

ANCIENT PRACTICES:  
**Listening to God**

A Five Day Weekly Devotional  
FALL 2026 | WEEK SIX

*"My sheep hear my voice,  
I know them, and they follow me."*  
**John 10v27**

Listening to God is vital for a vibrant, personal relationship with Jesus. This guide is designed to help us slow down, listen to the whisper of the Holy Spirit, and respond faithfully to his voice.



## HOW TO USE THIS DEVOTIONAL

Each week follows the Sunday teaching. Five days of Scripture and prayer give us space to practice listening instead of only learning about listening. Every day uses the same simple rhythm, so you can open to that day and begin.

## KEEP IT SIMPLE

- Give it 10–15 minutes. Linger longer when you want to, but do not turn this into something to complete perfectly.
- Do not force an experience. Some days you may notice a clear truth, conviction, or prompting. Other days you may simply become quiet and present to God.
- Scripture is our anchor. Hold personal impressions humbly, and process significant decisions with mature, trusted followers of Jesus.
- True listening includes obedience. We are learning to hear Jesus so that we can follow him.

A good prayer for the whole series:  
*“Speak, Lord, for your servant is listening.”*  
**1 Samuel 3v9**



## Week 6 — Discerning the Voice of God

**Weekend Scriptures:** 1 Thessalonians 5v19–22; Acts 15v1–29; John 10v1–5, 27

Followers of Jesus stay open to the Spirit and learn to test what they hear. This week, bring one recurring thought, prompting, decision, or question into a slow process of Scripture, community, and patient reflection.

### Day 1 | 1 Thessalonians 5v19–22

**BE STILL** — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you \_\_\_\_\_. Help me hear, see, and obey you.”

**READ** — Read 1 Thessalonians 5v19–22 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

**LISTEN** — Hold what you sense with open hands. Resist both cynicism and certainty. Ask the Spirit for humility to receive what is good and release what is not.

**RESPOND** — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...” For significant decisions, do not rely on a private impression alone. Give it time and bring it into wise Christian community.

### Day 2 | John 10v1–5, 27

**BE STILL** — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you \_\_\_\_\_. Help me hear, see, and obey you.”

**READ** — Read John 10v1–5, 27 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

**LISTEN** — Bring what you sense alongside the character, teaching, and ways of Jesus. Notice whether it sounds like the Shepherd you are learning to know.

**RESPOND** — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...” For significant decisions, do not rely on a private impression alone. Give it time and bring it into wise Christian community.

### **Day 3 | John 15v1-8**

**BE STILL** — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you \_\_\_\_\_. Help me hear, see, and obey you.”

**READ** — Read John 15v1–8 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

**LISTEN** — Remain with Jesus. Notice where you feel connected, hurried, self-reliant, or tired. Let the passage lead you back into abiding.

**RESPOND** — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”

### **Day 4 | John 15v9-11**

**BE STILL** — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you \_\_\_\_\_. Help me hear, see, and obey you.”

**READ** — Read John 15v9–11 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

**LISTEN** — Sit with the love of Jesus. Notice what happens in you when you receive his words and his love together. Let yourself be known by him.

**RESPOND** — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”

### **Day 5 | John 10v1-5, 14-15**

**BE STILL** — Find a quiet place. Put your phone away. Sit in silence for 2–3 minutes. Pray, “Holy Spirit, I give you \_\_\_\_\_. Help me hear, see, and obey you.”

**READ** — Read John 10v1–5, 14–15 slowly two times. Leave a brief pause between readings. Do not rush to figure everything out.

**LISTEN** — Listen without pressure. Notice what you are learning about the Shepherd’s character and the growing familiarity of relationship with him.

**RESPOND** — Talk honestly with God about what you noticed. Receive what is true. Confess what needs to be confessed. If a faithful response is clear, say yes to Jesus. Write one sentence beginning, “I noticed...” or “God’s Word is inviting me to...”