



WEEK 1

REFLECTION

LIGHT DAWNS IN THE DARKNESS
FOR THE UPRIGHT; HE IS GRACIOUS,
MERCIFUL, AND RIGHTEOUS.

PSALM 112:4, ESV

As you begin this Advent season, take a few minutes to reflect on how you are coming into it. Do you feel excited and hopeful as the days unfold around you? Are you experiencing anxiety due to pressures and expectations being laid on you? Maybe you have some deep loneliness, a physical issue, or an unresolved relationship conflict. Take a moment to lay your hopes and heartaches at the feet of Christ.

What is one story in particular that stuck out to you during this week's readings? In what ways does it help you apply the grace and mercy of Jesus to your own story?

Advent, which means "arrival," carries a sense of longing and anticipation for what is to come. What is something that you are longing for and anticipating this month? How does the birth of Christ ultimately fill our greatest longing?