



SEPTEMBER 2026

GROWING THE FRUIT OF THE SPIRIT
GALATIANS 5:22-23

FAMILY DEVOTIONAL GUIDE

1. Find a time that works for your family. Maybe during a meal, first thing in the morning, or right before bed. If possible, try to make it the same time each day.
2. Follow the topic for each day. Throughout the month you and your family will walk through the Fruit of the Spirit found in Galatians 5:22-23. Try making this a memory verse for the month of September.
3. After the first day, begin each devotional by talking about what you learned the day before. Ask your child what they remember or what stood out to them.
4. This devotional was made with all ages in mind, but if needed, simplify or expand questions, and explain verses as needed to fit your child's age and learning level.
5. This devotional is meant to be a starting point for conversations with your kids. Feel free to expand on the questions and talking points, share your own thoughts and experiences.
6. End each devotional with a prayer. Encourage your child to pray out loud, asking the Holy Spirit to teach and guide them and to help them grow in the fruit of the Spirit you talked about that day.

SEPTEMBER 2026

GROWING THE FRUIT OF THE SPIRIT

"BUT THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE,
PATIENCE, KINDNESS, GOODNESS, FAITHFULNESS,
GENTLENESS AND SELF-CONTROL."

GALATIANS 5:22-23

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 READ: JOHN 14:26 WHO IS THE HOLY SPIRIT?	2 READ: GALATIANS 5:22-23 WHAT FRUIT DOES THE HOLY SPIRIT GROW IN US?	3 PRAY: HOLY SPIRIT, WHICH FRUIT WOULD YOU LIKE TO GROW IN ME?	4 READ: COLOSSIANS 2:6-7 HOW CAN WE STAY ROOTED IN JESUS?	5 PRAY: THANK GOD FOR THREE THINGS THAT BRING YOU JOY.
6 READ: JOHN 15:1-8 WHAT HAPPENS WHEN A BRANCH STAYS CONNECTED TO THE VINE? WHO IS THE VINE?	7 MAKE A "GOD'S BLESSINGS" LIST AS A FAMILY.	8 READ: ACTS 16:16-34 WHO HAD JOY IN A SAD PLACE? WHAT IS THE DIFFERENCE BETWEEN JOY AND HAPPINESS?	9 TALK: WHY CAN'T FRUIT GROW OVERNIGHT?	10 READ: 1 JOHN 4:7-12 HOW HAS GOD SHOWN HIS LOVE TO US?	11 TALK: HOW HAVE YOU FELT GOD'S LOVE THIS WEEK? PRAY: THAT GOD WILL HELP YOU LOVE OTHERS.	12 READ: JAMES 1:2-4 HOW CAN GOD USE WAITING TO HELP US GROW?
13 PRAY: ASK GOD TO HELP YOU BE PATIENT THIS WEEK.	14 TALK: WHAT MAKES YOU WORRY? PRAY: GIVE YOUR WORRIES TO GOD	15 READ: PHILIPPIANS 4:6-7 WHERE DOES GOD'S PEACE COME FROM?	16 TAKE A 10-MINUTE FAMILY WALK AND THANK GOD FOR HIS PEACE.	17 PRAY: THINK ABOUT PEOPLE WHO WERE KIND TO YOU THIS WEEK - THANK GOD FOR THEIR KINDNESS.	18 READ: LUKE 10:30-37 HOW DID THE SAMARITAN SHOW KINDNESS?	19 TALK: WHAT IS THE DIFFERENCE BETWEEN BEING NICE AND BEING KIND?
20 PRAY: ASK GOD TO HELP YOU NOTICE PEOPLE WHO NEED ENCOURAGEMENT.	21 WRITE A NOTE OR DRAW A PICTURE FOR SOMEONE.	22 READ: MATTHEW 5:14-16 YOU ARE A LIGHT FOR JESUS! YOU SHARE HIS GOODNESS.	23 TALK: WHAT CAN OUR GOOD ACTIONS TEACH OTHERS ABOUT GOD'S GOODNESS??	24 READ: LUKE 16:10 WHAT DOES IT MEAN TO BE FAITHFUL?	25 PRAY: ASK GOD TO HELP YOU KEEP YOUR PROMISES.	26 READ: PROVERBS 15:1 HOW CAN GENTLE WORDS HELP OTHERS?
27 TALK: WHAT IS THE OPPOSITE OF GENTLENESS? HOW CAN THAT HURT OTHERS?	28 READ: PROVERBS 25:28 HAVE YOUR FEELINGS EVER BEEN OUT OF CONTROL? WHAT DID YOU DO?	29 PRAY: ASK GOD TO CALM YOU WHEN EMOTIONS ARE BIG. TRY: TAKE DEEP BREATHS BEFORE REACTING WHEN EMOTIONS ARE BIG.	30 CELEBRATE! SHARE ONE WAY YOU'VE SEEN GOD GROWING FRUIT IN YOUR LIFE THIS MONTH.			