want to).

Sign up this Sunday!



March Birthdays

Dora Lee Shay - 3/1
Marion Hubner- 3/2
Patrick Kelly - 3/6
Will Jackson - 3/8
Hannah Bond - 3/9
David Blount - 3/10
Justin Diehl - 3/14
Judy Ezzell - 3/19
Cathy Cronn - 3/23
Nancy Harris - 3/24
Barbara Haring - 3/25
Dawna Schneider - 3/25
John Strachan - 3/31

March 13th, 2022



Start of
Daylight
Savings...
**SPRING
FORWARD!**

GOOD SHEPHERD
OFFERS **FREE** BASIC
SPANISH LESSONS FOR
FOOD BANK
VOLUNTEERS



Become a basic phrases "bilingual" volunteer at the Food Bank

Sundays: March 6, 13 & 20 at 11:30 a.m.

We hope you will join us in learning some basic Spanish phrases and skills to communicate with many of our Food Bank clients and community members. Pastor Sheri's son Patrick Fry is a high school Spanish teacher and will teach the class on Sunday's at 11:30 in Fellowship Hall for three weeks. Please contact the church office at 303-452-5478 or gspcoffice10785@gmail.com to register.



ONE GREAT HOUR OF SHARING

SPECIAL OFFERINGS

HUNGER • DISASTER • DEVELOPMENT



MATTHEW 25

March 2-April 17, 2022

Join with Presbyterians worldwide in sharing God's love with our neighbors-in-need around the world by providing relief from natural disasters, food for the hungry, and support for the poor and oppressed.

This Lenten season, please give generously to One Great Hour of Sharing.



In spite of a shorter month, we served more in February than we did in January. We served 99 households. That is 281 individuals, with 88 children and 52 seniors compared with 82/220 in January. Our number of Evergreen (Senior) boxes is growing, too. As far as I can tell

we have 14 people signed up to pick up Sr. boxes, and 2 that are having them delivered at their homes. Hope we get more fresh produce with them!

THANK YOU!

GSPC frequently receives "thank you letters" from the missions that we contribute to. We want you to know that in the past several months we have heard from the ZMP, the Guatemala Mission Partnership, Highlands Camp, and the Presbyterian Giving Agency. All of these missions greatly appreciated our support!

Joys and Concerns



Please pray for those dealing with health issues: for Marion H.; Jim M.; Jane; Haylee; Gil; Tammy Vaugh; and Maxine; for all those grieving the loss of loved ones: for Gwen Thompson's family on the death of her daughter-in-law; Jean Cook's family; Burton Kugler's family; and Sue C.'s family; and for communities affected by COVID-19 or by human rights violations here in the United States and throughout the world; and for our church, that it may thrive as it brings the good news to our area.

Lofty News

On Sunday morning, December 12, 2021, the Good Shepherd Chancel Choir shared a program of music and poetry that was inspiring and wonderful. Near the end of the church service, choir director Sara Love shared information about each singer in the choir like how many years they had been singing in church choirs throughout their lives and where they served. In today's Shepherd's Crook and in subsequent newsletters we will feature a few of the choir members and their stories. That way, you can get to know a little about them and the service they provide here at Good Shepherd Presbyterian.



Barb Myers has sung in various choirs since she was a child. Her mother, choir director of a church in Silt, included her in the choir. Barb joined the GSPC choir about 40 years ago. She also sings with the Arvada Chorale, and has been singing with the Sweet Adelines for 46 years, both in the choir and as a quartet member.

Barb shared, *"I have sung in other locales where I have traveled, including singing an acapella solo of "The Lord's Prayer" at the service in the spot where God rained down fire in Israel. I sang "Ave Maria" at the Church of the Beatitude, again in Israel, just for the thrill of it all...by myself with no audience, only passer byers. In Ireland while waiting for the hotel bus to take us back from a musical performance, we had great fun, and taught a group from Austria, who were touring there, a barbershop song."*

She continued, *"We did a performance at Mount Rushmore with a chorus back in the 1990's over the Fourth of July. We did a joint show with a men's group in Montana because our director was from there and her dad was in that group. Well, I could go on and on, but the bottom line is, singing is fun and you meet many people that way."*

Barb has many memories of her time here at Good Shepherd as she became a member of our church in 1967 (she was ALMOST a Charter member). She began attending GSPC when the first meetings were held in the old Huron Middle School. Barb was ordained as an elder in the 1970's.

Barb has served on the following committees:

Dance Committee: *"We did a dance in the church basement in the 1970's when Bill Shepherd was still the pastor. We wore 1950's style clothing."*

Barb and Duane led the Youth Group in the 1970's.

The sewing committee. *"We met once a week and made various items for nursing homes."*

The Vacation Bible School Committee: *"With Jeri Wetzel, I taught bible school and had thirty fourth-graders one summer."* In later years she and Bobbi McIntosh, a past choir director and long-time member of Good Shepherd, did registration for Bible School.

Barb was the superintendent of Sunday School for a few years.

Fashion Show Committee: She helped organize the fashion shows that our church put on for three or four years in a row and participated as a model.

Barb helped get the Good Shepherd Follies (much like a Broadway Review) started that first year and taught a tap dance routine to some folks.

Nursery Walls: Barb remembers: *"I was involved in getting the cute animal mural on old nursery walls. Rita Griffiee's daughter was the artist."*

Book Club/Movie Club: *"I belonged to a book club with June and Bill Shepherd, but it actually was a movie club. We would see certain movies and then discuss them with a religious slant."*

Fiftieth Anniversary Committee: Barb prepared the slide show for the 50th anniversary celebration of church.

And we could go on and on. We are grateful that Barb Myers is part of our history and with us in the present. We pray she'll stick around for a long time yet to come!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 6-7:30 ESL Class	2 2:00 Congregational Life Committee <hr/> Bread, Broth & Books 5:30 - 6:45 pm Ash Wednesday Service 7 pm	3 6-7:30 ESL Class	4 Memorial Service and Reception 12:00 -5:00	5 Delta Kappa Gamma in Sanctuary and Fellowship Hall 8 - 12
6 10:00 Worship 1st Sunday in Lent Basic Spanish for Food Bank Volunteers 11:30 - 12:30	7 10-12 Men's Shed	8 6-7:30 ESL Class	9 10:00 Mission Committee <hr/> Bread, Broth & Books 5:30 - 6:45 pm <hr/> 7-8:15 Choir Rehearsal	10 Food Bank Board Meeting 1:00 6-7:30 ESL Class	11	12 Memorial Service 11 am  Spring Forward
13 10:00 Worship 2nd Sunday in Lent Basic Spanish for Food Bank Volunteers 11:30 - 12:30	14 10-12 Men's Shed	15 4:00 Session <hr/> 6-7:30 ESL Class	16 Bread, Broth & Books 5:30 - 6:45 pm <hr/> 7-8:30 Choir Rehearsal	17 1:00 Sometimes Circle <hr/> 6-7:30 ESL Class	18	19 Food Bank 9 - 12
20 10:00 Worship 3rd Sunday in Lent Reception at St. Andrew for Teddie 3096 S. Sheridan Blvd, Denver, CO 80227	21 10-12 Men's Shed	22 6-7:30 ESL Class	23 Bread, Broth & Books 5:30 - 6:45 pm <hr/> 7-8:30 Choir Rehearsal	24 6-7:30 ESL Class	25 Scrapbookers 12- 10 pm	26 Scrapbookers 9 am - 6 pm
27 10:00 Worship 4th Sunday in Lent	28 10-12 Men's Shed	29 6-7:30 ESL Class	30 Bread, Broth & Books 5:30 - 6:45 pm <hr/> 7-8:30 Choir Rehearsal	31 6-7:30 ESL Class		



GOOD SHEPHERD
PRESBYTERIAN CHURCH



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Concert & Dinner 4 - 7
3 10:00 Worship Concert & Lunch	4 10-12 Men's Shed	5 6-7:30 ESL Class	6 2:00 Congregational Life Committee <hr/> 7-8:30 Choir Rehearsal	7 6-7:30 ESL Class	8	9
10 10:00 Worship Palm Sunday	11 10-12 Men's Shed	12 4:00 Session <hr/> 6-7:30 ESL Class	13 10:00 Mission Committee <hr/> 7-8:30 Choir Rehearsal	14 6-7:30 ESL Class <hr/> Maundy Thursday Service 7:00	15	16 9-12 Food Bank
17 10:00 Worship Easter 	18 10-12 Men's Shed	19 6-7:30 ESL Class	20 7-8:30 Choir Rehearsal	21 1:00 Sometimes Circle 6-7:30	22 Scrapbookers 12-10 pm	23 Scrapbookers 9 am - 6 pm
24 10:00 Worship	25 10-12 Men's Shed	26 6-7:30 ESL Class	27	28 6-7:30 ESL Class	29	30

The Shepherd's Crook

Good Shepherd Presbyterian Church

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Northglenn CO 80234

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GSPCOffice10785@gmail.com

Worship 10:00 a.m.

Nursery provided



To bring the love
and teachings of Christ
to our community by:



GOOD
SHEPHERD
PRESBYTERIAN CHURCH

Welcoming all,
Serving together, and
Growing in faith.

Mission Statement
Revised and Adopted September 2018

