

SESSION 3

# postures & PRACTICES

PURSuing HOLINESS



1st Lt. Roy D. Mitchell



PawPaw Roy  
with his adult children



Memorial Headstone



# Two Dangers

## ***Legalism-***

*the belief that our standing before God is dependent on our works*



## ***License-***

*the belief that it's not important to keep God's law because we're now under grace*





TITUS 3:4-5, 7

“But when the kindness and love of God our Savior appeared, he saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit...so that, having been justified by his grace, we might become heirs having the hope of eternal life.”





## ROMANS 6:1-4, NLT

“Well then, should we keep on sinning so that God can show us more and more of his wonderful grace? Of course not! Since we have died to sin, how can we continue to live in it? Or have you forgotten that when we were joined with Christ Jesus in baptism, we joined him in his death? For we died and were buried with Christ by baptism. And just as Christ was raised from the dead by the glorious power of the Father, now we also may live new lives.”



# Grace, two ways...

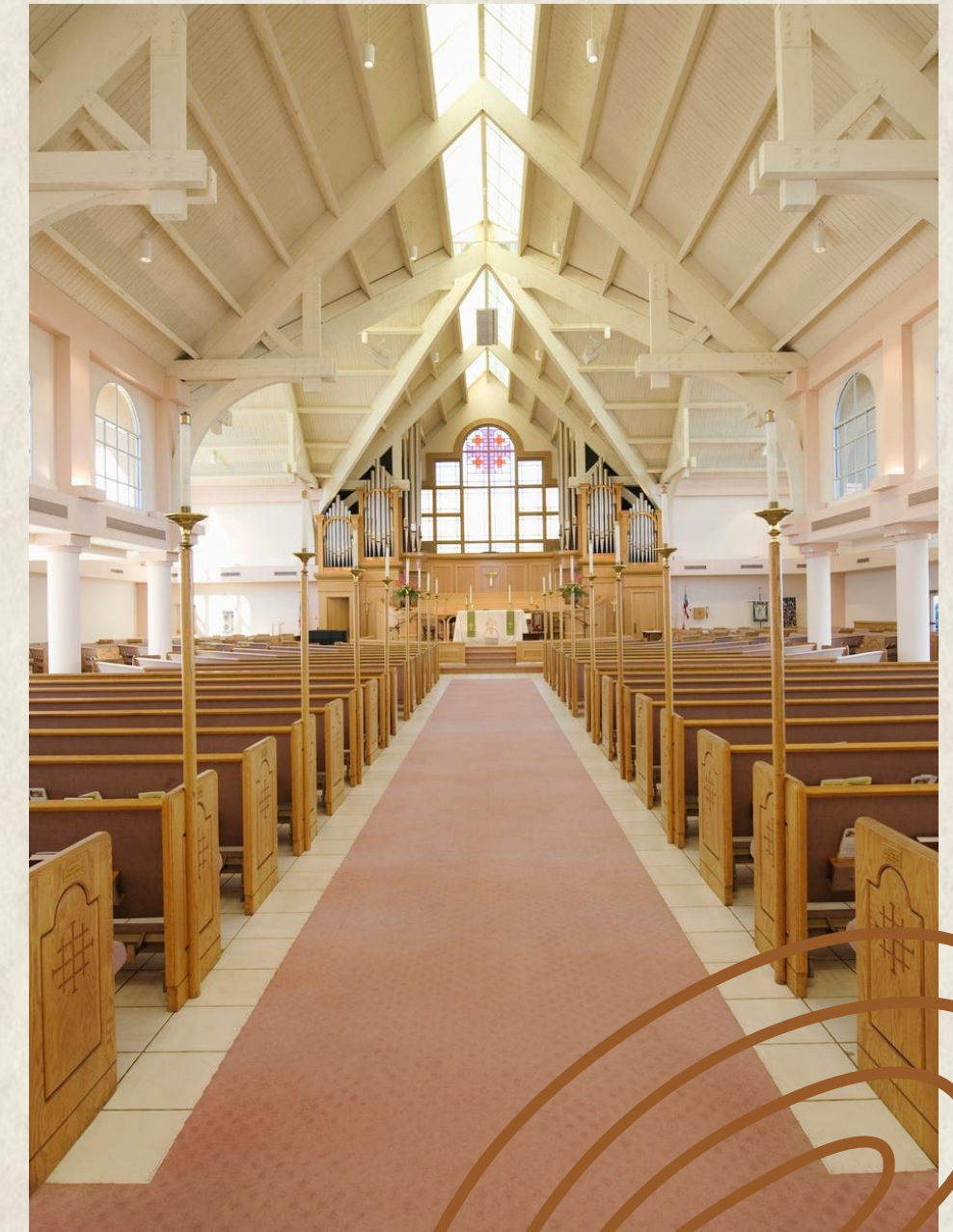


## ***The free gift of salvation***

Ephesians 2:8–9 “For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— not by works, so that no one can boast.”

## ***God’s power to change and help us***

2 Cor. 9:8. “And God is able to make all grace abound to you, so that having all sufficiency in all things at all times, you may abound in every good work.”





1 CORINTHIANS 15:10

*“But by the **grace** of God I am what I am,  
and his **grace** to me was not without  
effect. No, I worked harder than all of  
them—yet not I, but the **grace** of God  
that was with me.”*



A dark, moody background image showing a pair of hands holding an open Bible. The hands are positioned in the upper center, with fingers gently gripping the edges of the pages. The Bible is open, and the pages are visible, though the text is not legible. The overall tone is solemn and spiritual.

# The Central Idea:

*We are transformed by the  
diligent and prayerful application  
of God's word.*



# Ways to Pursue Holiness

7 Postures and Practices

01

02

03

Pray for a  
desire to be  
holy.





1 JOHN 5:14-15

“This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”





“The more you taste the  
sweet joys of Jesus, the  
more will sin taste bitter to  
your soul. Fight Satan’s  
taunts with God’s  
pleasures.”

–John Piper





# Ways to Pursue Holiness

7 Postures and Practices

**01**

Pray for a  
desire to be  
holy.

**02**

Read the  
Bible  
consistently  
and  
intentionally.

**03**



Not every meal is memorable,  
but every meal is nourishing.

*Come to the table.*





“We must read our Bibles  
like men digging for  
hidden treasure!”

–JC Ryle



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# Ways to Pursue Holiness

7 Postures and Practices

**01**

Pray for a  
desire to be  
holy.

**02**

Read the  
Bible  
consistently  
and  
intentionally.

**03**

Regularly  
confess and  
repent of  
sin.

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PSALM 139:23–24

“Search me, God, and know my heart;  
test me and know my anxious  
thoughts. See if there is any offensive  
way in me, and lead me in the way  
everlasting.”



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# Ways to Pursue Holiness

7 Postures and Practices

04

05

06

07

Keep  
company  
with the  
holy--  
other  
mature  
Christians

⋮



## 1 Corinthians 15:33

*“Bad company corrupts  
good character.”*

## Proverbs 27:17

*“As iron sharpens iron,  
so one person sharpens  
another.”*



⋮



# Ways to Pursue Holiness

7 Postures and Practices

**04**

Keep company with the holy-- other mature Christians.

**05**

Memorize and meditate on scripture's warnings & promises.

**06**

**07**

⋮

**WARNING**

1 JOHN 2:15

“Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him.”





2 PETER 1:3-4

“His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that you may participate in the divine nature, having escaped the corruption in the world caused by evil desires.”



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# Ways to Pursue Holiness

7 Postures and Practices

**04**

Keep company with the holy--other mature Christians.

**05**

Memorize and meditate on scripture's warnings & promises.

**06**

Set your mind and heart on eternity.

**07**

⋮



PHILIPPIANS 3:8,11,14

“I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ... that by any means possible I may attain the resurrection from the dead... I press on toward the goal for the prize of the upward call of God in Christ Jesus...”



Temporary trinkets promise the things our hearts desire but fall short of actually delivering them.

Nothing in this world  
can compare to  
**eternal treasures.**



⋮



# Ways to Pursue Holiness

7 Postures and Practices

04

Keep company with the holy--other mature Christians.

05

Memorize and meditate on scripture's warnings & promises.

06

Set your mind and heart on eternity.

07

Take a spiritual maturity inventory

⋮



2 PETER 1:5-7

"For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, mutual affection; and to mutual affection, love."





These are practices  
meant to foster our  
*yielding* rather than our  
striving or earning...  
find **joy, meaning, &**  
**delight** in pursuing our  
holy God.



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