

ANCIENT PRACTICES:
Listening to God

A Five Day Weekly Devotional
FALL 2026 | WEEK ONE

*"My sheep hear my voice,
I know them, and they follow me."*
John 10v27

Listening to God is vital for a vibrant, personal relationship with Jesus. This guide is designed to help us slow down, listen to the whisper of the Holy Spirit, and respond faithfully to his voice.



HOW TO USE THIS DEVOTIONAL

Each week follows the Sunday teaching. Five days of Scripture and prayer give us space to practice listening instead of only learning about listening. Every day uses the same simple rhythm, so you can open to that day and begin.

KEEP IT SIMPLE

- Give it 10–15 minutes. Linger longer when you want to, but do not turn this into something to complete perfectly.
- Do not force an experience. Some days you may notice a clear truth, conviction, or prompting. Other days you may simply become quiet and present to God.
- Scripture is our anchor. Hold personal impressions humbly, and process significant decisions with mature, trusted followers of Jesus.
- True listening includes obedience. We are learning to hear Jesus so that we can follow him.

A good prayer for the whole series:
“Speak, Lord, for your servant is listening.”
1 Samuel 3v9



Week 1 – The God Who Speaks

Weekend Scriptures: John 10v27; Deuteronomy 6v4–9; John 15v1–11

This week, come to God with expectancy and openness. The goal is not to hear something dramatic. It is to become more attentive to the Shepherd who knows you and invites you into relationship.

Day 1 | John 10v22–30

BE STILL — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you _____. Help me hear, see, and obey you.”

READ — Read John 10v22–30 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

LISTEN — Notice the expectations you bring into your time with God. Hold them openly before Jesus. Pay attention to anything that draws you toward trust or makes you pull away.

RESPOND — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”

Day 2 | Deuteronomy 6v4–9

BE STILL — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you _____. Help me hear, see, and obey you.”

READ — Read Deuteronomy 6v4–9 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

LISTEN — Bring your full attention to God. Notice what has been competing for your attention, affection, or allegiance. Gently return your attention to him.

RESPOND — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”

Day 3 | John 15v1-8

BE STILL — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you _____. Help me hear, see, and obey you.”

READ — Read John 15v1–8 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

LISTEN — Remain with Jesus. Notice where you feel connected, hurried, self-reliant, or tired. Let the passage lead you back into abiding.

RESPOND — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”

Day 4 | John 15v9-11

BE STILL — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you _____. Help me hear, see, and obey you.”

READ — Read John 15v9–11 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

LISTEN — Sit with the love of Jesus. Notice what happens in you when you receive his words and his love together. Let yourself be known by him.

RESPOND — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”

Day 5 | John 10v1-5, 14-15

BE STILL — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you _____. Help me hear, see, and obey you.”

READ — Read John 10v1–5, 14–15 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

LISTEN — Listen without pressure. Notice what you are learning about the Shepherd’s character and the growing familiarity of relationship with him.

RESPOND — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”