

Who I'm Becoming: A Week of Worship

SUNDAY — START WITH PRAISE

Psalm 146:2

"While I live I will praise the Lord: I will sing praises unto my God while I have any being."

Have you ever noticed that when you really like someone, you want to spend time with them? The more you get to know them, the closer you become.

The same is true with God.

Worship is more than singing at church. Worship is how we respond to who God is. There are different parts of worship, including **praise, thanksgiving, and adoration.**

Today, let's focus on **praise.**

Praise means celebrating God for what He has done. Think about all the ways God has been good to you. He has given you life, loved you, forgiven you, provided for you, and stayed with you—even when you've messed up.

When you spend time praising God, your focus starts to shift. Instead of thinking only about your problems, you begin thinking about **who God is.**

And something happens when you get closer to God: **He begins to shape you into the person He created you to be.**

You don't have to wait until Sunday morning to praise Him. You can praise Him in your bedroom, in the car, at school, on the ball field, or wherever you are.

Prayer:

Father God, thank You for everything You have done for me. Help me learn to praise You every day—not just at church. As I get closer to You, help me become the person You created me to be. In Jesus Name I Pray, Amen.

MONDAY — REMEMBER WHAT GOD HAS DONE

Psalm 103:1-5

"Bless the Lord, O my soul: and all that is within me, bless His holy name."

Sometimes we are really good at remembering what went wrong.

We remember the bad grade.

The argument with a friend.

The embarrassing moment.

The thing we wish we could change.

But Psalm 103 reminds us to **remember what God has done**.

God forgives.

God loves.

God provides.

God gives us new opportunities.

God never stops being faithful.

When you remember God's goodness, your attitude can change.

That's why worship matters. When you praise God, you're reminding yourself that **your problems aren't bigger than your God**.

And the more you spend time focusing on God, the more you begin to trust Him. The more you trust Him, the more you can become the person He wants you to be.

Worship doesn't mean pretending everything is perfect.

It means remembering that **God is still good even when life isn't**.

Prayer:

Father God, help me remember Your goodness when life gets hard. Thank You for loving me, forgiving me, and never giving up on me. Help me keep my eyes on You. In Jesus Name I Pray, Amen.

TUESDAY — CHOOSE THANKFULNESS

Psalm 107:1

"O give thanks unto the Lord, for He is good: for His mercy endures forever."

Being thankful is easy when everything is going your way.

It's harder when you're having a bad day.

Maybe your plans didn't work out. Maybe someone hurt your feelings. Maybe you're worried about something you can't control.

God doesn't ask us to pretend those things don't hurt. But He does remind us that **He is still good.**

Thankfulness changes the way we look at our circumstances.

Instead of only asking, *"Why is this happening to me?"* we can also ask, *"God, what can You teach me through this?"*

Sometimes, difficult seasons grow our faith. They teach us to trust God when we don't have all the answers.

And that's part of becoming who God created us to be.

You don't have to understand everything God is doing to trust Him.

Prayer:

Father God, thank You for being good even when I don't understand what is happening. Help me trust You in the good times and the difficult times. Use every part of my life to help me grow closer to You. In Jesus Name I Pray, Amen.

WEDNESDAY — GRATITUDE CHANGES YOUR FOCUS

Philippians 4:6

"In everything by prayer and supplication with thanksgiving let your requests be made known unto God."

Let's be honest—we all have things we want God to fix.

We pray about our problems.

We ask Him for help.

We ask Him to change situations.

We ask Him to help our friends and family.

And we should talk to God about those things!

But Philippians reminds us to bring our requests to God **with thanksgiving**.

That means we don't only talk to God about what we need. We also stop and recognize what He has already done.

Try this:

"God, I need Your help with _____, but first I want to thank You for _____."

When you practice gratitude, your problems don't necessarily disappear—but your perspective can change.

You begin to see that you aren't facing life alone.

God is with you.

And when you stay close to God, He can give you the strength, wisdom, and faith you need to keep becoming who He created you to be.

Prayer:

Father God, thank You for everything You have already done for me. Help me remember Your faithfulness when I am worried about what comes next. I trust You with my future. In Jesus Name I Pray, Amen.

THURSDAY — STOP AND BE AMAZED

Genesis 17:3

"And Abraham fell on his face."

There is another part of worship called **adoration**.

Praise focuses on what God has done.

Thanksgiving focuses on what God has given us.

Adoration focuses on **who God is**.

Sometimes we get so busy asking God for things that we forget to simply stop and be amazed by Him.

God is holy.

God is powerful.

God knows everything.

God is everywhere.

God loves you completely.

Think about that for a moment.

The God who created the universe wants a relationship with **you**.

When we truly understand who God is, it changes how we see ourselves. We don't have to prove ourselves to everyone. We don't have to be the most popular. We don't have to have everything figured out. We can simply be God's child and allow Him to lead us.

Spending time in God's presence helps us discover who we really are—and who He is calling us to become.

Prayer:

Father God, You are greater than anything I can understand. Help me slow down and recognize who You are. Let being close to You change the way I see myself and my purpose. In Jesus Name I Pray, Amen.

FRIDAY — FIND YOUR SECRET PLACE

Psalm 91:1

"I will dwell in the secret place of the Most High."

Where is your favorite place to be?

Maybe it's your bedroom.

Your car.

Outside.

Your favorite chair.

Somewhere you can be alone.

God wants you to have a place where you can get away from distractions and spend time with Him.

You don't need a worship band.

You don't need a microphone.

You don't need a huge crowd.

You just need **God and a willing heart**.

Church worship is powerful, but worship doesn't end when the music stops.

Some of the most important moments with God can happen when nobody else is around.

When you spend time with God privately, He begins working on things that other people may never see—your attitudes, your thoughts, your fears, your choices, and your character.

That's where real growth happens.

Who you are becoming in private will eventually show up in your life in public.

Prayer:

Father God, help me make time for You even when life is busy. Teach me to enjoy being in Your presence. Change me from the inside out so that my life reflects You. In Jesus Name I Pray, Amen.

SATURDAY — WORSHIP WITHOUT WORRYING ABOUT OTHERS

2 Samuel 6:21-22

"So I celebrate before the Lord... I am willing to look even more foolish than this."

David loved God so much that he didn't care what other people thought about his worship.

He danced before the Lord with all his strength.

Someone criticized him for it.

But David wasn't worshipping for that person.

He was worshipping God.

Teenagers deal with pressure every day.

What will people think?

Will my friends think I'm weird?

Will someone make fun of me?

Will I fit in?

Sometimes that pressure can even affect how we worship. Maybe you want to raise your hands, sing, pray, or respond to God—but you're worried about what someone beside you will think.

Remember this: **You aren't worshipping for them. You're worshipping for God.**

Worship requires us to put God ahead of our pride and our need for approval. The goal isn't to look spiritual or to draw attention to yourself. The goal is to give God your heart.

Don't let other people's opinions keep you from getting closer to God. The more you know God, the more confident you can become in who He created you to be. Sit quietly.

Whatever genuine worship looks like for you—give God your attention.

Prayer:

Father God, help me care more about what You think than what other people think. Give me the courage to worship You with my whole heart. Help me become confident in the person You created me to be. In Jesus Name I Pray, Amen.