

ANCIENT PRACTICES:
Listening to God

A Five Day Weekly Devotional
FALL 2026 | WEEK FOUR

*"My sheep hear my voice,
I know them, and they follow me."*
John 10v27

Listening to God is vital for a vibrant, personal relationship with Jesus. This guide is designed to help us slow down, listen to the whisper of the Holy Spirit, and respond faithfully to his voice.



HOW TO USE THIS DEVOTIONAL

Each week follows the Sunday teaching. Five days of Scripture and prayer give us space to practice listening instead of only learning about listening. Every day uses the same simple rhythm, so you can open to that day and begin.

KEEP IT SIMPLE

- Give it 10–15 minutes. Linger longer when you want to, but do not turn this into something to complete perfectly.
- Do not force an experience. Some days you may notice a clear truth, conviction, or prompting. Other days you may simply become quiet and present to God.
- Scripture is our anchor. Hold personal impressions humbly, and process significant decisions with mature, trusted followers of Jesus.
- True listening includes obedience. We are learning to hear Jesus so that we can follow him.

A good prayer for the whole series:
“Speak, Lord, for your servant is listening.”
1 Samuel 3v9



Week 4 – The Word and Spirit

Weekend Scriptures: 2 Tim. 3v14–17; John 14v15–26; John 16v12–15

God has given us his written Word and his living Spirit. This week, slow down with Scripture and allow the Holy Spirit to illuminate, apply, encourage, correct, and form the truth of Jesus in you.

Day 1 | 2 Timothy 3v14–17

BE STILL — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you _____. Help me hear, see, and obey you.”

READ — Read 2 Timothy 3v14–17 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

LISTEN — Notice a word, phrase, or truth that draws your attention. Stay with it. Ask the Holy Spirit to help you receive God’s Word rather than simply move past it.

RESPOND — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”

Day 2 | John 14v15–18

BE STILL — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you _____. Help me hear, see, and obey you.”

READ — Read John 14v15–18 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

LISTEN — Read slowly enough to listen. Notice what brings comfort, resistance, hope, or conviction. Hold that place open before the Spirit.

RESPOND — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”

Day 3 | John 14v19-21

BE STILL — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you _____. Help me hear, see, and obey you.”

READ — Read John 14v19–21 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

LISTEN — Let the Scripture become prayer. Notice where the words move from information about God toward personal relationship with him.

RESPOND — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”

Day 4 | John 14v22-26

BE STILL — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you _____. Help me hear, see, and obey you.”

READ — Read John 14v22–26 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

LISTEN — Pay attention to what the Spirit brings back to mind as you sit with Jesus’ words. Receive what is true without needing to create something new.

RESPOND — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”

Day 5 | John 16v12-15

BE STILL — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you _____. Help me hear, see, and obey you.”

READ — Read John 16v12–15 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

LISTEN — Rest in the truth you have received this week. Ask the Spirit to keep forming the mind and character of Jesus in you through his Word.

RESPOND — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”