

Discovering your *Joyprint*



What Sounds Like You?

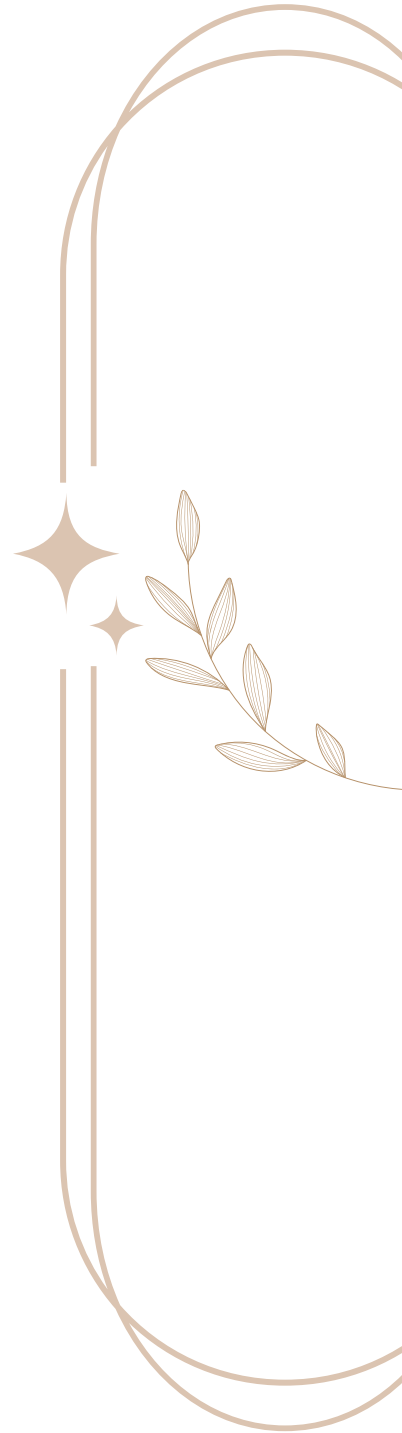
Relating to People

- ☐ Listening
- ☐ Encouraging
- ☐ Empathizing
- ☐ Connecting with people
- ☐ Making people feel welcome
- ☐ Bringing people together
- ☐ Mentoring
- ☐ Coaching
- ☐ Comforting
- ☐ Building trust
- ☐ Resolving conflict
- ☐ Including others



Communicating

- ☐ Teaching
- ☐ Explaining
- ☐ Writing
- ☐ Speaking
- ☐ Storytelling
- ☐ Asking good questions
- ☐ Leading discussions
- ☐ Persuading
- ☐ Inspiring
- ☐ Giving advice



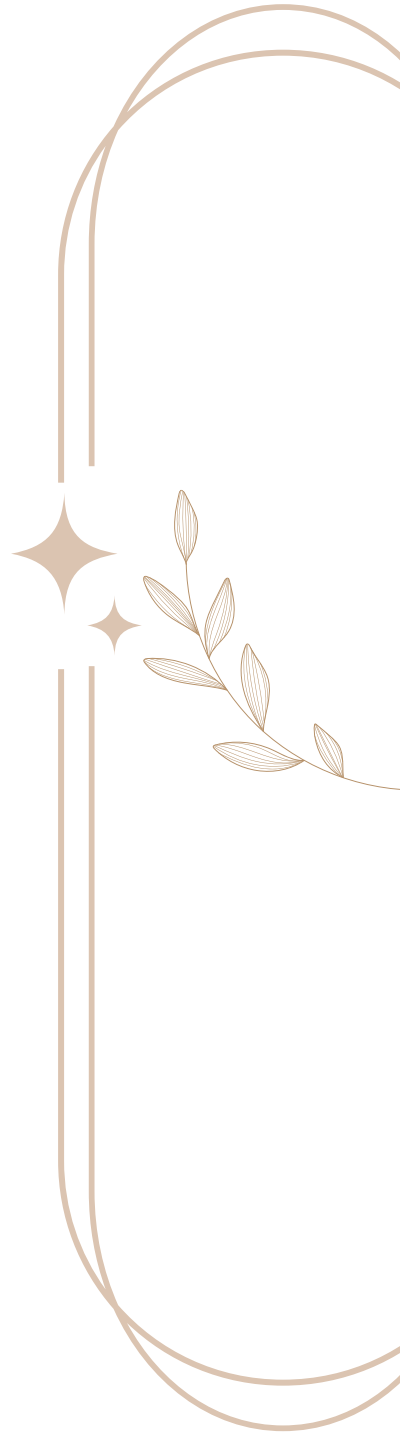
Leading & Getting Things Done

- ☐ Leading
- ☐ Organizing
- ☐ Planning
- ☐ Taking initiative
- ☐ Making decisions
- ☐ Coordinating
- ☐ Delegating
- ☐ Building teams
- ☐ Following through
- ☐ Getting things done
- ☐ Bringing order to chaos



Thinking & Problem-Solving

- ☐ Researching
- ☐ Analyzing
- ☐ Solving problems
- ☐ Strategic thinking
- ☐ Seeing the big picture
- ☐ Noticing details
- ☐ Planning ahead
- ☐ Learning quickly
- ☐ Seeing connections
- ☐ Finding practical solutions

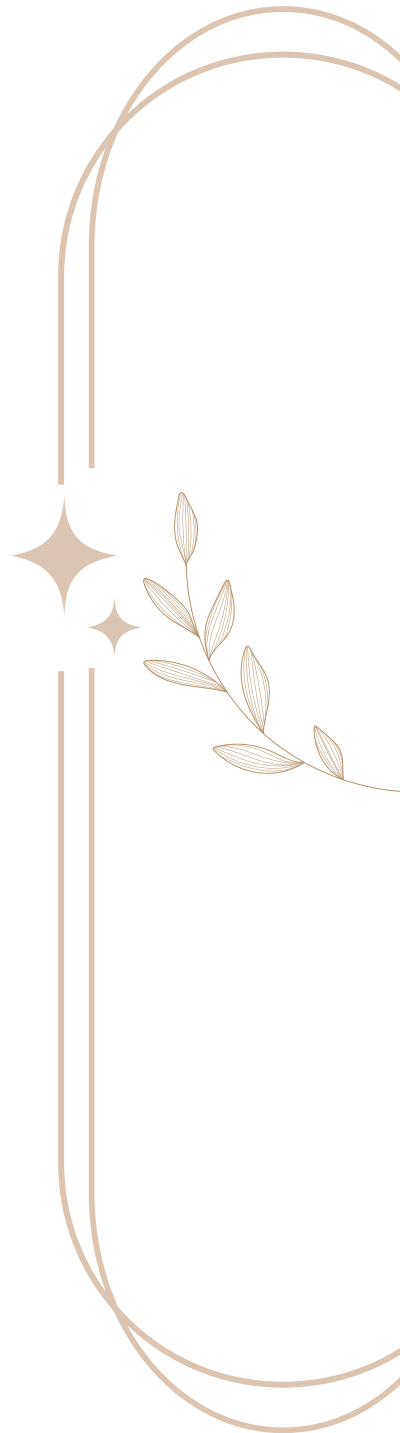


Creating

- ☐ Coming up with ideas
- ☐ Designing
- ☐ Decorating
- ☐ Writing creatively
- ☐ Photography
- ☐ Art
- ☐ Music
- ☐ Cooking/baking
- ☐ Making things
- ☐ Making things beautiful

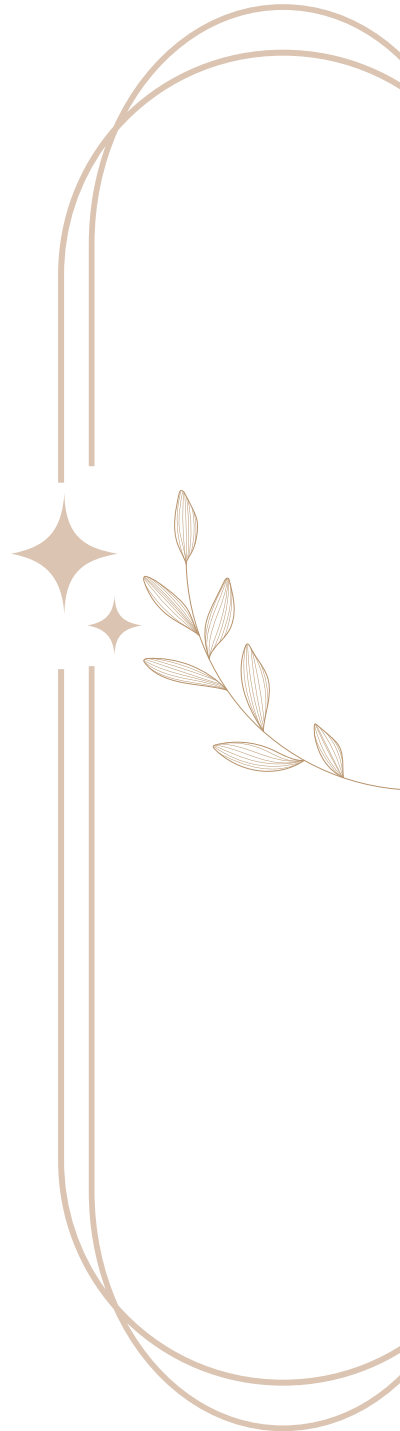
Caring & Serving

- ☐ Helping
- ☐ Nurturing
- ☐ Hospitality
- ☐ Caring for children
- ☐ Caring for older adults
- ☐ Supporting people in crisis
- ☐ Serving behind the scenes
- ☐ Advocating for others
- ☐ Connecting people to resources
- ☐ Noticing people's needs



Influencing & Initiating

- ☐ Casting vision
- ☐ Motivating people
- ☐ Recruiting
- ☐ Networking
- ☐ Fundraising
- ☐ Advocating
- ☐ Starting new things
- ☐ Taking risks
- ☐ Seeing possibilities
- ☐ Mobilizing people



Look at everything you checked. Circle the 3–5 strengths that feel most like you.

My strongest strengths are:

1. _____
2. _____
3. _____
4. _____
5. _____

