



### **Week 1: Teach Us to Pray**

- Day 1: Matthew 6:5–15
- Day 2: Luke 11:1–13
- Day 3: Philippians 4:4–7
- Day 4: 1 Thessalonians 5:16–18
- Day 5: Psalm 23
- Day 6: Romans 8:26–27
- Day 7: James 5:13–16

*Reflection: How can you grow in consistency and honesty in prayer?*

### **Week 2: Teach Us to Study God's Word**

- Day 1: 2 Timothy 3:16–17
- Day 2: Psalm 119:9–16
- Day 3: Joshua 1:8
- Day 4: Hebrews 4:12
- Day 5: James 1:22–25
- Day 6: Colossians 3:16
- Day 7: Psalm 1

*Reflection: What habits can help you consistently engage with God's Word?*

### **Week 3: Teach Us to Trust God / Faith**

- Day 1: Hebrews 11:1–6
- Day 2: Proverbs 3:5–6
- Day 3: Matthew 14:22–33
- Day 4: Romans 8:28–39
- Day 5: Mark 9:14–29
- Day 6: Psalm 56:3–4
- Day 7: Isaiah 41:10

*Reflection: Where is God asking you to trust Him more deeply?*

### **Week 4: Teach Us to Share Faith**

- Day 1: Matthew 28:18–20
- Day 2: Acts 1:8
- Day 3: Romans 1:16
- Day 4: 2 Timothy 1:7–8
- Day 5: 1 Peter 3:15
- Day 6: Colossians 4:5–6
- Day 7: Philemon 1:6

*Reflection: Who is one person you can intentionally reach this week?*

**Week 5: Teach Us to Lament**

Day 1: Psalm 13

Day 2: Psalm 42

Day 3: Lamentations 3:19–26

Day 4: Habakkuk 1

Day 5: Psalm 77

Day 6: 2 Corinthians 1:3–7

Day 7: Psalm 34:17–18

*Reflection: How can you bring your struggles honestly before God this week?*

**Week 6: Teach Us to Live / Fellowship**

Day 1: Acts 2:42–47

Day 2: Hebrews 10:24–25

Day 3: Romans 12:9–18

Day 4: Ecclesiastes 4:9–12

Day 5: John 13:34–35

Day 6: Galatians 6:1–2

Day 7: Philippians 2:1–4

*Reflection: How can you better love and support others this week?*

**Week 7: Teach Us to Worship**

Day 1: John 4:23–24

Day 2: Romans 12:1–2

Day 3: Psalm 95

Day 4: Colossians 3:15–17

Day 5: Revelation 4

Day 6: Psalm 100

Day 7: Hebrews 12:28–29

*Reflection: What does it look like for your whole life to be an act of worship?*