

Holy Saturday Devotional: Living in the Silence

Theme: Waiting Between Promise and Fulfillment

Opening Scripture

“That day was Preparation, and the Sabbath was beginning. The women who had come with him from Galilee followed and saw the tomb and how his body was laid. Then they returned and prepared spices and ointments. On the Sabbath they rested according to the commandment.”
— Luke 23:54–56

Reflection

Holy Saturday is the quietest day in the Christian story.

The cross is behind us.
The resurrection has not yet come.
Jesus is in the tomb.

It is a day of **silence, grief, confusion, and waiting**.

For the disciples, every promise seemed buried.
Every hope felt sealed behind a stone.
God felt absent.
...and yet, this day matters more than we often realize.

Because Holy Saturday reminds us:

- God is still at work, even when we cannot see it.
- Silence does not mean absence.
- Waiting is not wasted.

This is the space we all know too well—the **“in-between”**:

- Between prayer and answer
- Between loss and healing
- Between promise and fulfillment

Holy Saturday teaches us how to sit in that space with faith.

Guided Scripture Meditation

Read slowly:

“For you will not abandon my soul to Sheol, or let your holy one see corruption.”
— Psalm 16:10

Sit with this truth:

Even in the grave... God had not abandoned Jesus.

Even when it looked like the end... it wasn't.

Personal Reflection Questions

Take a few moments to journal or pray through these:

1. Where in my life does it feel like **God is silent right now**?
 2. What promises of God am I struggling to hold onto?
 3. What would it look like to **trust God in the waiting**, not just in the breakthrough?
 4. Am I willing to let God work in hidden ways I may not understand?
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Prayer

*Lord,
Today feels quiet.
Like the disciples, I don't always understand what You are doing.
Sometimes it feels like hope is buried and prayers go unanswered.*

But today, teach me to trust You in the silence.

*When I cannot see, help me believe.
When I cannot feel, help me remain faithful.
When I am waiting, remind me that You are still working.*

*Even in the grave, You were not defeated.
Even in the silence, You were not absent.
Help me hold onto hope...
Because Sunday is coming.*

Amen.

Practice for Today

Choose one intentional way to observe Holy Saturday:

- **Sit in silence for 10–15 minutes** — no music, no distractions
- **Fast from noise** (social media, TV, etc.)
- **Take a slow walk** and reflect on waiting and trust
- **Light a candle** and sit in quiet prayer

Let the stillness shape your heart.

Closing Thought

Holy Saturday is not the end of the story.

It is the day that teaches us:

God often does His deepest work in the places that feel the most empty.

Stay.

Wait.

Trust.

Resurrection is closer than it seems.